# SHIHEN

## (PSALMS IN ROMAJI)

BEING TRANSLITERATION OF THE
JAPANESE AUTHORIZED
VERSION.

BRITISH AND FOREIGN BIBLE SOCIETY
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KOBE, JAPAN.

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# SHIHEN.

## 1 PEN.

ASHIKI mono no hakarigoto ni ayumazu, Tsumibito no michi ni tatazu, Azakeru mono no za ni suwaranu mono wa saiwai nari.

2 Kakaru hito wa IEHOBA no nori wo yorokobite, Hiru mo yoru mo kore wo omou.

3 Kakaru hito wa nagare no hotori ni ueshi ki no Toki ni itarite mi wo musubi, Ha mo mata shibomarazaru gotoku; Sono nasu tokoro mina sakaen.

4 Ashiki hito wa shikarazu; Kaze no fuki saru momigara no gotoshi.

5 Sareba ashiki mono wa sabaki ni taezu; Tsumibito wa tadashiki mono no tsudoi ni tatsu koto wo ezaru nari.

6 Sowa IEHOBA wa tadashiki mono no michi wo shiri tamau: Saredo ashiki mono no michi wa horobin.

## 2 HEN.

IKA nareba moromoro no kunibito wa sawagi tachi, Tamira wa munashiki koto wo hakaru ya?

2 Chi no moromoro no ō wa tachi kamae, Osara wa tomo ni hakari, IEHOBA to, sono jukōja to ni sakaraite iu,

3 Warera sono kase wo kobochi, Sono nawa wo suten to.

4 Ten ni za suru mono warai tamawan: Shu karera wo azakeri tamōbeshi.

5 Kakute Shu wa ikidōri wo mote mono ii, Ōi naru ikari wo mote karera wo oji madowashimete notamau:

6 Shikaredomo ware waga ō wo Waga kiyoki Shion no yama ni tatetari to.

7 Ware mikotonori wo noben: IEHOBA ware ni notamaeri, Nanji wa waga

ko nari: Kyō ware nanji wo umeri.

8 Ware ni motomeyo, saraba nanji ni moromoro no kuni wo yuzuri to shite atae, Chi no hate wo nanji no mono to shite ataen.

9 Nanji kurogane no tsue wo mote karera wo uchi yaburi; Suetsukuri no utsuwa mono no gotoku ni uchi kudakan to.

10 Sareba nanjira moromoro no ō yo, satokare: Chi no sabakibitora, oshie wo ukeyo.

11 Osore wo mote IEHOBA ni tsukae, Ononoki wo mote yorokobe.

12 Ko ni kuchitsuke seyo, osoraku wa kare ikari wo hanachi, nanjira michi ni horobin; Sono ikidōri wa sumiyaka ni moyubekereba nari. Subete kare ni yori tanomu mono wa saiwai nari.

## 3 PEN.

*Dabide sono ko Abusaromu wo sakeshi toki no Uta.*

IEHOBA yo, ware ni ata suru mono no ika ni habikoreru ya! Ware ni sakaraite okori tatsu mono ōshi.

2 Waga tamashii wo agetsuraite, Kare wa Kami ni sukuwaruru koto nashi to iu mono zo ōki. [Sera

3 Saredo, IEHOBA yo, nanji wa ware wo kakomeru tate, Waga sakae, waga kōbe wo motage tamau mono nari.

4 Ware koe wo agete IEHOBA ni yobawareba, Sono kiyoki yama yori ware ni kotae tamau. [Sera

5 Ware fushite ine; Mata mesametari; IEHOBA ware wo sasae tamaeba nari.

6 Ware wo kakomite tachi kamaetaru, Chi yorozu no hito wo mo, ware wa osoreji.

7 IEHOBA yo, negawaku wa, oki tamae; waga Kami yo, ware wo sukui tamae: Nanji saki ni waga subete no ata no tsurabone wo uchi; Ashiki mono no ha wo ori tamaeri.

8 Sukui wa IEHOBA ni ari: Negawaku wa, mi megumi nanji no tami no ue ni aran koto wo. [Sera

## 4 HEN.

*Koto ni awasete Uta no Kami ni utawashimetaru Dabide no Uta.*

WAGA gi wo mamori tamau Kami yo, ne-

gawaku wa, waga yobawaru toki ni kotae tamaè; Waga nayamitaru toki nanji ware wo kutsurogase tamaeri: Negawaku wa, ware wo awaremi, waga inori wo kiki tamae.

2 Hito no ko yo, nanjira waga sakae wo hajishimete, ikuso no toki wo hen to suru ka? Nanjira munashiki koto wo konomi, itsuwari wo shitaite, ikuso no toki wo hen to suru ka. [Sera

3 Saredo nanjira shire, IEHOBA wa Kami wo uyamau hito wo wakachite, onore ni tsukashime tamaishi koto wo; Ware IEHOBA ni yobawaraba kiki tamawan.

4 Nanjira tsutsushimi ononokite, tsumi wo okasu nakare: Fushido nite onoga kokoro ni katarite modase. [Sera

5 Nanjira gi no sonaemono wo sasagete, IEHOBA ni yori tanome.

6 Ōku no hito wa iu, Tare ka yoki koto wo warera ni misuru mono aran ya to: IEHOBA yo, negawaku wa, mi kao no hikari wo warera no ue ni noborase tamae.

7 Nanji no waga kokoro ni atae tamaishi yorokobi wa, Karera no tanatsumono to, sake to no yutaka naru toki ni masariki.

8 Ware yasuraka ni shite fushi mata nemuran: IEHOBA yo, ware wo hitori nite tairakani orashimuru mono wa nanji nari.

## 5 HEN.

*Fue ni awasete, Uta no Kami ni utawashimetaru Dabide no Uta.*

IEHOBA yo, negawaku wa, waga kotoba ni mimi wo katamuke, Waga omoi ni mi kokoro wo tome tamae.

2 Waga Ōyo, waga Kami yo, waga sakebi no koe wo kiki tamae: Ware nanji ni inoreba nari.

3 IEHOBA yo, ashita ni nanji waga koe wo kiki tamawan: Ware ashita ni nanji no tame ni sonae shite machi nozomubeshi.

4 Nanji wa ashiki koto wo yorokobi tamau Kami ni arazu: Ashiki hito wa nanji no marōdo taru wo ezaru nari.

5 Takaburu mono wa nanji no me no mae ni tatsu wo ezu: Nanji wa subete yokoshima wo okonau mono wo nikumi tamau.

6 Nanji wa itsuwari wo iu mono wo horoboshi tamau: Chi wo nagasu mono to, tabakari wo nasu mono to wa IEHOBA nikumi tamau nari.

7 Saredo ware wa yutaka naru mi itsukushimi ni yorite nanji no ie ni iran: Ware nanji wo osore tsutsu, kiyoki miya ni mukaite ogaman.

8 IEHOBA yo, negawaku wa, waga ata no yue ni nanji no gi wo mote ware wo michibiki; Nanji no michi wo waga mae ni naoku shi tamae.

9 Karera no kuchi ni wa makoto naku; Sono uchi wa yokoshima: Sono nodo wa abakeru haka; Sono shita wa hetsurai wo ieba nari.

10 Kami yo, negawaku wa, karera wo tsuminai: Sono hakarigato ni yorite mizukara taoreshime: Sono toga no ōki ni yorite kore wo oi idashi tamae; Karera wa nanji ni somukitareba nari.

11 Saredo subete nanji ni yori tanomu mono wo yorokobase, Tokoshie ni yorokobi yobawarase tamae, nanji kakaru hito wo mamori tamau nari; Mi na wo itsukushimu mono ni mo, nanji ni yorite yorokobi wo eshime tamae.

12 IEHOBA yo, nanji wa tadashiki mono ni saiwai shi; Tate no gotoku megumi wo mote kore wo kakomi tamawan.

## 6 PEN.

*Yatsu no ne aru koto ni awasete, Uta no Kami ni utawashimetaru Dabide no Uta.*

IEHOBA yo, negawaku wa, ikidōri wo mote ware wo seme, Hageshiki ikari wo mote ware wo korashime tamau nakare.

2 IEHOBA yo, ware wo awaremi tamae; ware shibomi otorōru nari: IEHOBA yo, ware wo iyashi tamae, waga hone wananaki furuu.

3 Waga tamashii sae mo itaku furui wananaku: IEHOBA yo, kakute ikuso no toki wo he tamau ya?

4 IEHOBA yo, kaeri tamae, waga tamashii wo sukui tamae: Nanji no itsukushimi no yue wo mote ware wo tasuke tamae.

5 Sowa shi ni arite wa nanji wo omoi izuru koto nashi: Yomi ni arite wa

tare ka nanji ni kansha sen.

6 Ware nageki nite tsukaretari; Ware yonayona toko wo tadayowase, Namida wo mote waga fusuma wo hitaseri.

7 Waga me urei ni yorite otoroe; Moromoro no ata yue ni oinu.

8 Nanjira yokoshima wo okonau mono, kotogotoku ware wo hanareyo; IEHOBA wa waga naku koe wo kiki tamaitari.

9 IEHOBA waga negai wo kiki tamaeri; IEHOBA waga inori wo uke tamawan.

10 Waga moromoro no ata wa hajite, ōi ni oji madoi, Awatadashiku hajite, shirizokinu.

## 7 HEN.

*Beniyamin no hito Kushi no kotoba ni tsuki, Dabide Iehoba ni mukaite utaeru Shigaion no Uta.*

WAGA Kami IEHOBA yo, ware nanji ni yori tanomu: Negawaku wa, subete no oi semaru mono yori ware wo sukui, ware wo tasuke tamae.

2 Osoraku wa, kare shishi no gotoku waga tamashii wo kaki yaburi, Tasukuru mono naki ma ni, sakite zudazuda ni sen.

3 Waga Kami IEHOBA yo, moshi ware kono koto wo nashishi naran ni wa; Waga te ni yokoshima no matsuwari oran ni wa;

4 Yue naku ata suru mono wo sae tasukeshi ni, Wazawai wo mote waga tomo ni mukuishi naran ni wa;

5 Yoshi atabito waga tamashii wo oi torae; Waga inochi wo tsuchi ni fuminijiri, Waga sakae wo chiri ni oku tomo, sono nasu ni makaseyo. [Sera

6 IEHOBA yo, nanji no ikari wo mote oki, Waga ata no ikidōri ni mukaite tachi tamae: Waga tame ni me wo samashi tamae; nanji wa sabaki wo ōse idashi tamaeri.

7 Moromoro no kunibito no tsudoi wo nanji no mawari ni tsudowashime: Sono ue naru takamikura ni kaeri tamae.

8 IEHOBA wa moromoro no tami ni sabaki wo okonai tamau: IEHOBA yo, waga tadashiki to, waga uchi naru mattaki to ni shitagaite, ware wo sabaki tamae.

9 Negawaku wa, ashiki mono no higawaza wo tachi-

te, tadashiki mono wo kataku shi tamae: Tadashiki Kami wa hito no kokoro to murato to wo saguri shiri tamau.

10 Waga tate wo toru mono wa, Kokoro no naoki mono wo sukuu Kami nari.

11 Kami wa tadashiki sabakibito, Hi goto ni ikidōri wo okoshi tamau Kami nari.

12 Hito moshi kaerazuba, Kami wa sono tsurugi wo togi; Sono yumi wo harite kamae,

13 Kore ni shi no utsuwa wo sonae, Sono ya ni hi wo soe tamawan.

14 Miyo, sono hito wa yokoshima wo uman to shite kurushimu; Sokonai wo harami, itsuwari wo umu nari.

15 Mata ana wo horite fukaku shi, Onoga tsukureru sono mizo ni ochiireri.

16 Sono sokonai wa onoga kōbe ni kaeri, Sono arabi wa onoga itadaki ni kudaran.

17 Ware sono gi ni yorite IEHOBA ni kansha shi: Ito Takaki IEHOBA no mi na wo home utawan.

## 8 HEN.

*Giteto no koto ni awasete, Uta no Kami ni utawashimetaru Dabide no Uta.*

WARERA no Shu IEHOBA yo, Nanji no mi na wa chi ni amaneku shite tōtoki kana! Sono eikwō wo ten ni oki tamaeri.

2 Nanji wa osanago chinomigo no kuchi ni yori chikara no motoi wo okite, Teki ni sonae tamaeri; Kowa atabito to, urami wo mukuyuru mono to wo oshi shizumen ga tame nari.

3 Ware nanji no yubi no waza naru ten wo mi; Nanji no mōke tamaeru tsuki to hoshi to wo miru ni;

4 Yo no hito wa ika naru mono nareba, kore wo mi kokoro ni tome tamau ya? Hito no ko wa ika naru mono nareba, kore wo kaerimi tamau ya?

5 Tada sukoshiku hito wo Kami yori mo hikuku tsukurite, Sakae to tōtoki to wo kōburase;

6 Mata kore ni mi te no waza wo osameshime; Yorozu no mono wo sono ashi no shita ni oki tamaeri.

7 Subete no hitsuji ushi, Mata no no kemono,

8 Sora no tori, umi no

uwo, Moromoro no umiji wo kayou mono wo made, mina shika naseri.

9 Warera no Shu IEHOBA yo, Nanji no mi na wa chi ni amaneku shite tōtoki kana!

## 9 HEN.

*Matsu-raben (chōshi no na) ni awasete, Uta no Kami ni utawashimetaru Dabide no Uta.*

WARE kokoro wo tsukushite IEHOBA ni kansha shi; Sono moromoro no kusushiki mi waza wo nobe tsutaen.

2 Ware nanji ni yorite tanoshimi katsu yorokoban: Ito Takiki Mono yo, nanji no mi na wo home utawan.

3 Waga ata shirizoku toki, Tsumazuki taorete mi mae ni horobu.

4 Nanji waga gi to waga uttae to wo mamori tamaeba nari; Nanji wa tadashiki sabaki wo shi tsutsu, mi kurai ni suwari tamaeri.

5 Mata moromoro no kuni wo seme, ashiki mono wo horoboshi, Yoyo kagiri naku karera ga na wo keshi tamaeri.

6 Ata wa tae hatete, yoyo are sutaretari; Nanji no kutsugaeshi tamaeru moromoro no machi wa usete, Sono ato dani mo nashi.

7 IEHOBA wa tokoshie ni mi kurai ni suwari tamau: Sabaki no tame ni sono mi kura wo mōke tamaitari.

8 IEHOBA wa tadashiki wo mote yo wo sabaki, Naoki wo mote moromoro no tami ni sabaki wo okonai tamawan.

9 IEHOBA wa shietageraruru mono no shiro, Mata nayami no toki no shiro nari;

10 Mi na wo shiru mono wa nanji ni yori tanoman; Sowa, IEHOBA yo, nanji wo tazunuru mono no suterareshi koto taete nakereba nari.

11 Shion ni sumi tamau IEHOBA ni mukaite home utae: Sono mi waza wo moromoro no tami no naka ni nobe tsutaeyo.

12 Chi wo toi tadashi tamau mono wa kurushimu mono wo kokoro ni tomete, Sono sakebi wo wasure tamawazu.

13 IEHOBA yo, ware wo awaremi tamae; Ware wo shi no mon yori sukui idashi tamaeru mono yo, Negawaku wa, atabito no ware wo nayamuru wo mi tamae.

14 Saraba ware nanji no

subete no homare wo noburu wo e; Mata Shion no musume no mon nite, Nanji no sukui wo yorokoban.

15 Moromoro no kunibito wa onoga tsukureru ana ni ochi-iri: Sono kakushi mōketaru ami ni onoga ashi wo toraeraru.

16 IEHOBA wa onore wo shirashime, sabaki wo okonai tamaeri: Ashiki hito wa onoga te no waza naru wana ni kakareri. [Higaion. Sera

17 Ashiki hito wa Yomi ni kaerubeshi, Kami wo wasururu moromoro no kunibito mo mata shikaran.

18 Mazushiki mono wa tsune ni wasureraruru ni arazu, Kurushimu mono no nozomi wa tokoshie ni horoburu ni arazu.

19 IEHOBA yo, oki tamae; negawaku wa, kachi wo hito ni eshime tamau nakare: Mi mae nite moromoro no kunibito ni sabaki wo ukeshime tamae.

20 IEHOBA yo, negawaku wa, karera ni osore wo okosashime tamae: Moromoro no kunibito ni onore tada hito naru koto wo shirashime tamae. [Sera

## 10 PEN.

AA IEHOBA yo, nanzo haruka ni tachi tamau ya? Nanzo nayami no toki ni kakure tamau ya?

2 Ashiki hito wa takaburite kurushimu mono wo hanahadashiku semu; Karera wo sono kuwadate no hakarigoto ni torawareshime tamae.

3 Ashiki hito wa onoga kokoro no negai wo hokori, Musaboru mono wo shuku shite IEHOBA wo karoshimu.

4 Askiki hito wa hokorika ni iu, Kami wa saguri motomuru koto wo sezaru nari to. Subete sono omoi ni Kami nashi to seri.

5 Kare no michi wa tsune ni kataku; Nanji no sabaki wa sono me yori hanarete takashi: Kare wa sono moromoro no teki wo kuchisakira nite fuku.

6 Kakute onoga kokoro no uchi ni iu, Ware ugokasaruru koto naku, Yoyo ware ni wazawai nakarubeshi to.

7 Sono kuchi ni wa noroi to, itsuwari to, shietage to michi; Sono shita no shita ni wa sokonai to yokoshima to ari.

8 Kare wa murazato no kakuretaru tokoro ni ori;

Shinobiyaka naru tokoro nite tsumi naki mono wo korosu; Sono me wa hisoka ni yorube naki mono wo ukagai,

9 Hora ni oru shishi no gotoku hisomi machi: Kurushimu mono wo toraen tame ni fushi nerai: Mazushiki mono wo sono ami ni hiki irete torau.

10 Mata mi wo kagamete uzukumaru, Sono chikara ni yorite yorube naki mono wa taoru.

11 Kare kokoro no uchi ni iu, Kami wa wasuretari: Kami wa sono kao wo kakuseri; Kami wa miru koto nakarubeshi to.

12 Iehoba yo, oki tamae; Kami yo, mi te wo age tamae: Kurushimu mono wo wasure tamau nakare.

13 Ika nareba ashiki mono Kami wo iyashimete, Kokoro no uchi ni, Nanji saguri motomuru koto wo seji to iu ya?

14 Nanji wa mi tamaeri: sono sokonai to urami to wo mite, kore ni mi te wo kudashi tamaeri: Yorube naki mono wa mi wo nanji ni yudanu; Nanji wa mukashi yori minashigo wo tasuke tamau mono nari.

15 Negawaku wa, ashiki mono no kaina wo ori tamae; Ashiki mono no ashiki waza wo hitotsu dani nokoranu made ni tazune idashi tamae.

16 Iehoba wa iyatōnaga ni Ō nari: Moromoro no kunibito wa horobite Kami no kuni yori ato wo tachitari.

17 Iehoba yo, nanji wa kurushimu mono no negai wo kiki tamaeri: Sono kokoro wo kataku shi tamawan: nanji wa mimi wo katabukete kiki;

18 Minashigo to shietageraruru mono to no tame ni sabaki wo nashi, Chi ni tsukeru hito ni futa tabi obiyakashi wo mochiizarashime tamawan.

## 11 PEN.

*Uta no Kami ni utawashimetaru Dabide no Uta.*

WARE Iehoba ni yori tanomeri: Nanjira nanzo waga tamashii ni mukaite, Tori no gotoku nanji no yama ni nogareyo to iu ya?

2 Miyo, ashiki mono wa kuraki ni kakure, Kokoro naoki mono wo in tote yumi wo hari, Tsuru ni ya wo tsugau.

3 Motoi mina yaburetaran ni wa, Tadashiki mono nani wo nasan ya?

4 IEHOBA wa sono kiyoki miya ni imasu, IEHOBA no mi kura wa ten ni ari; Sono me wa hito no ko wo mi, sono manabuta wa karera wo kokoromi tamau.

5 IEHOBA wa tadashiki mono wo kokoromu; Sono mi kokoro wa ashiki mono to, arabi wo konomu mono to wo nikumi;

6 Wana wo ashiki mono no ue ni furashi tamawan; Hi to, yuwō to, moyuru kaze to wa karera no sakazuki ni ukubeki mono nari.

7 IEHOBA wa tadashiki mono ni shite; tadashiki koto wo ai shi tamaeba nari: Naoki mono wa sono mi kao wo aogi min.

## 12 HEN.

*Yatsu no ne ni awasete Uta no Kami ni utawashimetaru Dabide no Uta.*

AA IEHOBA yo, tasuke tamae; sowa Kami wo uyamau hito wa tae; Makoto aru mono wa hito no ko no naka yori kie usuru nari.

2 Hito wa mina itsuwari wo mote sono tonari to ai katari; Nameraka naru kuchibiru to futagokoro to wo mote mono iu.

3 IEHOBA wa subete no nameraka naru kuchibiru to, Ōi naru koto wo kataru shita to wo horoboshi tamawan.

4 Karera wa iu, Warera shita wo mote kachi wo en: Kono kuchibiru wa waga mono nari; tare ka warera ni shu taran ya to.

5 IEHOBA notamawaku, Kurushimu mono kasumerare, mazushiki mono nageku ga yue ni, Ware ima tachite, Kore wo sono shitai motomuru yasuki ni okan.

6 IEHOBA no kotoba wa kiyoki kotoba nari; Chi ni mōketaru ro nite neri, Nana tabi kiyometaru shirokane no gotoshi.

7 IEHOBA yo, nanji wa karera wo mamori, Kore wo tasukete tokoshie ni kono tagui yori manukareshime tamawan.

8 Hito no ko no naka ni kegashiki koto no agameraruru toki wa, Ashiki mono koko ya kashiko ni aruku nari.

## 13 PEN.

*Uta no Kami ni utawashimetaru Dabide no Uta.*

AA IEHOBA yo, kakute ikuso no toki wo he tamau ya? nanji tokoshie ni

ware wo wasure tamau ya? Mi kao wo kakushite ikuso no toki wo he tamau ya?

2 Ware kokoro no uchi ni hinemosu kanashimi wo idaki, Omoi hakari wo tamashii ni mochiite ikuso no toki wo fubeki ka? Waga ata wa waga ue ni agamerarete ikuso no toki wo fubeki ka?

3 Waga Kami IEHOBA yo, ware wo kaerimite kotae wo nashi tamae: Waga me wo akiraka ni shi tamae, osoraku wa ware shi no neburi ni tsukan;

4 Osoraku wa waga ata iwan, Ware kare ni kateri to; Osoraku wa waga teki waga ugokasaruru ni yorite yorokoban.

5 Saredo ware wa nanji no awaremi ni yori tanomi; Waga kokoro wa nanji no sukui ni yorite yorokoban.

6 IEHOBA wa yutaka ni ware wo ashirai tamaitareba, Ware IEHOBA ni mukaite utawan.

## 14 HEN.

*Uta no Kami ni utawashimetaru Dabide no Uta.*

OROKA naru mono wa kokoro no uchi ni, Kami nashi to ieri. Karera wa kusaretari, karera wa niku mubeki waza wo naseri; Zen wo okonau mono nashi.

2 IEHOBA ten yori hito no ko wo nozomi mite, Satoru mono, Kami wo tazunuru mono ari ya to Mi tamaishi ni,

3 Mina somuki idete; kotogotoku kusaretari; Zen wo nasu mono nashi, hitori dani nashi.

4 Fugi wo okonau mono wa mina satori naki ka? Karera wa mono kuu gotoku waga tami wo kurai, Mata IEHOBA wo yobu koto wo sezaru nari.

5 Miyo, kakaru toki karera wa ōi ni osoretari: Kami wa tadashiki mono no tagui no naka ni imaseba nari.

6 Nanjira wa kurushimeru mono no hakarigoto wo anadori hazukashimu; Saredo IEHOBA wa sono sakedokoro nari.

7 Negawaku wa, Shion yori Isuraeru no sukui no iden koto wo! IEHOBA sono tami no torawaretaru wo kaeshi tamau toki, Yakobu wa yorokobi, Isuraeru wa tanoshiman.

## 15 HEN.

*Dabide no Uta.*

IEHOBA yo, nanji no agebari no uchi ni yadoran mono wa tare zo? Nanji no kiyoki yama ni sumawan mono wa tare zo?

2 Naoku ayumi, gi wo okonai, Sono kokoro ni makoto wo iu mono zo sono hito naru.

3 Kakaru hito wa shita wo mote soshirazu, Sono tomo wo sokonawazu, Mata sono tonari wo hajishimuru kotoba wo age mochiizu.

4 Aku ni shizumeru mono wo mite itoi karoshime, IEHOBA wo osoruru mono wo tōtobi; Chikaishi koto wa onore ni wazawai to naru mo, kōru koto nashi,

5 Takara wo kashite sugitaru ri wo musaborazu, Mainai wo irete tsumi naki mono wo sokonawazaru nari: Kakaru kotodomo wo okonau mono wa tokoshie ni ugokasaruru koto nakarubeshi.

## 16 PEN.

*Dabíde ga Mikutâmu no Uta.*

KAMI yo, negawaku wa, ware wo mamori tamae, ware nanji ni yori tanomu.

2 Ware IEHOBA ni ieraku, Nanji wa waga Shu nari: Nanji no hoka ni waga saiwai wa nashi to.

3 Chi ni aru seito wa, Waga kiwamete yorokobu sugureshi mono nari.

4 IEHOBA ni kaete adashi kami wo toru mono no kanashimi wa iyamasan: Ware karera ga sasaguru chi no miki wo sosogazu, Sono na wo kuchi ni tonōru koto wo seji.

5 IEHOBA wa waga yuzuri, mata waga sakazuki ni ukubeki mono nari: Nanji wa waga shoryō wo mamori tamawan.

6 Hakarinawa wa waga tame ni tanoshiki chi ni ochitari: Ube, ware yoki yuzuri wo etaru kana!

7 Ware wa satoshi wo sazuke tamau IEHOBA wo home matsuran: Yo wa waga kokoro ware wo oshiyu.

8 Ware tsune ni IEHOBA wo waga mae ni okeri: IEHOBA waga migi ni imaseba, ware ugokasaruru koto nakarubeshi.

9 Kono yue ni waga kokoro wa tanoshimi, waga sakae wa yorokobu: Waga

mi mo mata yasuki ni oran.

10 Sowa nanji waga tamashii wo Yomi ni sute oki tamawazu; Nanji no seisha wo haka no naka ni kuchishime tamawazarubekereba nari.

11 Nanji inochi no michi wo ware ni shimeshi tamawan: Nanji no mi mae ni wa michi tareru yorokobi ari; Nanji no migi ni wa moromoro no tanoshimi tokoshie ni ari.

## 17 HEN.

*Dabide no Inori.*

A A IEHOBA yo, tadashiki wo kiki tamae; waga naku koe ni mi kokoro wo tome tamae: Itsuwari naki kuchibiru yori izuru waga inori ni mimi wo katabuke tamae.

2 Negawaku wa, waga senkoku mi mae yori idete; Nanji no me kōhei wo mi tamawan koto wo.

3 Nanji waga kokoro wo kokoromi, mata yoru ware ni nozomi tamaeri; Kakute ware wo tadashi tamaedo, ware ni nani no ashiki omoi aru wo mo mi ide tamawazariki: Waga kuchi wa tsumi wo okasu koto nakaran.

4 Hito no okonai no koto wo iwaba, ware nanji no kuchibiru no kotoba ni yorite, Araburu mono no michi wo saketari.

5 Waga ayumi wa kataku nanji no michi ni tachi, Waga ashi wa yoromeku koto nakariki.

6 Kami yo, nanji ware ni kotae tamau, ware nanji wo yeberi: Negawaku wa, nanji no mimi wo katabukete waga noburu tokoro wo kiki tamae.

7 Nanji ni yori tanomu mono wo migi no te wo mote, ata suru mono yori sukui tamau mono yo, Negawaku wa, nanji no tae naru itsukushimi wo arawashi tamae.

8 Negawaku wa, ware wo hitomi no gotoku ni mamori, Nanji no tsubasa no kage ni kakushi,

9 Ware wo nayamuru ashiki mono, Mata ware wo kakomite waga inochi wo sokonawan to suru ata yori nogareshime tamae.

10 Karera wa onoga kokoro wo fusagi; Sono kuchi wo mote hokori kani mono ieri.

11 Izuko ni mare yuku

tokoro nite warera wo uchi kakomi; Warera wo chi ni taosan to me wo tomu.

12 Kare wa kaki sakan to iradatsu shishi no gotoku, Shinobiyaka naru tokoro ni hisomi matsu waka shishi no gotoshi.

13 IEHOBA yo, tachitamae; Negawaku wa, kare ni tachi mukaite kore wo taoshi; Mi tsurugi wo mote ashiki mono yori waga tamashii wo sukui tamae.

14 IEHOBA yo, mi te wo mote hito yori ware wo tasuke idashi tamae: Onoga ukubeki mono wo kono yo nite uke, Nanji no takara nite sono hara wo mitasaruru yo no hito yori ware wo tasuke idashi tamae: Karera wa ōku no ko ni akitari, Sono tomi wo osanago ni nokosu.

15 Saredo, ware wa gi ni arite mi kao wo mi; Mesamuru toki mi katachi wo mote akitaru koto wo en.

## 18 HEN.

*Uta no Kami ni utawashimetaru Iehoba no shimobe Dabide no Uta. Kono Uta no kotoba wa moromoro no ata, oyobi Sauru no te yori sukuwareshi toki Iehoba ni mukaite utaeru nari: iwaku,*

IEHOBA, ware no chikara yo, ware sechi ni nanji wo itsukushimu.

2 IEHOBA wa waga iwao, waga shiro, ware wo sukuu mono; Waga yori tanomu Kami, waga kengo naru iwao; Waga tate, waga sukui no tsuno, waga takaki yagura nari.

3 Ware home tatobeki IEHOBA wo yobite, Atabito yori sukuwaruru koto wo en.

4 Shi no tsuna ware wo meguri, Aku no minagiru nagare ware wo osoreshimetari.

5 Yomi no nawa ware wo kakomi; Shi no wana ware ni tachi mukaeri.

6 Ware nayami no uchi ni arite IEHOBA wo yobi, Mata waga Kami ni sakebitari: IEHOBA wa sono miya yori waga koe wo kiki tamau, Sono mi mae nite waga yobishi koe wa sono mimi ni ireri.

7 Kono toki IEHOBA ikari tamaitareba, Chi wa furui ugoki, Yama no motoi wa uurugi ugokitari.

8 Keburi sono hana yori tachi, Hi sono kuchi yori idete yaki tsukushi; Sumi

wa kore ga tame ni moe agareri.

9 IEHOBA wa ten wo tarete kudari tamau; Sono mi ashi no shita wa kuraki koto hanahadashi.

10 Kakute kerubu ni norite tobi, Kaze no tsubasa nite kakeri;

11 Yami wo ōi to nashi, mizu no kuraki to Sora no kuro kumo to wo sono mawari no maku to nashi tamaeri.

12 Sono mi mae no kagayaki yori kuro kumo wo hete, Hyō to moetaru sumi to furi kitareri.

13 IEHOBA wa ten ne ikazuchi wo todorokase tamaeri: Ito Takaki Mono no koe idete, Hyō to moetaru sumi to furi kitari;

14 IEHOBA ya wo tobasete karera wo uchi chirashi; Kazu shigeki inazuma wo hanachite karera wo uchi yaburi tamaeri.

15 IEHOBA yo, kakaru toki ni nanji no shitta to, Nanji no hana no ibuki to ni yorite, Mizu no soko mie, Chi no motoi araware idetari.

16 IEHOBA wa takaki yori te wo nobe, Ware wo torite ōmizu yori hiki age;

17 Waga tsuyoki ata to, ware wo nikumu mono to yori ware wo tasuke idashi tamaeri: Karera wa ware ni masarite ito tsuyokariki.

18 Karera wa waga wazawai no hi ni semari kitareri: Saredo IEHOBA wa waga sasae to nari tamaiki.

19 IEHOBA wa ware wo yorokobi tamau ga yue ni ware wo tazusae, Hiroki tokoro ni idashite tasuke tamaeri.

20 IEHOBA wa waga tadashiki ni shitagaite tamamono wo tamai; Waga te no kiyoki ni shitagaite mukui wo tare tamaeri.

21 Ware IEHOBA no michi wo mamori, Aku wo nashite waga Kami yori hanareshi koto nakereba nari.

22 Sono subete no sabaki wa waga mae ni arite, Ware sono okite wo suteshi koto nakereba nari.

23 Ware Kami ni mukaite kakuru tokoro naku, Onore wo mamorite fugi wo hanaretari.

24 Kono yue ni IEHOBA wa waga tadashiki to Sono me no mae ni waga te no kiyoki to ni shitagaite ware ni mukui wo nashi tamaeri.

25 Nanji awaremi aru mono ni wa awaremi aru mono to

nari; Mattaki mono ni wa mattaki mono to nari;

26 Kiyoki mono ni wa kiyoki mono to nari; Higamu mono ni wa higamu mono to nari tamau.

27 Sowa nanji kurushimeru tami wo sukui tamaedo; Takaburu me wo hikuku shi tamōbekereba nari.

28 Nanji waga tomoshibi wo tomoshi tamōbekereba nari: Waga Kami IEHOBA waga kuraki wo terashi tamawan.

29 Ware nanji ni yorite ikusa no naka wo hase tōri; Waga Kami ni yorite kaki wo odori koyu.

30 Kami wa shimo sono michi mattaku; IEHOBA no kotoba wa kiyoshi: IEHOBA wa subete yori tanomu mono no tate nari.

31 Sowa IEHOBA no hoka ni Kami wa tare zo ya? Warera no Kami no hoka ni iwao wa tare zo ya?

32 Kami wa chikara wo ware ni obashime, Waga michi wo mattaki mono to nashi tamau.

33 Kami wa waga ashi wo me jika no ashi no gotoku shi: Ware wo waga takaki tokoro ni tatase tamau.

34 Kami wa waga te wo tadakai ni narawasete; Waga kaina ni kanayumi wo hiku koto wo eshime tamau.

35 Mata nanji no sukui no tate wo ware ni atae tamaeri: Nanji no migi no te ware wo sasae, Nanji no herikudari ware wo ōi narashime tamaeri.

36 Nanji waga ayumu tokoro wo hiroraka narashime tamaitareba, Waga ashi furuwazariki.

37 Ware ata wo oite, kore ni oi shiki: Karera no horoburu made wa kaeru koto wo seji.

38 Ware karera wo uchite tatsu koto wo ezarashimen: Karera wa waga ashi no moto ni taorubeshi.

39 Sowa nanji tadakai no tame ni chikara wo ware ni obashime; Ware ni sakaraite okori tatsu mono wo waga moto ni kagamase tamaitareba nari.

40 Ware no nikumu mono wo waga horoboshi en ga tame ni, Nanji mata waga ata no sobira wo ware ni mukeshime tamaeri.

41 Karera sakebitaredomo sukuu mono naku; IEHOBA ni mukaite sakebitaredomo kotae tamawazariki.

42 Ware karera wo kaze no mae no chiri no gotoku

ni tsuki kudaki; Chimata no hiji no gotoku ni uchi sutetari.

43 Nanji ware wo tami no arasoi yori tasuke idashi; Ware wo tatete moromoro no kuni no osa to nashi tamaeri: Waga shirazaru tami ware ni tsukaen.

44 Karera waga koto wo kikite tachimachi ware ni shitagai; Kotokunibito wa kitarite omoneri tsukaen.

45 Kotokunibito wa otoroete, Sono shiro yori ononoki iden.

46 Iehoba wa ikite imaseri; waga iwa wa homubeki kana! Waga sukui no Kami wa agamubeki kana!

47 Waga tame ni ata wo mukui, Kotokunibito wo ware ni matsurowase tamau wa kono Kami nari.

48 Kami wa ware wo ata yori sukui tamau, Ge ni nanji wa ware ni sakaraite okori tatsu mono no ue ni ware wo age; Araburu hito yori ware wo tasuke idashi tamau.

49 Kono yue ni, Iehoba yo, ware moromoro no kunibito no naka nite nanji ni kansha shi, Nanji no mina wo home utawan.

50 Iehoba wa ōi naru sukui wo sono ō ni atae; Sono jukōja Dabide to sono sue to ni, Yoyo kagiri naku awaremi wo tare tamau.

## 19 HEN.

*Uta no Kami ni utawashimetaru Dabide no Uta.*

MOROMORO no ten wa Kami no eikwō wo arawashi; Ōzora wa sono mi te no waza wo shimesu.

2 Kono hi kotoba wo kano hi ni tsutae, Kono yo chishiki wo kano yo ni okuru.

3 Katarazu, iwazu; Sono koe kikoezaru ni:

4 Sono hibiki wa zenchi ni amaneku, Sono kotoba wa chi no hate ni made oyobu. Kami wa kashiko ni agebari wo hi no tame ni moke tamaeri.

5 Hi wa niimuko ga iwai no tono wo izuru gotoku, Masurao ga kisoi hashiru wo yorokobu ni nitari.

6 Sono idetatsu ya ten no hashi yori shi, Sono meguri yuku ya ten no hate ni itaru: Mono to shite sono atatamari wo kōburazaru wa nashi.

7 Iehoba no nori wa mattaku shite, tamashii wo iki kaerashime; Iehoba no

akashi wa kataku shite, oroka naru mono wo satokarashimu.

8 IEHOBA no satoshi wa naoku shite, kokoro wo yorokobashime; IEHOBA no imashime wa kiyoku shite, manako wo akiraka narashimu.

9 IEHOBA wo kashikomi osoruru michi wa kiyoku shite, yoyo ni tayuru koto naku: IEHOBA no sabaki wa makoto ni shite, kotogotoku tadashi.

10 Kore wo kogane ni kuraburu mo, ōku no majiri naki kogane ni kuraburu mo iyamasarite shitōbeku; Kore wo mitsu ni kuraburu mo, hachi no su no shitatari ni kuraburu mo iyamasarite amashi.

11 Nanji no shimobe wa korera ni yorite imashime wo uku: Korera wo mamoraba ōi naru mukui aran.

12 Tare ka onore no ayamachi wo shiri en ya? Negawaku wa, ware wo kakuretaru toga yori toki hanachi tamae.

13 Negawaku wa, nanji no shimobe wo hiki tomete, kotosara naru tsumi wo okasashimezu; Sore wo waga shu tarashimetamau nakare: Sareba ware kizu naki mono to narite, ōi naru toga wo manukaruru wo en.

14 IEHOBA waga iwa, waga aganainushi yo, Waga kuchi no kotoba, waga kokoro no omoi nanji no mae ni yorokobaruru koto wo eshime tamae.

## 20 PEN.

*Uta no Kami ni utawashimetaru Dabide no Uta.*

NEGAWAKU wa, IEHOBA nayami no hi ni nanji ni kotae; Yakobu no Kami no mi na nanji wo takaki ni age;

2 Seijo yori tasuke wo nanji ni okuri, Shion yori chikara wo nanji ni atae;

3 Nanji no moromoro no sasagemono wo mi kokoro ni tome, Nanji no hansai wo uke tamawan koto wo. [Sera

4 Negawaku wa, nanji ga kokoro no negai wo yurushi, Nanji no hakarigoto wo kotogotoku togeshime tamawan koto wo.

5 Warera nanji no sukui ni yorite yorokobi utai, Warera no Kami no mi na ni yorite hata wo taten: Negawaku wa, IEHOBA nanji no moromoro no motome wo togeshime tamawan koto wo.

6 Ware ima IEHOBA sono

jukōja wo sukui tamau wo shiru; IEHOBA sono kiyoki ten yori Migi no te naru sukui no chikara nite kare ni kotae tamawan.

7 Aruiwa kuruma wo tanomi, aruiwa uma wo tanomi to suru mono ari: Saredo warera wa waga Kami IEHOBA no mi na wo tonaen.

8 Karera wa kagami, mata taoru: Warera wa okite kataku tateri.

9 IEHOBA yo, ō wo sukui tamae; Warera ga yobu toki kotae tamae.

## 21 PEN.

*Uta no Kami ni utawashimetaru Dabide no Uta.*

IEHOBA yo, ō wa nanji no chikara ni yorite tanoshimi; Nanji no sukui ni yorite ika ni ōi naru yorokobi wo nasan!

2 Nanji kare ga kokoro no negai wo yurushi, Sono kuchibiru no motome wo inami tamawazariki. [Sera

3 Sowa yoki tamamono no megumi wo mote kare wo mukae; Majiri naki kogane no kammuri wo mote kare no kōbe ni itadakase tamaitari.

4 Kare inochi wo motomeshi ni, nanji kore wo ataete; Sono yowai no hi wo yoyo kagiri nakarashime tamaeri.

5 Nanji no sukui ni yorite sono eikwō ōi nari: Nanji wa tōtoki to miizu to wo kare ni kise tamau.

6 Sowa kore wo tokoshie ni saiwai naru mono to nashi; Mi kao no mae no yorokobi wo mote tanoshimase tamaeba nari.

7 Ō wa IEHOBA ni yori tanomi, Ito Takaki Mono no itsukushimi wo kōmuru ga yue ni ugokasaruru koto nakaran.

8 Nanji no te wa sono moromoro no ata wo tazune idashi; Nanji no migi no te wa onore wo nikumu mono wo tazune idasubeshi.

9 Nanji ikaru toki wa karera wo moyuru ro no gotoku ni sen. IEHOBA hageshiki ikari ni yorite karera wo nomi tamawan: Hi wa karera wo kurai tsukusan.

10 Nanji karera no sue wo chi yori horoboshi, Karera no tane wo hito no ko no naka yori horobosan.

11 Karera wa nanji ni mukaite ashiki koto wo kuwadate; Toge gataki hakarigoto wo omoi mawaseba nari.

12 Nanji karera wo shite sobira wo muke shime, Sono

kao ni mukaite yuzuru wo hikan.

13 IEHOBA yo, mi chikara wo arawashite mizukara wo takaku shi tamae: Warera wa nanji no miizu wo utai katsu home tataen.

## 22 HEN.

*Akebono no shika no shirabe ni awasete, Uta no Kami ni utawashimetaru Dabide no Uta.*

WAGA Kami, waga Kami, nanzo ware wo sute tamau ya? Ika nareba tōku hanarete ware wo sukuwazu, waga nageki no koe wo kiki tamawazaru ka?

2 Aa waga Kami, ware hiru yobawaredomo, nanji kotae tamawazu; Yoru yobawaredomo, ware yasuki wo ezu.

3 Sa wa are, Isuraeru no sambi no naka ni sumi tamau mono yo, Nanji wa kiyoshi.

4 Warera no oyatachi wa nanji ni yori tanomeri: Karera yori tanomitareba kore wo tasuke tamaeri.

5 Karera nanji wo yobite tasuke wo e; Nanji ni yori tanomite haji wo oeru koto nakariki.

6 Shika wa aredo ware wa mushi ni shite, hito ni arazu; Yo ni soshirare, tami ni iyashimeraru.

7 Subete ware wo miru mono wa ware wo azami warai; Kuchibiru wo sorashi, kōbe wo furite iu,

8 Kare wa IEHOBA ni yori tanomeri; IEHOBA tasukubeshi: IEHOBA kare wo yorokobi tamau ga yue ni tasukubeshi to.

9 Saredo nanji wa ware wo hara no uchi yori idashi tamaeru mono nari: Waga haha no futokoro ni arishi toki sude ni nanji ni yori tanomashime tamaeri.

10 Ware umare ideshi yori nanji ni yudaneraretari: Waga haha ware wo umishi toki yori nanji wa waga Kami nari.

11 Ware ni tōzakari tamau nakare; nayami chikazuki, Mata sukuu mono nakereba nari.

12 Ōku no o ushi ware wo meguri: Bashan no chikara tsuyoki o ushi ware wo kakomeri.

13 Karera wa kuchi wo akete ware ni mukai, Mono wo kaki saki, hoe utagu shishi no gotoshi.

14 Ware mizu no gotoku sosogi idasare, Waga moro-

moro no hone wa hazure; Waga kokoro wa rō no gotoku narite, Hara no uchi ni toketari.

15 Waga chikara wa kawakite suemono no kudake no gotoku; Waga shita wa agi ni hitatsukeri; Nanji ware wo shi no chiri ni fusase tamaeri.

16 Sowa inu ware wo meguri; Ashiki mono no mure ware wo kakomite, Waga te oyobi waga ashi wo sashi tsuranukeri.

17 Waga hone wa kotogotoku kazōru bakari ni narinu; Ashiki mono me wo tomete ware wo miru:

18 Karera tagai ni waga koromo wo wakachi, Waga shitagi wo kuji ni su.

19 Iehoba yo, tōku hanare i tamau nakare; Waga chikara yo, negawaku wa, toku kitarite ware wo tasuke tamae.

20 Waga tamashii wo tsurugi yori tasuke idashi; Waga inochi wo inu no takeki ikioi yori nogareshime tamae.

21 Ware wo shishi no kuchi, mata no-ushi no tsuno yori sukui idashi tamae; Nanji ware ni kotae tamaeri.

22 Ware nanji no mi na wo waga harakara ni nobe tsutae; Nanji wo tsudoi no naka nite home tataen.

23 Iehoba wo osoruru mono yo, Iehoba wo home tataeyo; Yakobu no moromoro no sue yo, Iehoba wo agameyo; Isuraeru no moromoro no sue yo, Iehoba wo kashikome.

24 Iehoba wa nayamu mono no kurushimi wo karoshime sute tamawazu, Kore ni mi kao wo ōu koto naku shite; Sono sakebu toki ni kiki tamaeba nari.

25 Ōi naru tsudoi no naka nite waga nanji wo home tatōru wa nanji yori izuru nari: Waga chikaishi koto wa Iehoba wo osoruru mono no mae nite kotogotoku tsukunowan.

26 Herikudaru mono wa kuraite aku koto wo e; Iehoba wo tazune motomuru mono wa Iehoba wo home tataen: Negawaku wa, nanjira no kokoro tokoshie ni ikin koto wo.

27 Chi no hate wa mina omoi idashite Iehoba ni kaeri; Moromoro no kuni no yakara wa mina mi mae ni fushi ogamubeshi.

28 Kuni wa Iehoba no mono nareba nari: Iehoba wa moromoro no kunibito wo sube osame tamau.

29 Chi no koetaru mono wa mina kuraite IEHOBA wo ogami; Chiri ni kudaru mono to, onoga tamashii wo nagarōru koto atawazaru mono to, Mina sono mi mae ni hizamazukan.

30 Tami no sue no uchi ni IEHOBA ni tsukōru mono aran; Shu no koto wa yoyo ni katari tsutaerarubeshi.

31 Karera kitarite, Kowa IEHOBA no mi waza nari tote Sono gi wo nochi ni umaruru tami ni nobe tsutaen.

## 23 PEN.

*Dabide no Uta.*

IEHOBA wa waga bokusha nari; ware tomoshiki koto araji.

2 IEHOBA wa ware wo midori no no ni fusase; Ikoi no migiwa ni tomonai tamau.

3 IEHOBA wa waga tamashii wo ikashi; Mi na no yue wo mote ware wo tadashiki michi ni michibiki tamau.

4 Tatoi ware shi no kage no tani wo ayumu to mo, Wazawai wo osoreji; nanji ware to tomo ni imaseba nari: Nanji no shimoto, nanji no tsue ware wo nagusamu.

5 Nanji waga ata no mae ni waga tame ni en wo mōke; Waga kōbe ni abura wo sosogi tamau; waga sakazuki wa afururu nari.

6 Waga yo ni aran kagiri wa kanarazu megumi to awaremi to ware ni soi kitaran: Ware wa tokoshie ni IEHOBA no miya ni suman.

## 24 HEN.

*Dabede no Uta.*

CHI to sore ni mitsuru mono, sekai to sono naka ni sumu mono to wa, Mina IEHOBA no mono nari.

2 IEHOBA wa sono motoi wo ōumi no ue ni sue, Kore wo ōkawa no ue ni sadame tamaeri.

3 IEHOBA no yama ni noborubeki mono wa tare zo? Sono seijo ni tatsubeki mono wa tare zo?

4 Te kiyoku, kokoro isagiyoki mono; Sono tamashii munashiki koto wo aogi nozomazu, Itsuwari no chikai wo sezaru mono zo, sono hito naru.

5 Kakaru hito wa IEHOBA yori saiwai wo uke, Sono

sukui no Kami yori gi wo uken.

6 Kaku no gotoki mono wa Kami wo shitau mono no yakara nari; Yakobu no Kami yo, nanji no mi kao wo motomuru mono nari. [Sera

7 Kado yo, nanjira no kōbe wo ageyo; Tokoshie no to yo, agare: Eikwō no Ō iri tamawan.

8 Eikwō no Ō wa tare naru ka? Chikara wo mochi tamau takeki IEHOBA nari, Tatakai ni takeki IEHOBA nari.

9 Kado yo, nanjra no kōbe wo ageyo; Tokoshie no to yo, agare: Eikwō no Ō iri tamawan.

10 Kono eikwō no Ō wa tare naru ka? Bangun no IEHOBA, Kore go eikwō no Ō naru. [Sera

## 25 HEN.

*Dabide no Uta.*

AA IEHOBA yo, waga tamashii wa nanji wo aogi nozomu.

2 Waga Kami yo, ware nanji ni yori tanomeri: Negawaku wa, ware ni haji wo owashime tamau nakare; Waga ata no ware ni kachi hokoru koto nakarashime tamae.

3 Ge ni, nanji wo machi nazomu mono wa hajishimerarezu: Yue naku shite makoto wo ushinau mono wa haji wo uken.

4 IEHOBA yo, nanji no ōji wo ware ni shimeshi; Nanji no michi wo ware ni oshie tamae.

5 Ware wo nanji no makoto ni michibiki, ware wo oshie tamae: Nanji wa waga sukui no Kami nari; Ware hinemosu nanji wo machi nozomu.

6 Nanji no awaremi to itsukushimi to wa inishie yori taezu ari; IEHOBA yo, kore wo omoi idashi tamae.

7 Waga wakaki toki no tsumi to, waga toga to wa omoi ide tamau nakare: IEHOBA yo, nanji no megumi no yue ni, Nanji no itsukushimi ni shitagaite ware wo omoi ide tamae.

8 IEHOBA wa megumi fukaku shite naoku mashimaseri: Kakaru ga yue ni michi wo tsumibito ni oshie;

9 Herikudaru mono wo tadashiki ni michibiki tamawan: Sono michi wo herikudaru mono ni shimeshi tamawan.

10 IEHOBA no moromoro

no michi wa sono keiyaku to akashi to wo mamoru mono ni wa Itsukushimi nari, makoto nari.

11 Waga fugi wa ōi nari; IEHOBA yo, mi na no tame ni kore wo yurushi tamae.

12 IEHOBA wo osoruru mono wa tare naru ka? Kore ni sono erabubeki michi wo shimeshi tamawan.

13 Kakaru hito no tamashii wa yasuki ni sumai, Sono sue wa kuni wo tsugubeshi.

14 IEHOBA no shitashimi wa IEHOBA wo osoruru mono to tomo ni ari; IEHOBA wa sono keiyaku wo karera ni shimeshi tamawan.

15 Waga me wa tsune ni IEHOBA ni mukau; IEHOBA waga ashi wo ami yori tori idashi tamōbekereba nari.

16 Negawaku wa, kaeri kitarite ware wo awaremi tamae; Ware hitori wabishiku, mata kurushimi oru nari.

17 Negawaku wa, waga kokoro no urei wo yurume; Ware wo wazawai yori manukareshime tamae.

18 Waga nayami, waga kurushimi wo kaerimi; Waga subete no tsumi wo yurushi tamae.

19 Waga ata wo mi tamae, karera no kazu wa ōshi. Nasake naki nikumi wo mote ware wo nikumeri.

20 Waga tamashii wo mamori, ware wo tasuke tamae: Ware ni haji wo owashime tamau nakare; ware nanji ni yori tanomeba nari.

21 Ware nanji wo machi nozomu, Negawaku wa, mattaki to naoki to ware wo mamore kashi.

22 Kami yo, subete no urei yori Isuraeru wo aganai idashi tamae.

## 26 PEN.

*Dabide no Uta.*

IEHOBA yo, negawaku wa, ware wo sabaki tamae; ware waga mattaki ni yorite ayumitari: Shika nomi narazu, ware tayutawazu IEHOBA ni yori tanomeri.

2 IEHOBA yo, ware wo tadashi, mata kokoromi tamae; Waga murato to kokoro to wo neri kiyome tamae.

3 Sowa nanji no itsukushimi waga ma-no-atari ni ari; Ware wa nanji no makoto ni yorite ayumeri.

4 Ware wa munashiki hito to tomo ni suwarazariki;

Aku wo itsuwari kazaru mono to tomo ni wa yukaji.

5 Aku wo nasu mono no tsudoi wo nikumi, Ashiki mono to tomo ni suwaru koto wo seji.

6 Ware te wo araite tsumi naki wo arawasu; IEHOBA yo, kakute nanji no saidan wo meguri;

7 Kansha no koe wo kikoeshime, Subete nanji no kusushiki mi waza wo nobe tsutaen.

8 IEHOBA yo, ware nanji no mashimasu ie to, Nanji ga eikwō no todomaru tokoro to wo itsukushimu.

9 Negawaku wa, waga tamashii wo tsumibito to tomo ni, Waga inochi wo chi wo nagasu mono to tomo ni tori osame tamau nakare.

10 Kakaru hito no te ni wa ashiki kuwadate ari, Sono migi no te wa mainai nite mitsu.

11 Saredo ware wa waga mattaki ni yorite ayuman: Negawaku wa, ware wo aganai, ware wo awaremi tamae.

12 Waga ashi wa tairaka naru tokoro ni tatsu: Ware moromoro no tsudoi no naka nite IEHOBA wo home matsuran.

## 27 HEN.

*Dabide no Uta.*

IEHOBA wa waga hikari, waga sukui nari; ware tare wo ka osoren? IEHOBA wa waga inochi no chikara nari; waga osorubeki mono wa tare zo ya?

2 Ware no teki, ware no ata naru ashiki mono osoi kitarite, Waga niku wo kurawan to seshi ga, tsumazuki katsu taoretari.

3 Tatoi ikusabito ei wo tsuranete ware wo semuru to mo, Waga kokoro osoreji: Tatoi Tatakai okorite ware wo semuru tomo, Ware ni nao tanomi ari.

4 Ware hitotsu no koto wo IEHOBA ni koeri, ware kore wo motomu: Ware IEHOBA no uruwashiki wo aogi, sono miya wo min ga tame ni, Waga yo ni aran kagiri wa IEHOBA no ie ni suman to koso negau nare.

5 IEHOBA wa nayami no hi ni sono kari-io no uchi ni ware wo hisomase, Sono makuya no oku ni ware wo kakushi, Iwao no ue ni ware wo takaku oki tamōbekereba nari.

6 Ima waga kōbe wa ware wo megureru ata no ue ni

takaku agerarubeshi; Kono yue ni ware IEHOBA no makuya nite yorokobi no sonaemono wo sasagen; Ware utaite IEHOBA wo home tataen.

7 Waga koe wo agete sakebu toki, IEHOBA yo kiki tamae: Mata awaremite ware ni kotae tamae.

8 Nanjira waga kao wo tazune motomeyo to, (kakaru mi kotoba no arishi toki) waga kokoro nanji ni mukaite, IEHOBA yo, ware nanji no mi kao wo tazunen to ieri.

9 Negawaku wa, mi kao wo kakushi tamau nakare; Ikarite nanji no shimobe wo tōzake tamau nakare: Nanji wa ware no tasuke nari; Aa waga sukui no Kami yo, ware wo oi idashi, ware wo sute tamau nakare.

10 Waga chichi haha ware wo sutsuru to mo, IEHOBA ware wo mukae tamawan.

11 IEHOBA yo, nanji no michi wo ware ni oshie; Waga ata no yue ni Ware wo tairaka naru michi ni michibiki tamae.

12 Itsuwari no akashi wo nasu mono, arabi wo haku mono ware ni sakaraite okori tateri: Negawaku wa, ware wo ata ni watashite, sono kokoro no mama ni nasashime tamau nakare.

13 Ware moshi IEHOBA no itsukushimi wo Ikeru mono no kuni nite miru no tanomi nakaramashikaba, ika ni zo ya?

14 IEHOBA wo machi nozome: O-oshikare, nanji no kokoro wo katō seyo; Kanarazu ya IEHOBA wo machi nozome.

## 28 HEN.

*Dabide no Uta.*

AA IEHOBA yo, ware nanji wo yoban; Waga iwa yo, negawaku wa, ware ni mukaite ōshi to nari tamau nakae: Nanji modashi tamawaba, Osoraku wa ware haka ni iru mono to hitoshikaran.

2 Ware nanji ni mukaite sakebi, seijo no oku ni mukaite te wo aguru toki, Waga negai no koe wo kiki tamae,

3 Ashiki hito, mata yokoshima wo okonau mono to tomo ni, Ware wo toraete hiki yuki tamau nakare; Karera wa sono tonari ni yawaragi wo kataredomo, Kokoro ni wa sokonai wo idakeri.

4 Sono waza ni shitagai,

sono nasu aku ni shitagaite karera ni atae; Sono te no nashiwaza ni shitagaite atae; Kore ni sono ukubeki mono wo mukui tamae.

5 Karera wa IEHOBA no moromoro no waza to, Sono mi te no nashiwaza to wo kaerimizu; Kono yue ni IEHOBA karera wo kobochite, tate tamau koto nakaran.

6 IEHOBA wa homubeki kana! Waga inori no koe wo kiki tamaitari.

7 IEHOBA wa waga chikara, waga tate nari; Waga kokoro kore ni yori tanomitareba, ware tasuke wo etari: Saru yue ni waga kokoro itaku yorokobu; Ware uta wo mote home matsuran.

8 IEHOBA wa sono tami no chikara nari, Sono jukōja no sukui no shiro nari.

9 Nanji no tami wo sukui, nanji no yuzuri wo sakiwai; Katsu kore wo yashinai, kore wo tokoshinae ni idaki tasuke tamae.

## 29 HEN.

*Dabide no Uta.*

NANJIRA Kami no kora yo, IEHOBA ni sasage matsure, Sakae to chikara to wo IEHOBA ni sasage matsure.

2 Sono mi na ni fusawashiki eikwō wo IEHOBA ni sasage matsure; Kiyoki koromo wo tsukete IEHOBA wo ogami matsure.

3 IEHOBA no mi koe wa mizu no ue ni ari: Eikwō no Kami wa ikazuchi wo todorokase tamau, IEHOBA wa ōmizu no ue ni imaseri.

4 IEHOBA no mi koe wa chikara ari; IEHOBA no mi koe wa miizu ari.

5 IEHOBA no mi koe wa kōhaku wo ori kudaku; IEHOBA Rebanon no kōhaku wo ori kudaki tamau.

6 Kore wo ko ushi no gotoku odorase; Rebanon to Shirion to wo wakaki noushi no gotoku odorase tamau.

7 IEHOBA no mi koe wa honō wo wakatsu.

8 IEHOBA no mi koe wa no wo furuwase; IEHOBA wa Kadeshi no no wo furuwase tamau.

9 IEHOBA no mi koe wa shika ni ko wo umase, Mata hayashi wo hadaka ni su: Sono miya ni aru subete no mono yobawarite, Eikwō naru kana to iu.

10 IEHOBA wa Kōzui no ue ni za shi tamaeri; IEHOBA

wa mi kura ni za shite tokoshie ni ō nari.

11 IEHOBA wa sono tami ni chikara wo atae tamau; Yasuki wo mote sono tami wo sakiwai tamawan.

## 30 PEN.

*Tono wo Sasaguru toki ni utaeru Dabide no Uta.*

IEHOBA yo, ware nanji wo agamen; nanji ware wo okoshite, Waga ata no waga koto ni yorite yorokobu wo yurushi tamawazareba nari.

2 Waga Kami IEHOBA yo, Ware nanji ni yobawareba, nanji ware wo iyashi tamaeri.

3 IEHOBA yo, nanji waga tamashii wo Yomi yori age; Ware wo nagaraeshimete haka ni kudarase tamawazariki.

4 IEHOBA no seito yo, IEHOBA wo home utae matsure, Kiyoki mi na ni kansha seyo.

5 Sono ikari wa tada shibashi nite; Sono megumi wa inochi to tomo ni nagashi; Yo wa yomosugara naki kanashimu to mo, Ashita ni wa yorokobi utawan.

6 Ware yasukekarihsi toki ni ieraku, Tokoshie ni ugokasaruru koto nakaran to.

7 IEHOBA yo, nanji megumi wo mote waga yama wo kataku tatase tamaiki; Shika wa aredo nanji mi kao wo kakushi tamaitareba; ware oji madoitari.

8 IEHOBA yo, ware nanji ni yobawareri; Ware hitasura IEHOBA ni negaeri:

9 Ware haka ni kudaraba, waga chi nani no eki aran? Chiri wa nanji wo home tataen ya? nanji no makoto wo nobe tsutaen ya?

10 IEHOBA yo, kiki tamae; ware wo awaremi tamae: IEHOBA yo, negawaku wa, waga tasuke to nari tamae.

11 Nanji odori wo mote waga nageki ni kae; Waga aratae wo toki, yorokobi wo mote waga obi to shi tamaeri.

12 Ware sakae wo mote home utai tsutsu, modasu koto nakaran tame nari. Waga Kami IEHOBA yo, ware tokoshie ni nanji ni kansha sen.

## 31 PEN.

*Uta no Kami ni utawashimetaru Dabide no Uta.*

IEHOBA yo, ware nanji ni yori tanomu; negawaku wa, izure no hi made

mo haji wo owashime tamau nakare: Nanji no gi wo mote ware wo tasuke tamae.

2 Nanji no mimi wo katabukete; sumiyaka ni ware wo sukui tamae: Negawaku wa, waga tame ni kataki iwa to nari, ware wo sukuu mamori no ie to nari tamae.

3 Nanji wa waga iwa, waga shiro nari; Sareba mi na no yue wo mote ware wo hiki, ware wo michibiki tamae.

4 Nanji ware wo karera ga hisoka ni mōketaru ami yori hiki idashi tamae; Nanji wa waga toride nari.

5 Ware tamashii wo nanji no mi te ni yudanu: IEHOBA makoto no Kami yo, nanji wa ware wo aganai tamaeri.

6 Ware wa itsuwari no munashiki koto ni kokoro wo yosuru mono wo nikumu: Ware wa tada IEHOBA ni yori tanomu nari.

7 Ware wa nanji no awaremi wo yorokobi tanoshiman: Nanji waga nayami wo kaerimi, Waga tamashii no wazawai wo shiri;

8 Ware wo ata no te ni toji komeshime tamawazu; Waga ashi wo hiroki tokoro ni tate tamaeba nari.

9 Ware semari kurushimeri; IEHOBA yo, ware wo awaremi tamae: Waga me wa urei ni yorite otorou, tamashii mo, mi mo, mata otoroenu.

10 Waga inochi wa kanashimi ni yorite kie yuki; waga toshi wa nageki ni yorite kie yukeba nari: Waga chikara wa waga fugi ni yorite otoroe; waga hone wa kare hatetari.

11 Ware moromoro no ata yue ni soshiraru, Waga tonari ni wa wakete hanahadashi, ai shiru mono ni wa imi habakarare; Chimata nite ware wo miru mono sakete nogaru.

12 Ware wa shinitaru mono no gotoku wasurarete, hito no kokoro ni okarezu: Ware wa yaburetaru utsuwamono no gotoku nareri.

13 Sowa ware ōku no hito no soshiri wo kiki, Itaru tokoro ni osore ari: Karera ware ni sakaraite tagai ni hakarishi ga, Waga inochi wo sae toran to kuwadatetari.

14 Saredo, IEHOBA yo, ware nanji ni yori tanomeri: Mata, Nanji wa waga Kami nari to ieri.

15 Waga toki wa subete nanji no mi te ni ari: Negawaku wa, ware wo ata no te yori tasuke, ware ni oi sema-

ru mono yori tasuke idashi tamae.

16 Nanji no shimobe no ue ni mi kao wo kagayakase, Nanji no itsukushimi wo mote ware wo sukui tamae.

17 IEHOBA yo, ware ni haji wo owashime tamau nakare; sowa ware nanji wo yobeba nari: Negawaku wa, ashiki mono ni haji wo ukeshime, Yomi ni arite kuchi wo tsugumashime tamae.

18 Takaburi to anadori to wo mote, Tadashiki mono ni mukai, midari ni nonoshiru Itsuwari no kuchibiru wo tsugumashime tamae.

19 Nanji wo osoruru mono no tame ni takuwae, Nanji ni yori tanomu mono no tame ni hito no ko no mae nite hodokoshi tamaeru nanji no itsukushimi wa ōi naru kana!

20 Nanji karera wo mi mae naru hisoka naru tokoro ni kakushite, hito no hakarigoto yori manukareshime; Mata kari-io no uchi ni hisomasete, shita no arasoi wo sakeshime tamawan.

21 Homubeki kana IEHOBA wa! Kengo naru shiro no naka nite ayashimaruru bakari no itsukushimi wo ware ni arawashi tamaeri.

22 Ware odoroki awatete ieraku, Nanji no me no mae yori tataretari to: Saredo ware nanji ni yobi motomeshi toki nanji waga negai no koe wo kiki tamaeri.

23 Nanjira moromoro no seito yo, IEHOBA wo itsukushime: IEHOBA wa makoto aru mono wo mamori, Takaburu mono ni omoku mukui wo hodokoshi tamau.

24 Subete IEHOBA wo machi nozomu mono yo, O-oshikare, nanjira kokoro wo katō seyo.

## 32 HEN.

*Dabide no Oshie no Uta.*

SONO toga wo yurusare, sono tsumi wo ōwareshi mono wa saiwai nari.

2 Fugi wo IEHOBA ni owaserarezaru mono, Kokoro ni itsuwari naki mono wa saiwai nari.

3 Ware ii arawasazarishi toki wa hinemosu kanashimi sakebitaru ga yue ni, Waga hone furubi otoroetari.

4 Nanji no mi te wa yoru mo hiru mo waga ue ni arite omoshi: Waga mi no uruoi wa kawarite natsu no hideri no gotoku nareri. [Sera

5 Kakute ware nanji no mi mae ni waga tsumi wo arawashi, waga fugi wo ōwa-

zariki: Ware ieraku, Waga toga wo IEHOBA ni ii arawasan to; Kakaru toki shi mo nanji waga tsumi no yokoshima wo yurushi tamaeri. [Sera

6 Sareba, Kami wo uyamau mono wa nanji ni au koto wo ubeki ma ni nanji ni inoran: Ōmizu afure nagaruru tomo kanarazu sono mi ni oyobaji.

7 Nanji wa waga kakurubeki tokoro nari; nanji nayami wo fusegite ware wo mamori; Sukui no uta wo mote ware wo kakomi tamawan. [Sera

8 Ware nanji wo oshie, nanji wo ayumubeki michi ni michibiki; Waga me wo nanji ni tomete satosan.

9 Nanjira wakimae naki uma no gotoku, usagi-uma no gotoku naru nakare: Karera wa kutsuwa tazuna no gotoki gu wo mote hiki tomezuba, Chikazuki kitaru koto nashi.

10 Ashiki mono wa kanashimi ōkaredo, IEHOBA ni yori tanomu mono wa awaremi nite kakomaren.

11 Tadashiki mono yo, IEHOBA wo yorokobi tanoshime; Subete kokoro no naoki mono yo, yorokobi yobōbeshi.

## 33 PEN.

TADASHIKI mono yo, IEHOBA ni yorite yorokobe: Sambi wa naoki mono ni fusawashiki nari.

2 Koto wo mote IEHOBA ni kansha seyo: Tō o no koto wo mote IEHOBA wo home utae.

3 Atarashiki uta wo IEHOBA ni mukaite utai; Yorokobi no koe wo agete takumi ni koto wo kaki narase.

4 IEHOBA no mi kotoba wa naoku; Sono subete okonai tamau tokoro makoto nareba nari.

5 IEHOBA wa gi to kōhei to wo konomi tamau: Sono itsukushimi wa amaneku chi ni mitsu.

6 Moromoro no ten wa IEHOBA no mi kotoba ni yorite nari; Ten no bangun wa IEHOBA no kuchi no iki ni yorite tsukuraretari.

7 IEHOBA wa umi no mizu wo atsumete uzudakaku shi; Fukaki fuchi wo kura ni osame tamau.

8 Zenchi wa IEHOBA wo osore; Yo ni sumeru moromoro no hito wo IEHOBA wo oji kashikomubeshi.

9 Sowa IEHOBA ii tamaeba nari; Ōse tamaeba, tateru ga yue nari.

10 IEHOBA wa moromoro no kuni no hakarigoto wo munashiku shi; Moromoro no tami no omoi wo itazura ni shi tamau.

11 IEHOBA no hakarigoto wa tokoshie ni tachi, Sono mi kokoro no omoi wa yoyo ni tatsu.

12 IEHOBA wo onoga Kami to suru kuni wa saiwai nari; IEHOBA yuzuri ni sen tote erabi tamaeru sono tami wa saiwai nari.

13 IEHOBA ten yori ukagaite, Subete no hito no ko wo mi;

14 Sono imasu tokoro yori, Chi ni sumu moromoro no hito wo mi tamau.

15 IEOHOBA wa subete karera no kokoro wo tsukuri, Sono nasu tokoro wo kotogotoku kangami tamau.

16 Ōsha ikusabito ōki wo mote sukui wo ezu: Yūshi chikara ōi naru wo mote tasuke wo ezaru nari.

17 Uma wa sukui ni eki naku; Sone ōi naru chikara mo hito wo tasukuru koto nakaran.

18 Miyo, IEHOBA no me wa IEHOBA wo osoruru mono, Mata sono awaremi wo nozomu mono no ue ni ari;

19 Kowa karera no tamashii wo shi yori sukui, Toshi uetaru toki ni mo, yo ni nagaraeshimen ga tame nari.

20 Warera no tamashii wa IEHOBA wo machi nozomeri: IEHOBA wa warera no tasuke, warera no tate nari.

21 Warera wa kiyoki mi na ni yori tanomeri; Kakute zo warera no kokoro wa IEHOBA ni arite yorokoban.

22 IEHOBA yo, warera nanji wo machi nozomeri; Kore ni shitagaite awaremi wo warera no ue ni tare tamae.

## 34 HEN.

*Dabide Abimereku no mae nite kurueru sama wo nashi, owarete ide sarishi toki ni tsukureru Uta.*

WARE tsune ni IEHOBA wo iwai matsuran: Sono tataegoto wa waga kuchi ni taeji.

2 Waga tamashii wa IEHOBA ni yorite hokoran: Herikudaru mono wa kore wo kikite yorokoban.

3 Ware to tomo ni IEHOBA wo agameyo, Warera tomo ni sono mi na wo age tataen

4 Ware IEHOBA wo tazunetareba, IEHOBA ware ni kotae, Ware wo moromoro

no osore yori tasuke idashi tamaeri.

5 Karera Iehoba wo aogi nozomite hikari wo kōbureri: Karera no kao wa haji akaramu koto nashi.

6 Kono kurushimu mono sakebitareba, Iehoba kore wo kiki, Sono subete no nayami yori sukui idashi tamaeri.

7 Iehoba no tsukai wa Iehoba wo osoruru mono no mawari ni ei wo tsuranete, Kore wo tasuku.

8 Nanjira Iehoba no megumi fukaki wo ajiwai shire: Iehoba ni yori tanomu mono wa saiwai nari.

9 Iehoba no seito yo, Iehoba wo osoreyo: Iehoba wo osoruru mono ni wa tomoshiki koto nakereba nari.

10 Wakaki shishi wa tomoshiku shite ueru koto ari: Saredo Iehoba wo tazunuru mono wa yoki mono ni kakuru koto araji.

11 Ko yo, kitarite ware ni kike: Ware Iehoba wo osorubeki koto wo nanjira ni oshien.

12 Saiwai wo min ga tame ni inochi wo shitai, Nagaraen koto wo konomu mono wa tare zo ya?

13 Nanji no shita wo osaete aku ni tsukashimezu, Nanji no kuchibiru wo osaete itsuwari wo iwazarashimeyo.

14 Aku wo hanarete, zen wo okonai; Yawaragi wo motomete, sechi ni kono koto wo tsutomeyo.

15 Iehoba no me wa tadashiki mono wo kaerimi, Sono mimi wa karera no sakebi ni katabuku.

16 Iehoba no mi kao wa aku wo nasu mono ni mukaite, Sono ato wo chi yori tachi horoboshi tamau.

17 Tadashiki mono sakebitareba, Iehoba kore wo kikite, Sono subete no nayami yori tasuke idashi tamaeri.

18 Iehoba wa kokoro no itami kanashimeru mono ni chikaku imashite, Tamashii no kui kuzuoretaru mono wo sukui tamau.

19 Tadashiki mono wa nayami ōshi: Saredo Iehoba wa mina sono naka yori tasuke idashi tamau.

20 Iehoba wa kare ga subete no hone wo mamori tamau: Sono hitotsu dani oraruru koto nashi.

21 Aku wa ashiki mono wo korosan: Tadashiki hito wo nikumu mono wa tsumi nawarubeshi.

22 Iehoba wa sono shimo-

bera no tamashii wo aganai tamau: IEHOBA ni yori tanomu mono wa hitori dani tsuminawaruru koto nakaran.

## 35 HEN.

*Dabide no Uta.*

IEHOBA yo, negawaku wa, ware ni arasou mono to arasoi; Ware to tatakau mono to tatakai tamae.

2 Tate to ōdate to wo torite, Waga tasuke ni tachi ide tamae.

3 Hoko wo nuki idashi tamaite, ware ni oi semaru mono no michi wo fusagi; Katsu waga tamashii ni, Ware wa nanji no sukui nari to ii tamae.

4 Negawaku wa, waga tamashii wo tazunuru mono no haji wo ete iyashimerare; Ware wo sokonawan to hakaru mono no shirizokerarete awate futamekan koto wo.

5 Negawaku wa, karera ga kaze no mae naru momigara no gotoku nari, IEHOBA no tsukai ni oi yararen koto wo.

6 Negawaku wa, karera no michi wo kuraku shi, suberaka ni shi, IEHOBA no tsukai ni karera wo oi yukashime tamawan koto wo

7 Karera wa yue naku ware wo toraen tote, ami wo ana ni fuse; Yue naku waga tamashii wo sokonawan tote, ana wo ugachitareba nari.

8 Negawaku wa, karera ga omoi yoranu ma ni horobi kitari; Onoga fusetaru ami ni toraerare: Mizukara sono horobi ni ochi iran koto wo.

9 Saru toki waga tamashii wa IEHOBA ni yorite yorokobi; Sono sukui wo mote tanoshiman.

10 Waga subete no hone wa iwan, IEHOBA yo, nanji wa kurushimu mono wo kore ni masarite chikara tsuyoki mono yori, Mata kurushimu mono, mazushiki mono wo kasume ubau mono yori tasuke idashi tamau: Tare ka nanji ni tagūbeki mono aran to.

11 Kokoro ashiki akashibito okorite, Waga shirazaru koto wo najiri tou.

12 Karera wa aku wo mote waga zen ni mukui, Waga tamashii wo yorube naki mono to seri.

13 Saredo ware karera ga yamishi toki ni wa aratae wo tsuke; Kate wo tachite waga tamashii wo kurushimetari: Waga inori wa futokoro ni kaereri.

14 Waga kare ni naseru koto wa waga tomo, waga harakara ni kotonarazu: Haha no mo ni arite nageku ga gotoku, kanashimi unataretari.

15 Saredo karera wa waga taoren to seshi toki yorokobi tsudoi; Waga shirazarishi toki oko no mono atsumari kitarite ware wo seme; Ware wo sakite yamezariki.

16 Karera wa shuen nite kitanaki koto wo noburu azakeribito no gotoku, Ware ni mukaite ha wo kami naraseri.

17 Shu yo, itazura ni miru nomi ni shite ikuso no toki wo he tamau ya?. Negawaku wa, waga tamashii no karera ni horobosaruru wo nogareshime, Waga inochi wo wakaki shishi yori manukareshime tamae.

18 Ware ōi naru tsudoi ni arite nanji ni kansha shi; Oku no tami no naka nite nanji wo home tataen.

19 Itsuwari wo mote ware ni ata suru mono no waga yue ni yorokobu koto wo yurushi tamau nakare: Yue naku shite ware wo nikumu mono no tagai ni mekubase suru koto nakarashime tamae.

20 Karera wa yasuki wo katarazu: Azamuki no kotoba wo tsukuri mokete kuni no uchi ni odayaka ni sumau mono wo sokonawan to hakaru.

21 Shika nomi narazu, ware ni mukaite kuchi wo ake hiroge; Aa miyo ya, miyo ya, warera no me kore wo mitari to ieri.

22 Iehoba yo, nanji sude ni kore wo mitamaeri; negawaku wa, modashi tamau nakare: Shu yo, ware ni tōzakari tamau nakare.

23 Waga Kami yo, waga Shu yo, oki tamae, same tamae; Negawaku wa, waga tame ni sabaki wo nashi, waga uttae wo osame tamae.

24 Waga Kami Iehoba yo, nanji no gi ni shitagaite ware wo sabaki tamae; Waga koto ni yorite karera ni yorokobi wo eshime tamau nakare.

25 Karera ni sono kokoro no uchi nite, Aa, kokochi yoki kana! miyo, kore waga negaishi tokoro nari to iwashime tamau nakare: Mata, Warera kare wo nomi tsukuseri to iwashime tamau nakare.

26 Negawaku wa, waga sokonawaruru wo yorokobu mono mina hajite awate fu-

tameki; Ware ni mukaite hokorika ni takaburu mono no haji to, hazukashime to wo kin koto wo.

27 Waga gi wo yomi suru mono woba yorokobi utawashime; Ōi naru kana IEHOBA! Sono shimobe no saiwai wo yorokobi tamau to tsune ni iwashime tamae.

28 Waga shita wa hinemosu nanji no gi to Nanji no homare to wo kataran.

## 36 PEN.

*Uta no Kami ni utawashimetaru, Iehoba no shimobe Dabide no Uta.*

ASHIKI mono no toga wa waga kokoro no uchi ni katarite, Sono me no mae ni Kami wo osoruru no osore aru koto nashi to iu.

2 Kare wa onoga yokoshima no arawaruru koto naku, nikumaruru koto nakaran tote, Mizukara sono me nite omoneru.

3 Sono kuchi no kotoba wa yokoshima to itsuwari to nari: Chi wo kobami, zen wo okonau koto wo yametari.

4 Katsu sono fushido nite Yokoshima naru koto wo hakari; Yokaranu michi ni tachi tomarite; Aku wo kirawazu.

5 IEHOBA yo, nanji no itsukushimi wa ten ni ari; Nanji no makoto wa kumo ni made oyobu.

6 Nanji no tadashiki wa Kami no yama no gotoku; Nanji no sabaki wa ōi naru fuchi nari. IEHOBA yo, nanji wa hito to kemono to wo mamori tamau.

7 Kami yo, nanji no itsukushimi wa tôtoki kana! Hito no ko wa nanji no tsubasa no kage ni sakedokoro wo e;

8 Nanji no ie no yutaka naru ni yorite kotogotoku aku koto wo en: Nanji wa sono tanoshimi no kawa no mizu wo karera ni nomashime tamawan.

9 Sowa inochi no izumi wa nanji ni ari: Warera wa nanji no hikari ni yorite hikari wo min.

10 Negawaku wa, nanji wo shiru mono ni taezu awaremi wo hodokoshi; Kokoro naoki mono ni taezu tadashiki wo hodokoshi tamae.

11 Takaburu mono no ashi ware wo fumi, Ashiki mono no te ware wo oi harau wo yurushi tamau nakare.

12 Yokoshima wo okonau mono wa kashiko ni taore-

tari: Karera uchi fuserarete mata tatsu koto atawazaru-beshi.

## 37 HEN.

*Dabide no Uta.*

AKU wo nasu mono no yue wo mote kokoro wo nayame, Fugi wo okonau mono ni mukaite netami wo okosu nakare.

2 Karera wa yagate kusa no gotoku kari torare, Aoki na no gotoku uchi shioru-bekereba nari.

3 IEHOBA ni yori tanomite zen wo okonae; Kono kuni ni todomari, makoto wo mote kate to seyo.

4 IEHOBA ni yorite yoro-kobi wo nase; IEHOBA wa nanji ga kokoro no negai wo nanji ni atae tamawan.

5 Nanji no michi wo IE-HOBA ni yudaneyo; Kare ni yori tanomaba kore wo nashi toge;

6 Hikari no gotoku nanji no gi wo akiraka ni shi, Mahiru no gotoku nanji no uttae wo akiraka ni shi tamawan.

7 Nanji IEHOBA no mae ni kuchi wo tsugumi, shino-bite kore wo machi nozome: Onoga michi wo ayumite sakayuru mono no yue wo mote, Ashiki hakarigoto wo toguru hito no yue wo mote, kokoro wo nayamuru na-kare.

8 Ikari wo yame, ikidōri wo suteyo: Kokoro wo naya-muru nakare, kore aku wo okonau kata ni utsuran.

9 Sowa aku wo okonau mono wa tachi horobosare; IEHOBA wo machi nozomu mono wa kuni wo tsugu-bekereba nari.

10 Ashiki mono wa hisa-shikarazu shite usen: Nanji komaka ni sono tokoro wo omoi miru to mo, aru koto nakaran.

11 Saredo herikudaru mo-no wa kuni wo tsugi, Mata yasuki no yutaka naru wo tanoshiman.

12 Ashiki mono wa tada-shiki mono ni sakarawan tote, hakarigoto wo megura-shi, Kore ni mukaite hagami su.

13 Shu wa ashiki mono wo warai tamawan: Kare ga hi no kitaru wo mi tamaeba nari.

14 Ashiki mono wa tsurugi wo nuki, yumi wo harite; Kurushimu mono to mazu-shiki mono to wo taoshi, Okonai naoki mono wo korosan to seri.

15 Saredo sono tsurugi wa

onoga mune wo sashi, Sono yumi wa orarubeshi.

16 Tadashiki hito no moteru mono no sukunaki wa Ōku no ashiki mono no yutaka naru ni masareri.

17 Sowa ashiki mono no kaina wa oraruredo, IEHOBA wa tadashiki mono wo tasuke sasae tamaeba nari.

18 IEHOBA wa mattaki mono no moromoro no hi wo shiri tamau: Karera no yuzuri wa kagiri naku hisashikaran.

19 Karera wa wazawai ni au toki haji wo owazu; Uedoshi no hi ni mo aku koto wo en.

20 Ashiki mono wa horobi, IEHOBA no ata wa maki no sakae no karuru ga gotoku use; Keburi no gotoku kie yukan.

21 Ashiki mono wa mono karite tsukunowazu: Tadashiki mono wa megumi arite hodokoshi atau.

22 Kami no kotohogi tamau hito wa kuni wo tsugi; Kami no noroi tamau hito wa tachi horobosarubeshi.

23 Hito no ayumi wa IEHOBA ni yorite sadameraru; Sono yuku michi wo IEHOBA yorokobi tamaeri.

24 Tatoi sono hito taoruru koto ari to mo, mattaku uchi fuseraruru koto nashi: IEHOBA kare ga te wo tasuke sasae tamaeba nari.

25 Ware mukashi toshi wakaku shite, ima oitaredo; Tadashiki mono no suterare, Aru wa sono sue no kate koi ariku wo mishi koto nashi.

26 Tadashiki mono wa hinemosu megumi arite kashi atau; Sono sue wa saiwai nari.

27 Aku wo hanarete zen wo nase; Saraba nanji no sumai tokoshie naran.

28 IEHOBA wa kōhei wo konomi, Sono seito wo sute tamawazareba nari; Karera wa tokoshie ni mamori tasukeraruredo; Ashiki mono no sue wa tachi horobosarubeshi.

29 Tadashiki mono wa kuni wo tsugi, Sono naka ni sumaite tokoshie ni oyoban.

30 Tadashiki mono no kuchi wa chie wo katari, Sono shita wa kōhei wo nobu.

31 Kare ga Kami no nori wa sono kokoro ni ari; Sono ayumi wa hito ayumi dani suberu koto araji.

32 Ashiki mono wa tadashiki mono wo hisomi ukagaite, Kore wo korosan to hakaru.

33 IEHOBA wa tadashiki

mono wo ashiki mono no te ni nokoshi oki tamawazu, Sabaki no toki ni tsuminai tamau koto nashi.

34 IEHOBA wo machi nozomite sono michi wo mamore; Saraba nanji wo agete kuni wo tsugase tamawan: Nanji ashiki mono no tachi horobosaruru toki ni kore wo min.

35 Ware ashiki mono no takeku shite habikoreru wo miru ni, Oitachitaru chi ni sakae shigereru ki no gotoshi.

36 Shikaredomo kare wa sugi yukeri; miyo, tachimachi ni naku narinu: Ware kore wo tazuneshikado au koto wo ezariki.

37 Mattaki hito ni me wo sosogi, naoki hito wo miyo: Odayaka naru hito ni wa nochi aredo;

38 Tsumi wo okasu monora wa tomo ni horobosare; Ashiki mono no nochi wa kanarazu tatarubekereba nari.

39 Tadashiki mono no sukui wa IEHOBA yori izu: IEHOBA wa karera ga kurushimi no toki no toride nari.

40 IEHOBA wa karera wo tasuke, karera wo toki hanachi tamau: IEHOBA wa karera wo ashiki mono yori toki hanachite sukui tamau; Karera wa IEHOBA wo sono sakedokoro to sureba nari.

## 38 HEN.

*Kinen no tame ni tsukureru Dabide no Uta.*

IEHOBA yo, negawaku wa, ikidori wo mote ware wo seme, Hageshiki ikari wo mote ware wo korashime tamau nakare.

2 Nanji no ya ware ni atari, Nanji no mi te waga ue wo osaetari.

3 Nanji no ikari ni yorite waga niku ni wa mattaki tokoro naku; Waga tsumi ni yorite waga hone ni wa sukoyaka naru tokoro nashi.

4 Waga fugi wa kōbe wo sugite takaku: Omoni no gotoku oi gatakereba nari.

5 Ware oroka naru ni yorite, Waga kizu ashiki nioi wo hanachite kusare tadaretari.

6 Ware ore kagamite itaku nageki unataretari; Ware hinemosu kanashimi ariku.

7 Waga koshi wa kotogotoku yakuru ga gotoku; Niku ni mattaki tokoro nakereba nari.

8 Ware otoroe hate, itaku kizutsukerare; Waga kokoro no yasukarazaru ni yorite umeki sakeberi.

9 Aa Shu yo, waga subete no negai wa nanji no mi mae ni ari; Waga nageki wa nanji ni kakururu koto nashi.

10 Waga mune odori, waga chikara otoroe; Waga me no hikari mo mata ware wo hanaretari.

11 Waga tomo, waga shitashimeru mono wa waga kizu wo mite haruka ni tachi; Waga tonari mo mata tōzakarite tateri.

12 Waga inochi wo tazunuru mono wa wana wo mōke; Ware wo sokonawan to suru mono wa ashiki koto wo ii, Mata hinemosu tabakari wo hakaru.

13 Shika wa aredo ware wa mimishii no gotoku kikazu; Ware wa kuchi wo hirakanu ōshi no gotoshi.

14 Kaku ware wa kikazaru hito no gotoku, Kuchi ni koto-agesenu hito no gotoki nari.

15 Iehoba yo, ware nanji wo machi nozomeri: Shu waga Kami yo, nanji kanarazu kotae tamōbekereba nari.

16 Ware saki ni iu, Osoraku wa karera waga koto ni yorite yorokobi; Waga ashi no suberan toki ware ni mukaite hokorika ni takaburan to.

17 Ware taoruru bakari narinu: Waga kanashimi wa taezu waga mae ni ari.

18 Sowa ware mizukara fugi wo ii arawashi; Waga tsumi no tame ni kanashimeba nari.

19 Waga ata wa iki hatarakite takeku; Yue naku shite ware wo uramuru mono ōshi.

20 Aku wo mote zen ni mukuyuru mono wa Ware yoki koto ni shitagau ga yue ni waga ata to nareri.

21 Iehoba yo, negawaku wa, ware wo hanare tamau nakare: Waga Kami yo, ware ni tōzakari tamau nakare.

22 Shu waga sukui yo, Toku kitarite ware wo tasuke tamae.

## 39 HEN.

*Uta no Kami Iedoton ni utawashimetaru Dabide no Uta.*

WARE saki ni ieri, Ware shita wo mote tsumi wo okasazaran tame ni, Waga subete no michi wo tsutsushimi; Ashiki mono no waga mae ni oru aida wa, Waga kuchi ni kutsuwa wo kaken to.

2 Ware modashite ōshi to

nari, yoki koto sura kotoba ni idasazu; Waga urei nao okoreri.

3 Waga kokoro waga uchi ni nesshi; Omoi tsuzukuru hodo ni hi moenureba, Ware shita wo mote ieraku:

4 IEHOBA yo, negawaku wa, waga owari to, Waga hi no kazu no ikubaku naru to wo shirashime tamae; Waga hakanaki wo shirashime tamae.

5 Miyo, nanji waga subete no hi wo tsuka no ma ni sugi sarashime tamau: Waga inochi mi mae nite wa naki ni kotonarazu: Ge ni subete no hito wa mina sono sakari no toki dani mo munashikarazaru wa nashi. [Sera

6 Hito no yo ni aru wa kage ni kotonarazu: Sono omoi nayamu koto wa munashikarazaru nashi: Sono tsumi takuwōru mono wa taga te ni osamaru wo shirazu.

7 Shu yo, ware ima nani wo ka matan? Waga nozomi wa nanji ni ari.

8 Negawaku wa, ware wo subete no toga yori tasuke idashi tamae: Oroka naru mono ni soshiraruru koto nakarashime tamae.

9 Ware wa modashite, kuchi wo hirakazu; Kowa nanji no nashi tamau mono nareba nari.

10 Negawaku wa, nanji no seme wo ware yori hanachi tamae: Ware nanji no mi te ni uchi korasaruru ni yorite horoburu bakari ni narinu.

11 Nanji tsumi wo semete hito wo korashi, Sono shitai yorokobu tokoro no mono wo shimi no kurau ga gotoku kie useshime tamau: Ge ni moromoro no hito wa munashikarazaru nashi. [Sera

12 Aa IEHOBA yo, negawaku wa, waga inori wo kiki, waga sakebi ni mimi wo katabuke tamae; Waga namida wo mite modashi tamau nakare: Ware wa nanji ni yoru tabibito, Subete waga oyatachi no gotoku yadoreru mono nari.

13 Ware koko wo sarite usezaru saki ni, Nanji mi kao wo somukete ware wo sawayaka narashime tamae.

## 40 PEN.

*Uta no Kami ni utawashimetaru Dabide no Uta.*

WARE tae shinobite IEHOBA wo machi nozomitari: IEHOBA ware ni mukaite waga sakebi wo kiki tamaeri.

2 Mata ware wo horobi no ana yori, hiji no naka yori tori idashite; Waga ashi wo iwa no ue ni oki, waga ayumi wo kataku shi tamaeri.

3 IEHOBA wa atarashiki uta wo waga kuchi ni ire tamaeri, kowa warera no Kami ni sasaguru sambi nari: Ōku no hito wa kore mite osore, Katsu IEHOBA ni yori tanoman.

4 IEHOBA wo onoga tanomi to nashi, takaburu mono ni yorazu, Itsuwari ni katabuku mono ni yorazaru hito wa saiwai nari.

5 Waga Kami IEHOBA yo, nanji no nashi tamaeru kusushiki mi waza to, Warera ni mukau omoi to wa ito ōku shite; Nanji no mi mae ni tsurane iu koto atawazu: Ware kore wo ii noben to suredo, Sono kazu kazōru koto atawazu.

6 Nanji ikenie to sonaemono to wo yorokobi tamawazu; Nanji waga mimi wo hiraki tamaeri: Nanji hansai to zaisai to wo motome tamawazu.

7 Sono toki ware ieraku, Miyo, ware kitaran; Waga koto wo fumi no maki ni shirushitari:

8 Waga Kami yo, ware wa mi kokoro ni shitagau koto wo tanoshimu; Nanji no nori wa waga kokoro no uchi ni ari to.

9 Ware ōi naru tsudoi nite gi wo tsuge shimeseri; Miyo, ware kuchibiru wo tojizu, IEHOBA yo, nanji kore wo shiri tamau.

10 Ware nanji no gi wo waga kokoro no uchi ni hime okazu; Nanji no shinjitsu to nanji no sukui to wo nobe tsutaetari: Ware nanji no itsukushimi to nanji no makoto to wo ōi naru tsudoi ni kakusazariki.

11 IEHOBA yo, nanji awaremi wo ware ni oshimi tamau nakare: Itsukushimi to makoto to wo mote, tsune ni ware wo mamori tamae.

12 Sowa kazoe gataki wazawai ware wo kakomi, Waga fugi ware ni oi shikite, aogi miru koto atawanu made ni narinu; Sono ōki koto waga kashira no ke ni mo masari, waga kokoro kie usuru bakari nareba nari.

13 IEHOBA yo, negawaku wa, ware wo sukui tamae: IEHOBA yo, isogi kitarite ware wo tasuke tamae.

14 Negawaku wa, waga tamashii wo tazune horobosan to suru mono no Mina haji awaten koto wo: Waga sokonawaruru wo yorokobu

mono no mina ushiro ni shirizokite, Haji wo owan koto wo.

15 Ware ni mukaite, Aa, Miyo ya, Miyo ya to iu mono Onoga haji ni yorite odoroki osoren koto wo.

16 Negawaku wa, nanji wo tazune motomuru mono no mina nanji ni yorite tanoshimi yorokoban koto wo: Nanji no sukui wo shitau mono no tsune ni IEHOBA wa ōi naru kana to tonaen koto wo.

17 Ware wa kurushimi katsu tomoshi; Shu ware wo nengoro ni omoi tamau: Nanji wa waga tasuke nari, ware wo sukui tamau mono nari: Aa, waga Kami yo, negawaku wa, tamerai tamau nakare.

## 41 PEN.

*Uta no Kami ni utawashimetaru Dabide no Uta.*

YOWAKI hito wo kaerimiru mono wa saiwai nari: IEHOBA kakaru mono wo wazawai no hi ni tasuke tamawan.

2 IEHOBA kore wo mamori, kore wo nagaraeshime tamawan; kare wa kono chi ni arite saiwai wo en: Nanji kare wo sono ata no nozomi ni makasete watashi tamau nakare.

3 IEHOBA wa kare ga wazurai no toko ni aru wo tasuke tamawan: Nanji kare ga yameru toki sono fusuma wo shiki kae tamawan.

4 Ware ieraku, IEHOBA yo, ware wo awaremi, Waga tamashii wo iyashi tamae: ware nanji ni mukaite tsumi wo okashitari to.

5 Waga ata ware wo soshirite ieri, Kare izure no toki ni shini, izure no toki ni sono na horobin to.

6 Kare mata ware wo min tote kitaru toki wa itsuwari wo katari, Yokoshima wo sono kokoro ni atsume, Hoka ni idete wa kore wo nobu.

7 Subete ware wo nikumu mono tagai ni sasayaki; Ware wo sokonawan tote ai hakaru.

8 Katsu iu, Kare ni hitotsu no wazawai tsuki matoitareba, Taore fushite futa tabi okiru koto nakaran to.

9 Waga tanomishi tokoro, waga kate wo kuraishi tokoro no waga shitashiki tomo sae mo, Ware ni somukite sono kubisu wo agetari.

10 Shika wa aredo, IEHOBA yo, nanji, negawaku wa, ware wo awaremi, ware wo tasukete okoshi tamae: Sa-

reba ware karera ni mukuyuru koto wo en.

11 Waga ata ware ni uchi kachite yorokobu koto atawazaru wo mote, Nanji ga ware wo mede itsukushimi tamau wo ware shirinu.

12 Waga koto wo iwaba, nanji ware wo waga mattaki uchi nite tamochi, Ware wo tokoshie ni mi kao no mae ni oki tamau.

13 Isuraeru no Kami, IEHOBA wa Tokoshie yori tokoshie made homubeki kana! Amen, Amen.

## 42 HEN.

*Uta no Kami ni utawashimetaru, Kora no ko no Oshie no Uta.*

AA, Kami yo, shika no tanigawa wo shitai aegu ga gotoku, Waga tamashii mo nanji wo shitai aegu nari.

2 Waga tamashii wa kawakeru gotoku ni Kami wo shitau, ikeru Kami wo zo shitau: Izure no toki ni ka ware yukite Kami no mi mae ni iden?

3 Karera ga hinemosu ware ni mukaite, Nanji no Kami wa izuku ni ari ya to nonoshiru aida wa, Tada waga namida nomi yoru hiru sosogite waga kate nariki.

4 Ware mukashi mure wo nashite, iwai no hi wo mamoru ōku no hito to tomo ni yuki, Yorokobi to sambi no koe wo agete, karera wo Kami no ie ni tomonaeri; Ima korera no koto wo omoi okoshite, waga uchi yori tamashii wo sosogi idasu nari.

5 Aa waga tamashii yo, nanji nanzo unataruru ya? Nanzo waga uchi ni omoi midaruru ya? Nanji Kami wo machi nozome: ware ni mi kao no tasuke arite, Ware nao waga Kami wo home tatōbekereba nari.

6 Waga Kami yo, waga tamashii wa waga uchi ni unataru: Sareba ware Yorudan no chi yori, Herumon yori, Mizaru no yama yori nanji wo omoi izu.

7 Nanji no ōdaki no hibiki ni yorite fuchibuchi yobi kotae; Nanji no nami, nanji no ōnami kotogotoku waga ue wo koe yukeri.

8 Shika wa aredo hiru wa IEHOBA sono awaremi wo hodokoshi tamau, Yoru wa sono uta ware to tomo ni ari; Kono uta wa waga inochi no Kami ni sasaguru inori nari.

9 Ware waga iwa naru Kami ni iwan, Nanzo ware wo wasure tamaishi ya? Nanzo ware wa ata no shietage ni yorite kanashimi arishi ya?

10 Waga hone mo kudakuru bakari ni waga teki wa hinemosu ware ni mukaite, Nanji no Kami wa izuku ni ari ya to ii nonoshiri tsutsu ware wo soshireri.

11 Aa waga tamashii yo, nanji nanzo unataruru ya? Nanzo waga uchi ni omoi midaruruya? Nanji Kami wo machi nozome: Ware nao waga kao no tasuke naru waga Kami wo home tatōbekereba nari.

## 43 PEN.

KAMI yo, negawaku wa, ware wo sabaki, nasake shiranu tami ni mukaite waga uttae wo agetsurai; Tabakari ōki, yokoshima naru hito yori ware wo tasuke idashi tamae.

2 Nanji wa waga chikara no Kami nari; nanzo ware wo sute tamaishi ya? Nanzo ware wa ata no shietage ni yorite kanashimi ariku ya?

3 Negawaku wa, nanji no hikari to nanji no makoto to wo hanachi, ware o michibikite; Sono kiyoki yama to, Sono agebari to ni yukashime tamae.

4 Saraba ware Kami no saidan ni yuki, Mata waga yorokobi yorokobu Kami ni yukan: Aa Kami yo, waga Kami yo, ware koto wo mote nanji wo home tataen.

5 Aa waga tamashii yo, nanji nanzo unataruru ya? Nanzo waga uchi ni omoi midaruru ya? Nanji Kami ni yorite nozomi wo idake: Ware nao waga kao no tasuke naru waga Kami wo home tatōbekereba nari.

## 44 HEN.

*Uta no Kami ni utawashimetaru, Kora no ko no Oshie no Uta.*

AA Kami yo, mukashi warera no oyatachi no hi ni nanji ga nashi tamaishi mi waza wo Warera mimi ni kikeri, oyatachi warera ni katareri.

2 Nanji mi te wo mote moromoro no kunibito wo oi shirizoke, warera no oyatachi wo ue; Mata moromoro no tami wo nayamashite, warera no oyatachi wo habikorase tamaiki.

3 Karera wa onoga tsurugi ni yorite kuni wo eshi ni

arazu, Onoga kaina ni yorite kachi wo eshi ni arazu: Tada nanji no migi no te, nanji no kaina, nanji no mi kao no hikari ni yoreri; Nanji karera wo megumi tamaitareba nari.

4 Kami yo, nanji wa waga Ō nari: Negawaku wa, Yakobu no tame ni sukui wo hodokoshi tamae.

5 Warera wa nanji ni yorite teki wo taoshi; Mata warera ni sakaraite okori tatsu mono wo nanji no mi na ni yorite fumi osaubeshi.

6 Sowa ware waga yumi ni yori tanomazu, Waga tsurugi mo mata ware wo sukuu koto atawazareba nari.

7 Nanji warera wo teki yori sukui, Mata warera wo nikumu mono wo hazukashime tamaeri.

8 Warera wa hinemosu Kami ni yorite hokori, Warera wa tokoshie ni nanji no mi na ni kansha sen. [Sera

9 Shikaru ni ima wa warera wo sutete, haji wo owase tamaeri; Warera no ikusabito to tomo ni ide yuki tamawazu.

10 Warera wo teki no mae yori shirizokashime tamaeri: Warera wo nikumu mono sono kokoromama ni warera wo kasume ubaeri.

11 Nanji warera wo shoku ni sonaeraruru hitsuji no gotoku ni atae, Kakute warera wo moromoro no kunibito no naka ni chirashi;

12 Uru tokoro naku shite nanji no tami wo uri, Sono atai ni yorite nanji no tomi wo mashi tamawazariki.

13 Nanji warera wo tonari ni soshirashime, Warera wo meguru mono ni anadorashime, azakerashime tamaeri.

14 Mata moromoro no kuni no naka ni warera wo kotokusa to nashi, Moromoro no tami no naka ni warera wo kashira furaruru mono to nashi tamaeri.

15 Waga hazukashime hinemosu waga mae ni ari, Waga kao no haji ware wo ōeri.

16 Kowa ware wo soshiri, ware wo nonoshiru mono no koe ni yori ware ni ata shi, Ware ni urami wo mukuyuru mono no yue ni yoru nari.

17 Korera no koto mina warera ni nozomi kitsuredo; warera nao nanji wo wasurezu, Nanji no keiyaku wo itsuwari mamorazariki.

18 Warera no kokoro shirizokazu, Warera no ayumi nanji no michi wo hanarezu;

19 Saredo nanji wa no-inu no sumika nite warera wo kizutsuke, Shi no kage wo mote warera wo ōi tamaeri.

20 Warera moshi onore no Kami no mi na wo wasure, Arui wa warera no te wo adashi kami ni nobeshi koto aran ni wa;

21 Kami wa kore wo tadashi tamawazaran ya? Kami wa kokoro no kakuretaru koto wo mo shiri tamau.

22 Warera wa hinemosu nanji no tame ni shi ni watasare; Hofuraren to suru hitsuji no gotoku seraretari.

23 Shu yo, same tamae, ika nareba neburi tamau ya? Oki tamae, warera wo tokoshie ni sute tamau nakare.

24 Ika nareba mi kao wo kakushite, Warera ga ukuru nayami to shietage to wo wasure tamau ya?

25 Warera no tamashii wa kagamite chiri ni fushi; Warera no hara wa tsuchi ni tsukitari.

26 Negawaku wa, okite warera wo tasuke tamae; Nanji no itsukushimi no yue wo mote warera wo aganai tamae.

## 45 HEN.

*Yuri no hana no shirabe ni awasete, Uta no Kami ni utawashimetaru, Kora no ko no Oshie no Uta. Ai no Uta.*

WAGA kokoro wa uruwashiki koto nite afuru: Ware wa Ō no tame ni yomitaru mono wo ii iden: Waga shita wa sumiyakeku mono kaku hito no fude nari.

2 Nanji wa hito no kora ni masarite uruwashiku; Miyabi sono kuchibiru ni sosogaru: Kono yue ni Kami wa tokoshie ni nanji wo saiwai shi tamaeri.

3 Masurao yo, nanji sono tsurugi, Sono sakae, sono i wo koshi ni obubeshi.

4 Nanji makoto to, nyūwa to, tadashiki to no tame ni I wo takumashiku shi, kachi wo ete nori susume: Nanji no migi no te nanji ni osorubeki koto wo oshien.

5 Nanji no ya wa toku shite; Ō no ata no mune wo tsuranuki; Moromoro no tami wa nanji no moto ni taoru.

6 Kami yo, nanji no mi kura wa iyatōnagaku; Nanji no kuni no tsue wa kōhei no tsue nari.

7 Nanji wa gi wo itsukushimi, aku wo nikumu: Kono yue ni Kami, nanji no Kami wa yorokobi no abura wo Nanji no tomo yori masarite nanji ni sosogi tamaeri.

8 Nanji no koromo wa mina motsuyaku, rokwai, nikkei no kaori ari; Ogoto no ne zōge no tonodono yori idete, nanji wo yorokobashimetari.

9 Nanji wa tōtoki onna no naka ni wa moromoro no ō no musume ari: Kisaki wa Ofuru no kogane wo kazarite nanji no migi ni tatsu.

10 Musume yo, kike, me wo sosoge, nanji no mimi wo katabukeyo; Nanji no tami to nanji ga chichi no ie to wo wasureyo;

11 Saraba ō wa nanji no uruwashiki wo shitawan: Ō wa nanji no Shu nari; kore wo fushi ogame.

12 Tsuro no musume wa okurimono wo mote kitari; Tami no naka no tomeru mono mo mata nanji no megumi wo koi motomen.

13 Ō no musume wa tono no uchi nite itodo sakae kagayaki; Sono koromo wa kogane wo mote ori naseri.

14 Kare wa nuimono seru koromo wo kite ō no moto ni izanawaru: Kore ni tomonaeru otome mo sono ato ni shitagaite, Nanji no moto ni michibikare yukan.

15 Karera wa yorokobi to tanoshimi to wo mote izanaware, Kaku shite ō no tono ni iran.

16 Nanji no kora wa oyatachi ni kawarite tachi, Nanji wa kore wo zenchi ni kimi to nasan.

17 Ware nanji no na wo yorozu yo ni shirashimen: Kono yue ni moromoro no tami wa iyatōnagaku nanji ni kansha subeshi.

## 46 PEN.

*Onna no koe no shirabe ni shitagaite, Uta no Kami ni utawashimetaru Kora no ko no Uta.*

KAMI wa warera no sakedokoro mata chikara nari, Nayameru toki no ito chikaki tasuke nari.

2 Sareba tatoi chi wa kawari, Yama wa umi no monaka ni utsuru to mo, warera wa osoreji;

3 Yoshi sono mizu wa nari todorokite sawagu to mo, Sono afure kitaru ni yorite yama wa yurugu to mo nani ka aran? [Sera

4 Kawa ari, sono nagare

wa Kami no miyako wo yorokobashime, Ito Takaki Mono no sumi tamau seijo wo yorokobashimu.

5 Kami sono naka ni imaseba, miyako wa ugokaji: Kami wa asa tsuto ni kore wo tasuke tamawan.

6 Moromoro no tami wa sawagi tachi, moromoro no kuni wa ugokitari: Kami sono koe wo idashi tamaeba, chi wa yagate tokenu.

7 Bangun no IEHOBA wa warera to tomo nari; Yakobu no Kami wa warera no takaki yagura nari. [Sera

8 Kitarite IEHOBA no mi waza wo miyo, IEHOBA wa ōku no osorubeki koto wo chi ni nashi tamaeri.

9 IEHOBA wa chi no hate made mo tadakai wo yameshime; Yumi wo ori, hoko wo tachi; Ikusaguruma wo hi nite yaki tamau.

10 Nanjira shizumarite ware no Kami taru wo shire: Ware wa moromoro no kuni no uchi ni agamerare, zenchi ni agamerarubeshi.

11 Bangun no IEHOBA wa warera to tomo nari; Yakobu no Kami wa warera no takaki yagura nari. [Sera

## 47 HEN.

*Uta no Kami ni utawashimetaru, Kora no ko no Uta.*

MOROMORO no tami yo, te wo uchi; Yorokobi no koe wo age, Kami ni mukaite sakebe.

2 Ito Takaki IEHOBA wa osorubeku, Mata chi wo amaneku shiroshimesu, ōi naru Ō nite mashimaseba nari.

3 IEHOBA wa moromoro no tami wo warera ni matsurowase, Moromoro no kuni wo warera no ashi no moto ni matsurowase tamau.

4 Mata sono itsukushimi tamau Yakobu ga homare to suru, Yuzuri wo warera no tame ni erabi tamawan. [Sera

5 Kami wa yorokobi sakebu koe to tomo ni nobori; IEHOBA wa rappa no koe to tomo ni nobori tamaeri.

6 Home utae, Kami wo home utae: Home utae, warera no Ō wo home utae.

7 Kami wa chi ni amaneku Ō nareba nari: Oshie no uta wo utaite homeyo.

8 Kami wa moromoro no kuni wo sube osame tamau: Kami wa sono kiyoki mi kura ni suwari tamau.

9 Moromoro no tami no kimitachi wa tsudoi kitarite, Aburahamu no Kami no tami to nareri: Chi no moromoro no tate wa Kami no mono nari; Kami wa ito tōtoshi.

## 48 PEN

*Kora no ko no Uta nari; Sambi nari.*

IEHOBA wa ōi nari, warera no Kami no miyako, sono kiyoki yama no ue nite, Itaku home tataerare tamōbeshi.

2 Shion no yama wa kita no hashi takaku shite uruwashiku, Yorokobi wo chi ni amaneku atau; Koko wa ōi naru Ō no miyako nari.

3 Sono moromoro no tono no uchi ni Kami wa onore wo takaki yagura to shite arawashi tamaeri.

4 Miyo, ōtachi wa tsudoi atsumarite, Tomo ni sugi yukinu.

5 Karera wa miyako wo mite ayashimi; Katsu osorete, tachimachi nogare sareri.

6 Ononoki wa karera ni nozomi; Sono kurushimi wa ko wo uman to suru onna no gotoshi.

7 Nanji wa kochikaze wo okoshite Tarushishi no fune wo yaburi tamau.

8 Saki ni warera ga kikishi gotoku, Ima warera wa bangun no IEHOBA no miyako, warera no Kami no miyako nite kore wo miru koto wo etari: Kami wa kono miyako wo tokoshie made kataku shi tamawan. [Sera

9 Kami yo, warera wa nanji no miya no uchi nite, Mi itsukushimi wo omoeri.

10 Kami yo, nanji no homare wa sono mi na no gotoku, Chi no hate ni made oyoberi: Nanji no migi no te wa tadashiki nite miteri.

11 Nanji no moromoro no sabaki ni yorite, Shion no yama wa yorokobi, Yuda no musumetachi wa tanoshimubeshi.

12 Shion no mawari wo ariki, amaneku megurite; Sono yagura wo kazoeyo.

13 Sono ishigaki ni me wo tomeyo, Sono moromoro no tono wo miyo; Nanjira kore wo nochi no yo ni katari tsutaen ga tame nari.

14 Sowa kono Kami wa iyatōnaga ni warera no Kami ni mashimashite, Warera wo shinuru made michibiki tamawan.

## 49 HEN.

*Uta no Kami ni utawashimetaru, Kora no ko no Uta.*

MOROMORO no tami yo kike; Iyashiki mo tōtoki mo, Tomeru mo mazushiki mo, Subete chi ni sumeru mono yo, nanjira tomo ni mimi wo sobadateyo.

3 Waga kuchi wa kashikoki koto wo katari; Waga kokoro wa satoki koto wo omowan.

4 Ware mimi wo tatoe ni katabuke, Koto wo narashite waga kasuka naru kotoba wo toki arawasan.

5 Waga kubisu ni chikakaru fugi no, ware wo uchi kakomu wazawai no hi mo, Ikade osoruru koto aran ya?

6 Onoga tomi wo tanomi, Takara ōki wo hokoru mono;

7 Tare hitori onoga harakara wo aganau koto atawazu, Kore ga tame ni aganaishiro wo Kami ni sasage;

8, 9 Kore wo tokoshie ni iki nagaraeshimete, Kuchizarashimuru koto atawazu. (Tamashii wo aganau ni wa tsuie ito ōku shite, Kono koto wo tokoshie ni sute okazaru wo ezareba nari.)

10 Sowa kashikoki mono mo shini, Oroka mono mo, shiremono mo hitoshiku horobite, Sono tomi wo adashibito ni nokosu koto wa tsune ni miru tokoro nari.

11 Karera hisoka ni omou, Waga ie wa tokoshie ni nokori, Waga sumai wa yoyo ni itaran to: Karera wa sono chi ni onoga na wo owasetari.

12 Saredo hito wa homare no naka ni nagaku todomarazu, Horobi usuru kemono no gotoshi.

13 Kaku no gotoki wa oroka naru mono no michi nari: Shika wa aredo, nochi no hito wa sono kotoba wo yoshi to sen. [Sera

14 Karera wa hitsuji no mure no gotoku ni Yomi no mono to sadameraru; Shi kore ga bokusha to naran: Naoki mono ashita ni karera wo osamen; Sono uruwashiki wa Yomi ni horobosarete, yadoru tokoro nakarubeshi.

15 Saredo Kami ware wo uke tamōbekereba, Waga tamashii wo aganaite Yomi no chikara yori manukareshime tamawan. [Sera

16 Hito no tomite sono ie no sakae kuwawaran toki, Nanji osoruru nakare.

17 Kare no shinuru toki wa nani hitotsu tazusae

yuku koto atawazu; Sono sakae wa kore ni shitagaite, kudaru koto wo sezareba nari.

18 Kakaru hito wa iki nagarōru hodo ni onoga tamashii wo shuku suru to mo, Mizukara wo atsuu suru ga yue ni hitobito nanji wo homuru to mo,

19 Nanji oyatachi no yo ni yukan; Karera wa taete hikari wo mizarubeshi.

20 Tōtoki naka ni arite, satorazaru hito wa, Horobi usuru kemono no gotoshi.

## 50 PEN.

*Asafu no Uta.*

ZENNO no Kami IEHOBA mikotonori shite, Hi no izuru tokoro yori hi no iru tokoro made, amaneku chi wo yobi tamaeri.

2 Kami wa uruwashiki no kiwami naru Shion yori, Hikari wo hanachi tamaeri.

3 Warera no Kami wa kitarite modashi tamawaji: Hi sono mi mae ni mono wo yaki tsukushi, Hayachi sono mawari ni fuki aren.

4 Kami wa sono tami wo sabakan tote ue naru ten, Oyobi chi wo yobi tamaeri:

5 Iwaku, Sonaemono wo mote ware to keiyaku wo tateshi, Waga seito wo waga moto ni atsumeyo to.

6 Moromoro no ten wa Kami no gi wo arawaseri; Kami wa mizukara sabakibito tareba nari. [Sera

7 Waga tami yo, kike, ware mono iwan; Isuraeru yo, kike, ware nanji ni mukaite akashi wo nasan: Ware wa Kami, nanji no Kami nari.

8 Waga nanji wo semuru wa sonaemono no yue ni arazu; Nanji no hansai wa tsune ni waga mae ni ari.

9 Ware wa nanji no ie yori o ushi wo torazu, Nanji no ori yori o yagi wo torazu.

10 Hayashi no moromoro no kemono, Yama no ue no Chiji no kedamono wa mina waga mono nari.

11 Ware wa yama no subete no tori wo shiru: No no takeki kemono wa mina waga mono nari.

12 Sekai to sono naka ni mitsuru mono to wa waga mono nareba, Tatoi ware uyuru to mo nanji ni tsugeji.

13 Ware ikade o ushi no niku wo kurai, O yagi no chi wo noman ya?

14 Kansha no sonaemono wo Kami ni sasageyo; Nanji no chikai wo Ito Takaki Mono ni tsukunoe:

15 Nayami no hi ni ware wo yobe; Ware nanji wo tasuken, shikashite nanji ware wo agamubeshi.

16 17 Shika wa aredo, Kami ashiki mono ni ii tamawaku, Nanji wa oshie wo nikumi, Waga kotoba wo sono ushiro ni sutsuru mono naru ni, Nani no kakawari arite waga okite wo nobe, Waga keiyaku wo kuçhi ni torishi ya?

18 Nanji nusubito wo mireba kore wo yoshi to shi, Taware wo okonau mono no katōdo to nareri.

19 Nanji sono kuchi wo aku ni watasu, Nanji no shita wa tabakari wo kumi naseri.

20 Nanji suwarite harakara wo soshiri; Onoga haha no ko wo shii nonoshireri.

21 Nanji korera no koto wo nashishi wo ware modashinureba; Nanji ware wo onore ni samo nitaru mono to omoeri: Saredo ware nanji wo imashimete sono tsumi wo nanji no mano atari ni tsuranubeshi.

22 Kami wo wasururu mono yo, ima kono koto wo omoe; Osoraku wa ware nanji wo kaki sakan toki tasukuru mono araji.

23 Kansha no sonaemono wo sasaguru mono wa ware wo agamu; Onore no okonai wo tsutsushimu mono ni wa, Ware Kami no sukui wo arawasan.

## 51 PEN.

*Dabide ga Bate-shiba ni kayoishi nochi, yogensha Natan no kitareru toki yomite, Uta no Kami niuta washimetaru Uta.*

AA Kami yo, negawaku wa, nanji no itsukushimi ni yorite, ware wo awaremi; Nanji no awaremi no ōki ni yorite, waga moromoro no toga wo keshi tamae.

2 Waga fugi wo kotogotoku arai sari, Ware wo waga tsumi yori kiyome tamae.

3 Ware wa waga toga wo shiru: Waga tsumi wa tsune ni waga mae ni ari.

4 Ware wa nanji ni mukaite, tada nanji ni tsumi wo okashi, Mi mae ni ashiki koto wo okonaeri: Sareba nanji mono iu toki wa tadashi to serare, Nanji sabaku toki wa togame nashi to serare tamau.

5 Miyo, ware yokoshima no naka ni umare; Tsumi ni

arite waga haha ware wo haramitariki.

6 Nanji makoto wo kokoro no uchi ni made nozomi; Waga kakuretaru tokoro ni chie wo shirashime tamawan.

7 Nanji hisopu wo mote ware wo kiyome tamae, saraba ware kiyomaran: Ware wo arai tamae, saraba ware yuki yori mo shirokaran.

8 Nanji ware ni yorokobi to tanoshimi to wo kikase; Nanji ga kudakishi hone wo yorokobase tamae.

9 Negawaku wa, mi kao wo waga subete no tsumi yori somuke, Waga subete no fugi wo keshi tamae.

10 Aa Kami yo, waga tame ni kiyoki kokoro wo tsukuri, Waga uchi ni naoki rei wo arata ni okoshi tamae.

11 Ware wo mi mae yori sute tamau nakare; Nanji no kiyoki mitama wo ware yori tori tamau nakare.

12 Nanji no sukui no yorokobi wo ware ni kaeshi; Jiyū no mitama wo ataete, ware wo tamochi tamae.

13 Saraba ware toga wo okaseru mono ni nanji no michi wo oshien; Tsumibito wa nanji ni kaeri kitarubeshi.

14 Kami yo, waga sukui no Kami yo, chi wo nagashishi tsumi yori ware wo tasuke idashi tamae: Waga shita wa koe takaraka ni nanji no gi wo utawan.

15 Shu yo, waga kuchibiru wo hiraki tamae; Saraba waga kuchi nanji no homare wo arawasan.

16 Nanji wa sonaemono wo konomi tamawazu, moshi shikarazuba ware kore wo sasagen: Nanji mata hansai wo mo yorokobi tamawazu.

17 Kami no motome tamau sonaemono wa kudaketaru tamashii nari: Kami yo, nanji wa kudaketaru, kuishi kokoro wo karoshime tamomaji.

18 Negawaku wa, mi kokoro ni shitagaite Shion ni saiwai shi; Ierusaremu no ishigaki wo kizuki tamae.

19 Sono toki nanji gi no sonaemono to, hansai to, mattaki hansai to wo yorokobi tamawan; Kakute hitobito nanji no saidan ni o ushi wo sasagubeshi.

## 52 HEN.

*Edomubito Doegu Sauru ni kitarite, Dabide wa Abimereku no ie ni kinu to*

*tsugeshi toki, Dabide ga yomite Uta no Kami ni utawashi metaru Oshie no Uta.*

TAKEKI mono yo, nanji ika nareba ashiki kuwadate wo mote mizukara hokoru ya? Kami no awaremi wa tsune ni taezaru nari.

2 Nanji no shita wa ashiki koto wo hakari; Toki kamisori no gotoku itsuwari wo okonau.

3 Nanji wa zen yori mo aku wo konomi; Tadashiki wo iu yori mo itsuwari wo iu wo konomu. [Sera

4 Tabakari no shita yo, Nanji wa subete no mono wo kui horobosu kotoba wo konomu.

5 Sareba Kami tokoshie made mo nanji wo kudake, Mata nanji wo toraete sono makuya yori nuki idashi, Ikeru mono no chi yori nanji no ne wo tayashi tamawan. [Sera

6 Tadashiki mono wa kore wo mite osore, Kare wo waraite iwan,

7 Kami wo onoga chikara to nasazu, Sono tomi no yutaka naru wo tanomi, Sono aku wo mote onore wo kataku sen to suru hito wo miyo to.

8 Shika wa aredo ware wa Kami no ie ni aru aoki kanran no ki no gotoshi; Ware wa iyatōnaga ni Kami no awaremi ni yori tanoman.

9 Nanji kono koto wo okonai tamaishi ni yorite, ware tokoshie ni nanji ni kansha shi; Nanji no seito no mae nite mina wo machi nozoman; kowayoroshiki ko to nareba nari.

## 53 PEN.

*Maharatsu (gakki no na, aruiwa iu shirabe no na) ni awasete, Uta no Kami ni utawashimetaru, Dabide no Oshie no Uta.*

OROKA naru mono wa kokoro no uchi ni, Kami nashi to ieri. Karera wa kusaretari, karera wa nikumubeki fugi wo okonaeri; Zen wo okonau mono nashi.

2 Kami wa ten yori hito no ko wo nozomite, Satoru mono to, Kami wo tazunuru mono to ari ya nashi ya wo mi tamaishi ni;

3 Mina shirizokite, kotogotoku kegaretari; Zen wo nasu mono nashi, hitori dani nashi.

4 Fugi wo okonau mono wa satori naki ka? Karera

wa mono kuu gotoku waga tami wo kurai, Mata Kami wo yobau koto wo sezaru nari.

5 Karera wa osorubeki koto no naki toki ni, ōi ni osoretari: Kami wa nanji ni mukaite ei wo tsuranuru mono no hone wo chirashi tamaeba nari; Kami karera wo sute tamaishi ni yorite, nanji karera wo hazukashimetari.

6 Negawaku wa, Shion yori Isuraeru no sukui no iden koto wo! Kami sono tami no torawaretaru wo kaeshi tamau toki, Yakobu wa yorokobi, Isuraeru wa tanoshiman.

## 54 HEN.

*Jifubito no Sauru ni kitarite, Dabide wa warera no tokoro ni kakure oru ni arazu ya to iitarishi toki, Dabide Uta no Kami ni koto nite utawashimetaru Oshie no Uta.*

KAMI yo, negawaku wa, nanji no mi na ni yorite ware wo sukui; Nanji no chikara wo mote ware wo sabaki tamae.

2 Kami yo, waga inori wo kiki tamae: Waga kuchi no kotoba ni mimi wo katabuke tamae;

3 Sowa adashibito wa ware ni sakaraite okori tachi, Araburu hito wa waga tamashii wo motomuru nari: Karera wa Kami wo onoga mae ni okazariki. [Sera

4 Miyo, Kami wa ware wo tasukuru mono nari: Shu wa waga tamashii wo tamotsu mono to tomo ni imaseri.

5 Shu wa waga ata ni sono ashiki koto no mukui wo nashi tamawan: Negawaku wa, nanji no makoto ni yorite karera wo horoboshi tamae.

6 Ware yorokobite sonaemono wo nanji ni sasagen: IEHOBA yo, ware nanji no mi na ni mukaite kansha sen; kowa yoroshiki koto nareba nari.

7 Sowa IEHOBA wa subete no nayami yori ware wo sukui tamaeri; Waga me wa waga ata ni tsukite no negai wo mitari.

## 55 HEN.

*Dabide Uta no Kami ni koto nite utawashimetaru, Oshie no Uta.*

KAMI yo, negawaku wa, mimi wo waga inori

ni katabuke tamae; Waga negai wo sakete mi wo kakushi tamau nakare.

2 Ware ni mi kokoro wo tome, ware ni kotae tamae: Ware nageki ni yorite yasukarazu, kanashimi umeku nari;

3 Kore ata no koe to, Ashiki mono no sihetage to no yue nari; Sowa karera fugi wo ware ni owase, Ikidōrite ware ni oi semaru nari.

4 Waga kokoro waga uchi ni urei itami; Shi no moromoro no osore waga ue ni ochitari.

5 Osore to ononoki to ware ni nozomi, Hanahadashiki osore ware wo ōeri.

6 Ware iu, Negawaku wa, hato no gotoku tsubasa no aran koto wo! Saraba ware tobi sarite yasuki wo en.

7 Miyo, ware haruka ni nogare sarite, No ni suman. [Sera

8 Ware sumiyaka ni nogarete, Hayachi to tsumuji to to wo hanaren.

9 Ware miyako no uchi ni arabi to arasoi to wo mitari: Shu yo, negawaku wa, karera wo horoboshi tamae, karera no shita wo wakareshime tamae.

10 Karera wa hiru mo yorumo ishigaki no ue wo arukite machi wo meguru: Machi no uchi ni wa yokoshima to ashiki kuwadate to ari.

11 Mata ashiki koto machi no uchi ni ari: Shietage to azamuki to wa sono chimata wo hanaruru koto nashi.

12 Ware wo soshireru mono wa ata tarishi mono ni arazu; Moshi shikarishi naraba, nao shinobareshi narubeshi: Ware ni mukaite onore wo takaku seshi mono wa ware wo uramitarishi mono ni arazu; Moshi shikarishi naraba, mi wo kakushite kare wo sakeshi narubeshi:

13 Saredo kore nanji nari, ware to onajiki mono, Waga tomo, ware to shitashiki mono nari.

14 Warera tagai ni shitashiki katarai wo nashi, Mata tsudoi no naka ni arite, tomo ni Kami no ie ni noboritariki.

15 Shi wa yukuri naku karera ni nozomi, Sono ikeru mama nite Yomi ni kudaran koto wo: Sowa ashiki koto sono sumika ni ari, sono naka ni areba nari.

16 Saredo ware wa tada Kami wo yoban; IEHOBA ware wo sukui tamōbeshi.

17 Yūbe ni, ashita ni, hiru ni, ware nageki katsu kanashimi umekan: IEHOBA waga koe wo kiki tamōbeshi.

18 IEHOBA wa ware wo semuru tadakai yori waga tamashii wo aganai idashite, yasuki wo eshime tamaeri: Sowa ware wo semuru mono ōkarikereba nari.

19 Mukashi yori imasu mono naru Kami wa Waga koe wo kikite karera wo nayame tamōbeshi. [Sera Karera ni wa kawaru koto naku, Kami wo osoruru koto nashi.

20 Kano hito wa onore to mutsumi orishi mono ni te wo nobete; Sono keiyaku wo kegashitari.

21 Sono kuchi wa nameraka ni shite, chichi no abura no gotoku naredomo, Sono kokoro wa tadakai nari: Sono kotoba wa abura ni masarite yawaraka naredomo, Nukitaru tsurugi ni kotonarazu.

22 Nanji no ni wo IEHOBA ni yudaneyo, saraba nanji wo sasae tamawan: Tadashiki hito no ugokasaruru koto wo tsune ni yurushi tamōmaji.

23 Kakute Kami yo, nanji wa karera wo horobi no ana ni otoshi ire tamawan: Chi wo nagasu mono to, tabakari ōki mono to wa ikite onoga hi no nakaba ni mo itarazarubeshi; Shika wa aredo ware wa nanji ni yori tanoman.

## 56 PEN.

*Dabide ga Gate nite Perishitebito ni toraerareshi toki yomite, Tōki tokoro ni oru ne wo tatenu hato no shirabe ni awasete, Uta no Kami ni utawashimetaru Mikutamu no Uta.*

AA Kami yo, negawaku wa, ware wo awaremi tamae; hito ikimakite ware wo noman to shi: Hinemosu tadakaite ware wo shietagu.

2 Waga ata hinemosu ikimakite ware wo noman to su: Hokori takaburite ware to tadakau mono ōshi.

3 Ware osoruru toki wa Nanji ni yori tanoman.

4 Ware Kami ni yorite sono mi kotoba wo home matsuran: Ware Kami ni yori tanomitareba osoruru koto araji; Nikutai ware ni nani wo nashi en ya?

5 Karera wa hinemosu waga kotoba wo maguru nari: Sono omoi wa kotogotoku ware ni wazawai wo nasu.

6 Karera wa mure tsudoite mi wo hisome, Waga ayumi ni me wo tomete, Waga tamashii wo ukagai motomu.

7 Karera wa fugi wo mote nogaren to omoeri: Kami yo, negawaku wa, ikidōrite moromoro no tami wo taoshi tamae.

8 Nanji waga amata tabi no sasurai wo kazoe tamaeri. Nanji no kawabukuro ni waga namida wo takuwae tamae; Kowa mina nanji no fumi ni shirushi aru ni arazu ya?

9 Waga yobi motomuru hi ni wa waga ata shirizokan: Ware Kami no ware wo mamori tamau koto wo shiru.

10 Ware Kami ni yorite sono mi kotoba wo home matsuran: Ware Iehoba ni yorite sono mi kotoba wo home matsuran.

11 Ware Kami ni yori tanomitareba osoruru koro araji; Hito wa ware ni nani wo nashi en ya?

12 Kami yo, waga nanji ni tateshi chikai wa ware wo matoeri: Ware kansha no sasagemono wo nanji ni sasagen.

13 Nanji waga tamashii wo shi yori sukui tamaeba nari: Nanji ware wo taosaji to waga ashi wo mamori, Inochi no hikari no uchi nite, Kami no mae ni ware wo ayumase tamaishi ni arazu ya?

## 57 HEN.

*Dabide ga hora ni irite, Sauru no te wo nogareshi toki yomite, Horobosu nakare to iu shirabe ni awasete, Uta no Kami ni utawashimetaru Mikutamu no Uta.*

WARE wo awaremi tamae, Kami yo, ware wo awaremi tamae; Waga tamashii wa nanji wo sakedokoro to su; Ware wazawai no sugi saru made wa Nanji no tsubasa no kage wo sakedokoro to sen.

2 Ware wa Ito Takaki Kami ni yobawan; Waga tame ni subete no koto wo nashi oe tamau Kami ni yobawan.

3 Kami wa tasuke wo ten yori okurite, Ware wo noman to suru mono no soshiru toki ni ware wo sukui tamawan; [Sera

Kami wa sono awaremi, sono makoto wo okuri tamawan.

4 Waga tamashii wa mure iru shishi no naka ni ari; Hi no gotoku moyuru mono, Sono ha wa hoko no gotoku,

ya no gotoku, Sono shita wa toki tsurugi no gotoki, hito no ko no naka ni ware fushinu.

5 Kami yo, negawaku wa, mizukara wo ten yori mo takaku shi; Mi sakae wo zenchi no ue ni age tamae.

6 Karera wa waga ashi wo toraen tote ami wo mōku; Waga tamashii wa unataru: Karera wa waga mae ni ana wo horitari; Shikashite mizukara sono naka ni ochi ireri. [Sera

7 Waga kokoro sadamari, ri, Kami yo, waga kokoro sadamareri: Ware utai matsuran, tatae matsuran.

8 Waga sakae yo, sameyo; sō yo, koto yo, sameyo: Ware shinonome wo yobi samasan.

9 Shu yo, ware moromoro no tami no naka nite nanji ni kansha shi; Moromoro no kuni no naka nite nanji wo home utawan.

10 Sowa nanji no awaremi wa ōi ni shite ame ni made itari; Nanji no makoto wa kumo ni made itaru.

11 Kami yo, negawaku wa, mizukara wo ten yori mo takaku shi; Mi sakae wo amaneku chi no ue ni age tamae.

## 58 HEN.

*Dabide ga yomite, Horobosu nakare to iu shirabe ni awasete, Uta no Kami ni utawashimetaru Mikutamu no Uta.*

NANJIRA modashi ite gi wo nobe uru ka? Hito no ko yo, nanjira naoki sabaki wo okonau ya?

2 Ina, nanjira wa kokoro no uchi ni ashiki koto wo okonai; Sono te no arabi wo kono chi ni hakari idasu nari.

3 Ashiki mono wa tai wo hanaruru yori somuki tōzakari; Umare izuru yori mayoite itsuwari wo iu.

4/5 Karera no doku wa hebi no doku no gotoshi: Karera wa majiwaza wo okonau mono no ito takumi ni majinau; Sono koe wo dani kikazaru Mimi fusagu mimishii no mamushi no gotoshi.

6 Kami yo, karera no kuchi no ha wo ori tamae: IEHOBA yo, wakaki shishi no kiba wo nuki kudaki tamae.

7 Negawaku wa, karera wo nagare yuku mizu no gotoku ni kie useshime; Sono ya wo hanatsu toki wa oraretaru gotoku nashi tamawan koto wo.

8 Mata tokete kie yuku katatsuburi no gotoku; Onna no toki narazu umitaru, hi wo minu ko no gotoku narashime tamae.

9 Nanjira no kama imada ibara no hi wo ukezaru saki ni, Aoki wo mo, moetaru wo mo tomo ni tsumuji nite fuki sari tamawan.

10 Tadashiki mono wa karera ga ata kaesaruru wo mite yorokobi; Sono ashi wo ashiki mono no chi no naka nite arawan.

11 Kakute hito wa iubeshi, Ge ni tadashiki mono ni mukui ari, Ge ni sabaki wo hodokoshi tamau Kami wa mashimasu nari to.

## 59 HEN.

*Sauru Dabide wo korosan to shi, hito wo okurite sono ie wo ukagawashimeshi toki, Dabide ga yomite Horobosu nakare to iu shirabe ni awasete, Uta no Kami ni utawashimetaru Mikutamu no Uta.*

WAGA Kami yo, negawaku wa, ware wo waga ata yori tasuke idashi; Ware wo takaki ni okite, ware ni sakarai okori tatsu mono yori manukareshime tamae.

2 Yokoshima wo okonau mono yori ware wo tasuke idashi, Chi wo nagasu hito yori ware wo sukui tamae.

3 Miyo, karera wa hisomi kakurete, waga tamashii wo ukagai; Takeki mono mure tsudoite, ware wo semu: Iehoba yo, kowa ware ni toga aru ni arazu, ware ni tsumi aru ni arazu.

4 Karera hashiri mawarite, ayamachi naki ni ware wo sokonawan tote sonae wo nasu: Negawaku wa, ware wo tasukuru tame ni me wo samashite mi tamae.

5 Nanji Iehoba bangun no Kami, Isuraeru no Kami yo, Negawaku wa, me wo samashite moromoro no kuni ni nozomi tamae: Ashiki tsumibito ni awaremi wo kuwae tamau nakare. [Sera

6 Karera wa yūbe ni kaeri kitari, inu no gotoku hoete, Machi wo he ariku.

7 Miyo, karera wa kuchi yori aku wo haku; Sono kuchibiru ni tsurugi ari: Karera omoeraku, tare arite kono koto wo kikan ya to.

8 Saredo Iehoba yo, nanji wa karera wo warai; Moromoro no kuni wo azawarai tamawan.

9 Waga chikara yo, ware nanji wo machi nozoman:

Kami wa waga takaki yagura nari.

10 Awaremi wo tamau Kami wa ware wo mukae tamawan: Kami wa waga ata ni tsukite no negai wo ware ni misase tamawan.

11 Negawaku wa karera wo koroshi tamau nakare, waga tami tsui ni wasure ya wa sen: Shu warera no tate yo, Mi chikara wo mote karera wo chirashi mata otoshi tamae.

12 Karera ga kuchibiru no kotoba wa sono kuchi no tsumi nari, Karera wa noroi to itsuwari to wo ii izuru ni yorite, Sono takaburi no tame ni toraerareshime tamae.

13 Ikidōri wo mote karera wo horoboshi tamae, futa tabi nagarōru koto naki made ni karera wo horoboshi tamae: Yakobu no naka ni Kami imashite, sube osame tamau koto wo karera ni shirashimete, Chi no hate ni made oyoboshi tamae.

[Sera

14 Karera wa yūbe ni kaeri kitari, inu no gotoku hoete, Machi wo he arikubeshi.

15 Karera wa yukiki shite kuimono wo asari; Moshi aku koto nakuba yomosugara todomareri.

16 Saredo ware wa nanji no chikara wo utai; Ashita ni koe wo agete, nanji no awaremi wo utai matsuran: Nanji waga semari kurushimitaru hi ni takaki yagura to nari, Waga sakedokoro to nari, tamaitareba nari.

17 Waga chikara yo, ware nanji ni mukaite tataegoto wo utai matsuran: Kami wa waga takaki yagura, ware ni awaremi wo tamau Kami nareba nari.

## 60 PEN.

*Dabide Naharaimu no Aramu, oyobi Zoba no Aramu to tatakai orishi ga, Yoabu kaeri yuki, Shio no Tani nite Edomubito ichi man ni sen wo koroshishi toki, oshie wo nasan tote, Dabide ga yomite Akashi no yuri to iu shirabe ni awasete, Uta no Kami ni utawashimetaru Mikutamu no Uta.*

KAMI yo, nanji warera wo sute, warera wo chirashi tamaeri: Nanji wa ikidōri tamaeri; negawaku wa, futa tabi warera wo kaeshi tamae.

2 Nanji kuni wo furuwasete; kore wo saki tamaeri: Negawaku wa, sono ōku no

suki wo oginai tamae; sowa kuni yuri ugoku nari.

3 Nanji wa sono tami ni tae gataki koto wo shimeshi, Hito wo yoromekasuru sake wo warera ni nomashime tamaeri.

4 Nanji makoto no tame ni ageshimen tote, Nanji wo osoruru mono ni hitotsu no hata wo atae tamaeri. [Sera

5 Negawaku wa, migi no mi te wo mote sukui wo hodokoshi, Warera ni kotae wo nashite, itsukushimi tamau mono ni tasuke wo eshime tamae.

6 Kami wa sono kiyoki wo mote ii tamaeri; ware itaku yorokoban: Ware Shikemu wo wakachi, Sukote no tani wo hakaran.

7 Gireade wa waga mono, Manase wa waga mono nari: Efuraimu mo mata waga kōbe no mamori nari; Yuda wa waga tsue.

8 Moabu wa waga ashidarai nari; Edomu ni wa waga kutsu wo nagen: Perishite yo, waga yue ni yorite koe wo ageyo to.

9 Tare ka ware wo kengo naru machi ni susumashimen ya? Tare ka ware wo michibikite Edomu ni yukitaru ka?

10 Kami yo, nanji wa warera wo sute tamaishi ni arazu ya? Kami yo, nanji wa warera no ikusa to tomo ni ide yuki tamawazu.

11 Negawaku wa, tasuke wo ware ni ataete, ata ni mukawashime tamae: Hito no tasuke wa munashikereba nari.

12 Warera wa Kami ni yorite isamashiku hatarakan: Warera no teki wo fumi 'tamau mono wa Kami nareba nari.

## 61 PEN.

*Koto ni awasete Uta no Kami ni utawashimetaru Dabide no Uta.*

AA Kami yo, negawaku wa, waga naku koe wo kiki tamae; Waga inori ni mi kokoro wo tome tamae.

2 Waga kokoro kuzuoruru toki, chi no hate yori nanji wo yoban: Nanji ware wo michibikite waga oyobi gataki hodo no takaki iwa ni noborase tamae.

3 Nanji wa waga sakedokoro, Ware wo ata yori nogareshimuru, kengo naru yagura nareba nari.

4 Ware tokoshie ni nanji no agebari ni sumawan:

Ware nanji no tsubasa no shita ni nogaren. [Sera

5 Kami yo, nanji wa waga moromoro no chikai wo kiki; Mi na wo osoruru mono ni tamau yuzuri wo ware ni atae tamaeri.

6 Nanji wa ō no inochi wo nobashi; Sono toshi wo iku yo ni mo itarase tamawan.

7 Ō wa tokoshie ni Kami no mi mae ni todomaran: Negawaku wa, itsukushimi to makoto to wo sonaete, kare wo mamori tamae.

8 Saraba ware tokoshie ni mi na wo home utaite, Hi goto ni waga moromoro no chikai wo tsukunoi hatasan.

## 62 HEN.

*Iedoton no sama ni shitagaite. Uta no Kami ni utawashimetaru Dabide no Uta.*

WAGA tamashii wa modashite, tada Kami wo matsu: Waga sukui wa Kami yori izuru nari.

2 Kami koso wa waga iwa, waga sukui nare: Mata waga takaki yagura ni shi areba; ware itaku wa ugokasareji.

3 Nanjira wa izure no toki made hito ni oshi semaru ya? Nanjira ai tomo ni katabukeru ishigaki no gotoku, yurugi ugokeru kaki no gotoku ni, Hito wo taosan to suru ka?

4 Karera wa hito wo tōtoki kurai yori otosan to nomi hakari; Itsuwari wo yorokobi, mata sono kuchi nite wa iwai, Sono kokoro nite wa norou. [Sera

5 Waga tamashii yo, modashite tada Kami wo mate: Sowa waga nozomi wa Kami yori izu.

6 Kami koso wa waga iwa, waga sukui nare; Mata waga takaki yagura ni shi areba; ware wa ugokasareji.

7 Waga sukui to waga sakae to wa Kami ni ari: Waga chikara no iwa, waga sakedokoro wa Kami ni ari.

8 Tami yo, ika naru toki ni mo Kami ni yori tanome; Sono mi mae ni nanjira no kokoro wo sosogi idase: Kami wa warera no sakedokoro nari. [Sera

9 Ge ni hikuki hito wa munashiku, takaki hito wa itsuwari nari: Subete karera wo hakari ni okaba, ue ni agarite; Munashiki mono yori mo karuki nari.

10 Shietage wo mote tanomi to suru nakare, Kasume ubau wo mote hokoru nakare: Tomi no mashi

kuwawaru toki wa kore ni kokoro wo kakuru nakare.

11 Chikara wa kami ni ari, Kami hito tabi kore wo notamaeri: Ware futa tabi kore wo kikeri.

12 Aa Shu yo, awaremi mo mata nanji ni ari: Nanji wa hito ono-ono no waza ni shitagaite, mukui wo nashi tamaeba nari.

## 63 PEN.

*Yuda no no ni arishi toki ni yomeru Dabide no Uta.*

AA Kami yo, nanji wa waga Kami nari; ware sechi ni nanji wo tazune motomu: Mizu naki, kawaki otoroetaru chi ni aru gotoku, Waga tamashii wa kawakite nanji wo nozomi, waga nikutai wa nanji wo koi shitau.

2 Saki ni mo ware kaku no gotoku, mi chikara to mi sakae to wo min koto wo negai, Seijo ni arite me wo nanji yori hanareshimezariki.

3 Nanji no itsukushimi wa inochi ni mo masareru yue ni; Waga kuchibiru wa nanji wo home matsuran.

4 Kaku ware wa waga ikuru aida nanji wo iwai; Mi na ni yorite waga te wo agen.

5 6 Ware toko ni arite nanji wo omoi ide, Yo no fukuru mama ni nanji wo fukaku omowan toki, Waga tamashii wa zui to abura to nite motenasaruru gotoku aku koto wo e; Waga kuchi wa yorokobi no kuchibiru wo mote nanji wo home tataen.

7 Sowa nanji waga tasuke to nari tamaitareba, Ware nanji no tsubasa no kage ni irite yorokobi tanoshiman.

8 Waga tamashii wa nanji wo shitai ou: Migi no mi te wa ware wo sasōru nari.

9 Saredo waga tamashii wo horobosan tote, tazune motomuru mono wa Chi no fukaki tokoro ni yuki;

10 Mata tsurugi no ha ni watasare; No-inu no uru tokoro to narubeshi.

11 Shikaredomo ō wa Kami wo yorokoban: Kami ni yorite chikai wo tatsuru mono wa mina hokoru koto wo en; Itsuwari wo iu mono no kuchi wa fusagarubekereba nari.

## 64 HEN.

*Uta no Kami ni utawashimetaru Dabide no Uta.*

KAMI yo, waga nageku toki waga koe wo kiki tamae: Waga inochi wo

mamorite ata no osore yori manukareshime tamae.

2 Negawaku wa, nanji ware wo kakushite, aku wo nasu mono no hisoka naru hakarigoto yori manukareshime; Fugi wo okonau mono no kamabisushiki yori manukareshime tamae.

3 Karera wa tsurugi no gotoku onoga shita wo togi, Sono yumi wo hari, ya wo tsugaeru gotoku, nigaki kotoba wo hanachi;

4 Kakuretaru tokoro nite mattaki mono wo in to su: Niwaka ni kore wo ite osoruru koto nashi.

5 Mata tagai ni ashiki kuwadate wo hagemashi; Tomo ni hakarite hisoka ni wana wo mōku; Kakute iu, Tare ka warera wo min to.

6 Karera wa samazama no fugi wo tazune idashite iu, Warera wa nengoro ni tazune owareri to: Ono-ono no uchi no omoi to kokoro to wa fukashi.

7 Shika wa aredo Kami wa ya nite karera wo i tamōbeshi: Karera wa niwaka ni kizu wo uken.

8 Kakute karera no shita wa sono mi ni sakarau ga yue ni tsui ni karera wa tsumazukan: Kore wo miru mono mina nogare sarubeshi.

9 Moromoro no hito wa osoren; Shikashite Kami no mi waza wo nobe tsutae, Sono nashi tamaeru koto wo kangōbeshi.

10 Tadashiki mono wa Iehoba wo yorokobite, kore ni yori tanoman; Subete kokoro no naoki mono wa mina hokoru koto wo en.

## 65 HEN.

*Uta no Kami ni utawashimetaru Uta.*
*Dabide no Sambi nari.*

AA Kami yo, sambi wa Shion nite nanji wo matsu: Hito wa mi mae nite chikai wo hatasan.

2 Inori wo kiki tamau mono yo, Morobito kozorite nanji ni kitaran.

3 Fugi no kotoba ware ni kateri: Nanji warera no moromoro no toga wo kiyome tamawan.

4 Nanji ni erabare, nanji ni chikazukerarete, Ōniwa ni sumau mono wa saiwai nari: Warera wa nanji no ie, nanji no miya no kiyoki tokoro no Megumi nite aku koto wo en.

5 Warera ga sukui no Kami yo, Chi to, umi to no Moromoro no hate naru kiwamete tōki mono no

tanomi to suru, Nanji wa tadashiki ni yorite osorubeki koto wo mote warera ni kotae tamawan.

6 Kami wa tainō wo obi; Sono mi chikara ni yorite moromoro no yama wo kataku tatashime;

7 Umi no hibiki, ōnami no hibiki, Moromoro no tami no kashigamashiki wo shizume tamaeri.

8 Sareba hate ni sumeru hitobito mo nanji no kusagusa no shirushi wo mite osoru: Nanji ashita yūbe no izuru tokoro wo yorokobi utawashime tamau.

9 Nanji chi ni nozomite mizu sosogi, Ōi ni kore wo yutaka ni shi tamaeri; Kami no kawa ni mizu michitari: Nanji kaku sonae wo nashite tanatsumono wo karera ni atae tamaeri.

10 Nanji tamizo wo ōi ni uruoshi, Une wo taira ni shi, Murasame nite kore wo yawaraka ni shi; Sono moe izuru wo shuku shi;

11 Mata mi megumi wo mote toshi no kammuri to shi tamaeri: Nanji no michi ni wa abura shitatareri.

12 Sono shitatari wa no no maki wo uruoshi; Ko yama wa mina yorokobi ni kakomaru.

13 Maki wa mina hitsuji no mure wo ki; Moromoro no tani wa tanatsumono ni ōwaretari; Karera wa mina yorokobite yobawari mata utau.

## 66 HEN.

*Uta no Kami ni utawashimetaru Sambi nari, Uta nari.*

ZENCHI yo, Kami ni mukaite yorokobi yobaware.

2 Sono mi na no eikwō wo utae: Sono homare wo sakaeshimeyo.

3 Kami ni tsuge matsure, Nanji no moromoro no mi waza wa osorubeki kana! Ōi naru chikara ni yorite nanji no ata wa nanji ni osore shitagai;

4 Zenchi wa nanji wo ogamite utai, Mi na wo home utawan to. [Sera

5 Kitarite Kami no mi waza wo miyo; Hito no kora ni mukaite nashi tamau koto wa osorubeki kana!

6 Kami wa umi wo kaete kawakeru chi to nashi tamaeri: Hitobito kachi nite kawa wo watariki: Sono tokoro nite warera wa Kami wo yorokoberi.

7 Kami wa sono tainō wo mote tokoshie ni sube osame;

Sono mi me wa kuniguni wo mi tamau: Somuku mono mizukara wo agamubekarazu. [Sera

8 Moromoro no tami yo, warera no Kami wo home matsure, Kami wo home tatōru koe wo kikoeshimeyo.

9 Kami wa warera no tamashii wo nagaraeshime; Warera no ashi no ugokasaruru koto wo yurushi tamawazu.

10 Kami yo, nanji wa warera wo kokoromite; Shirokane wo neru gotoku ni, warera wo neri tamaitareba nari.

11 Nanji warera wo ami ni hiki ire; Warera no koshi ni ōmoki ni wo oki;

12 Hitobito wo warera no kōbe no ue ni nori koeshime tamaiki; Warera wa hi no naka, mizu no naka wo sugi yukeri; Saredo nanji sono naka yori warera wo hiki idashi, yutaka naru tokoro ni itarashime tamaeri.

13 14 Ware hansai wo mote nanji no ie ni yukan, Semari kurushimitaru toki ni waga kuchibiru no ii ide, Waga kuchi no nobeshi chikai wo Nanji ni tsugunowan.

15 Ware koetaru mono wo hansai to shi, O hitsuji wo kaori to shite nanji ni sasage, O ushi to o yagi to wo sonae matsuran. [Sera

16 Kami wo osoruru hito yo, mina, kitarite kike: Ware Kami no waga tamashii no tame ni nashi tamaeru koto wo noben.

17 Ware waga kuchi wo mote Kami ni yobawari, Mata shita wo mote agamu.

18 Shikaru ni waga kokoro ni shireru fugi araba, Shu wa ware ni kiki tamōmaji.

19 Saredo makoto ni Kami wa kiki tamaeri; Mi kokoro wo waga inori no koe ni tome tamaeri.

20 Kami wa homubeki kana! Waga inori to shirizokezu, sono awaremi wo ware yori tori nozoki tamawazariki.

## 67 HEN.

*Koto ni awasete, Uta no Kami ni utawashimetaru Uta nari, Sambi nari.*

NEGAWAKU wa, Kami warera wo awaremi, warera wo sakiwaite, Sono mi kao wo warera no ue ni terashi tamawan koto wo. [Sera

2 Kowa nanji no michi no amaneku chi ni shirare, Nanji no sukui no moromoro no kuni no uchi ni shiraren ga tame nari.

3 Kami yo, tamira wa nanji ni kansha shi; Moromoro no tami wa mina nanji wo home tataen.

4 Moromoro no kuni wa tanoshimi, mata yorokobi utōbeshi: Nanji wa naoki wo mote tamira wo sabaki, Chi no ue naru yorozu no kuni wo osame tamōbekereba nari. [Sera

5 Kami yo, tamira wa nanji ni kansha shi; Moromoro no tami wa mina nanji wo home tataen.

6 Chi wa nari-idemono wo idaseri: Kami, waga Kami wa warera wo sakiwai tamawan.

7 Kami, warera wo sakiwai tamōbeshi: Kakute chi no moromoro no hate kotogotoku Kami wo osoren.

## 68 HEN.

*Uta no Kami ni utawashimetaru Dabide no Uta nari, Sambi nari.*

NEGAWAKU wa, Kami oki tamae, sono ata wa kotogotoku chiri; Kami wo nikumu mono wa mi mae yori nige saran koto wo.

2 Keburi no oi yararuru gotoku karera wo oi yari tamae: Ashiki mono wa hi no mae ni rō no tokuru gotoku, Kami no mi mae nite horobubeshi.

3 Saredo tadashiki mono ni wa yorokobi ari; karera Kami no mi mae nite yorokobi odoran: Ge ni tanoshimite yorokoban.

4 Kami no mi mae ni utae, sono mi na wo home tataeyo: Norite no wo suguru mono no tame ni ōji wo kizuke; Kare no na wo YAWA to yobu; sono mae ni yorokobi odore.

5 Kiyoki sumai ni mashimasu Kami wa Minashigo no chichi, yamome no sabakibito nari.

6 Kami wa yorube naki mono wo yakara no uchi ni orashime; Meshyūdo wo tokite saiwai ni michibiki tamau: Saredo somuku mono wa uruoi naki chi ni sumeri.

7 Kami yo, nanji wa tami ni sakidachi idete, No wo susumi yuki tamaiki. [Sera

8 Sono toki chi furui, Ten Kami no mi mae ni moru: Shinai no yama sura Kami, Isuraeru no Kami no mi mae ni furui ugokeri.

9 Kami yo, nanji no yuzuri no chi no tsukare otoroetaru toki, Yutaka naru ame wo furasete, kore wo kataku shi tamaeri.

10 Saki ni nanji no kōkwai

wa sono naka ni todomareri; Kami yo, nanji wa megumi wo mote mazushiki mono no tame ni sonae wo nashi tamaiki.

11 Shu mi kotoba wo tamau: Sono otozure wo noburu onna wa ōku shite, mure wo naseri.

12 Moromoro no ikusa no ōtachi wa nige saru: Nige saritareba, ie naru onna wa sono emono wo wakatsu.

13 Nanjira hitsuji no ori no uchi ni fusu toki wa, Hato no tsubasa no shirokane ni ōware, Sono ke no kogane ni ōwaruru ga gotoshi.

14 Zennōsha kashiko nite ōtachi wo chirashi tamaeru toki wa, Zarumon no yama ni yuki furitaru ga gotoku nariki.

15 Bashan no yama wa Kami no yama nari; Bashan no yama wa mine kasanareru yama nari.

16 Mine kasanareru moromoro no yama yo, Nanjira ika nareba Kami no sumai ni erabi tamaeru yama wo netami miru ya? Sabare IEHOBA wa tokoshie ni kono yama ni sumi tamawan.

17 Kami no ikusaguruma wa yorozu ni yorozu wo kasane, chiji ni chiji wo kuwau: Shu sono naka ni imaseri, seijo ni imasu ga gotoku Shinai no yama ni imashishi ga gotoshi.

18 Nanji takaki tokoro ni nobori, toriko wo toriko ni shite hikii; Iyashiro wo hito no naka yori mo, Somuku mono no naka yori mo uke tamaeri; YAWA no Kami koko ni sumi tamawan ga tame nari.

19 Hi goto ni warera no ni wo oi tamau Shu, Warera no sukui no Kami wa homubeki kana! [Sera

20 Kami wa shibashiba warera wo tasuke tamaeru Kami nari; Shi yori nogareuru wa Shu IEHOBA ni yorū.

21 Kami wa sono ata no kōbe wo uchi yaburi tamawan; Toga no naka ni todomaru mono no kamige ōki itadaki wo uchi yaburi tamawan.

22 Shu ieraku, Ware Bashan yori karera wo tazusae kaeri, Umi no fukaki tokoro yori tazusae kaeran:

23 Kakute nanji no ashi wo sono ata no chi ni hitashi, Kore wo nanji no inu no shita ni nameshimen.

24 Kami yo, subete no hito wa nanji no susumi yuki tamau wo mitari, Waga Kami, waga Ō no seijo ni susumi yuki tamau wo mitari.

25 Tsuzumi utsu otome no naka ni arite utau mono wa mae ni yuki, Koto hiku mono wa ato ni shitagaeri.

26 Nanjira subete no tsudoi nite Kami wo homeyo, Isuraeru no minamoto yori izuru nanjira yo, Shu wo home matsure.

27 Kashiko ni karera wo suburu toshi wakaki Beniyamin ari, Yuda no kimitachi to sono tomogara to ari, Mata Zeburun no kimitachi, Nafutari no kimitachi ari.

28 Nanji no Kami wa nanji no chikara wo tate tamaeri: Kami yo, nanji warera no tame ni nashi tamaishi koto wo kataku shi tamae.

29 Ierusaremu naru nanji no miya no tame ni, Ōtachi nanji ni iyashiro wo sasagen.

30 Negawaku wa, ashi-ma no kemono, Muragareru o ushi ko ushi no gotoki moromoro no tami wo imashimete, Karera ni shirokane wo tazusae kitari, mizukara matsurou koto wo seshime tamae; Kami wa tadakai wo konomu moromoro no tami wo chirashi tamaeri.

31 Kimitachi wa Ejiputo yori kitari; Eteopia wa awatadashiku Kami ni mukaite te wo noben.

32 Chi no moromoro no kuni yo, Kami no mae ni utae; Shu wo home utae; [Sera

33 Inishie yori no ten no ten ni nori tamau mono ni mukaite utae; Miyo, Shu wa mi koe wo idashi tamau, ikioi aru mi koe wo idashi tamau.

34 Nanjira chikara wo Kami ni kiseyo: Sono miizu wa Isuraeru no ue ni todomari, Sono mi chikara wa kumo no naka ni ari.

35 Kami no osorubeki sama wa kiyoki tokoro yori arawaru: Isuraeru no Kami wa sono tami ni chikara to ikioi to wo atae tamau. Kami wa homubeki kana!

## 69 HEN.

*Yuri no hana ni awasete, Uta no Kami ni utawashimetaru Dabide no Uta.*

KAMI yo, negawaku wa, ware wo sukui tamae; Ōmizu nagare kitarite, waga tamashii ni made oyoberi.

2 Ware tachido naki fukaki hiji no naka ni shizumeri; Ware fukaki mizu ni ochi iru, ōmizu waga ue wo afure sugu.

3 Ware nageki ni yorite tsukaretari; waga nodo wa kawaki; Waga me wa waga

Kami wo machi wabite otoroenu.

4 Yue naku shite ware wo nikumu mono waga kashira no ke yori mo ōku; Iware naku shite waga ata to nari, ware wo horobosan to suru mono no ikioi tsuyoshi: Ware kasumezarishi mono wo mo tsugunowasaruru.

5 Kami yo, nanji wa waga oroka naru wo shiri tamau; Waga moromoro no tsumi wa nanji ni kakurezaru nari.

6 Bangun no IEHOBA Shu yo, negawaku wa, nanji wo, machi nozomu mono wo waga yue ni yorite hazukashimeraruru koto nakarashime tamae: Isuraeru no Kami yo, negawaku wa, nanji wo motomuru mono wo waga yue ni yorite haji wo owashimeraruru koto nakarashime tamae.

7 Ware wa nanji no tame ni soshiri wo oi; Haji wa waga kao wo ōitareba nari.

8 Ware waga harakara ni wa tabibito no gotoku, Waga haha no ko ni wa adashibito no gotoku nareri.

9 Sowa nanji no ie wo omou nesshin ware wo kurai; Nanji wo soshiru mono no soshiri ware ni oyoberi.

10 Ware namida wo nagashite, shoku wo tachi, waga tamashii wo nagekasureba; Kaerite kore ni yorite soshiri wo uku,

11 Ware aratae wo koromo to nashishi ni, Karera ga kotowaza to narinu.

12 Kado ni suwaru mono wa waga ue wo kataru; Ware wa ei shiretaru mono ni utai hayasaretari.

13 Shika wa aredo, IEHOBA yo, ware wa megumi no toki ni nanji ni inoru: Negawaku wa, Kami yo, nanji no remi no ōki ni yorite, Nanji no sukui no makoto wo mote awaware ni kotae tamae.

14 Negawaku wa, hiji no naka yori ware wo tasuke idashite, shizumazarashime tamae: Ware wo nikumu mono yori, fukaki mizu yori tasuke idashi tamae.

15 Ōmizu ware wo ōu koto naku, Fuchi ware wo nomu koto naku; Ana sono kuchi wo waga ue ni tozuru koto nakarashime tamae.

16 IEHOBA yo, negawaku wa, ware ni kotae tamae; nanji no itsukushimi uruwashikereba nari: Nanji no awaremi wa ōshi, ware ni kaeri kitari tamae.

17 Mi kao wo nanji no shimobe ni kakushi tamau nakare; Ware semari kuru-

shimeri; negawaku wa, sumiyaka ni ware ni kotae tamae.

18 Waga tamashii ni chikaku yorite, kore wo aganai; Waga ata no yue ni ware wo sukui tamae.

19 Nanji wa waga ukuru soshiri to, haji to, anadori to wo shiri tamaeri: Waga teki wa mina nanji no mi mae ni ari.

20 Soshiri waga kokoro wo kudakinureba; ware itaku wazuraeri: Ware awaremi wo atōru mono wo machitaredo, hitori dani naku; Nagusamuru mono wo machitaredo, hitori wo mo mizariki.

21 Karera wa nigaki kusa wo waga kuimono ni atae; Waga kawakeru toki ni su wo nomasetari.

22 Negawaku wa, karera no mae naru en wa ami to nari; Sono tanomu yasuki wa tsui ni wana to nare.

23 Sono me wo kuraku shite, mieshimezu; Sono koshi wo tsune ni furuwashime tamae.

24 Negawaku wa, nanji no ikidōri wo karera no ue ni sosogi, Nanji no ikari no hageshiki wo karera ni oi shikase tamae.

25 Karera no ie wo munashiku seyo; Sono makuya ni hito wo sumawasuru nakare.

26 Karera wa nanji ga uchi tamaitaru mono wo seme; Nanji ga kizutsuke tamaitaru mono no itami wo katari fuzureba nari.

27 Negawaku wa, karera no fugi ni fugi wo kuwaete, Nanji no gi ni azukarase tamau nakare.

28 Karera wo inochi no fumi yori keshite, Tadashiki mono to tomo ni shirusaruru koto nakarashime tamae.

29 Kakute ware wa kurushimi katsu urei ari: Kami yo, negawaku wa, nanji no sukui ware wo takaki tokoro ni okan koto wo.

30 Ware uta wo motè Kami no mi na wo home tatae; Kansha wo mote Kami wo agame matsuran.

31 Kowa o ushi mata wa tsuno to hizume to aru chikara tsuyoki o ushi ni masarite, Iehoba yorokobi tamawan.

32 Herikudaru mono wa kore wo mite yorokoberi: Kami wo shitau mono yo, nanjira no kokoro wa ikubeshi.

33 Iehoba wa tomoshiki mono no koe wo kiki, Sono torawarebito wo karoshime tamawazareba nari.

34 Ame tsuchi wa Iehoba

wo home, Ō umi to sono naka ni ugoku arayuru mono to wa IEHOBA wo home matsurubeshi.

35 Kami wa Shion wo sukui, Yuda no moromoro no machi wo tate tamōbekereba nari; Karera wa soko ni sumi, katsu kore wo onoga mono to sen.

36 Sono shimobe no sue mo mata kore wo tsugi; Sono mi na wo itsukushimu mono sono naka ni suman.

## 70 PEN.

*Uta no Kami ni utawashimetaru Dabide ga kinen no Uta.*

KAMI yo, negawaku wa, ware wo sukui tamae; IEHOBA yo, toku kitarite ware wo tasuke tamae.

2 Waga tamashii wo tazunuru mono no Haji awaten koto wo: Waga sokonawaruru wo yorokobu mono no Ushiro ni shirizokite, haji wo owan koto wo.

3 Aa miyo ya? Miyo ya to iu mono no Onoga haji ni yorite ushiro ni shirizokan koto wo.

4 Subete nanji wo tazune motomuru mono no nanji ni yorite tanoshimi yorokoban koto wo; Nanji no sukui wo shitau mono no tsune ni, Kami wa ōi naru kana to tonaen koto wo.

5 Ware wa kurushimi katsu tomoshi; Kami yo, isogite ware ni kitari tamae: Nanji wa waga tasuke, ware wo sukuu mono nari; IEHOBA yo, negawaku wa, tamerai tamau nakare.

## 71 PEN.

IEHOBA yo, ware nanji ni yori tanomu: Negawaku wa, izure no hi made mo haji ukuru koto nakarashime tamae.

2 Nanji no gi wo mote ware wo tasuke, ware wo manukareshime tamae: Nanji no mimi wo ware ni katabukete, ware wo sukui tamae.

3 Negawaku wa, nanji waga sumai no iwa to nari tamae, ware tsune ni sono tokoro ni yuku koto wo en: Nanji ware wo sukuwan tote mikotonori wo idashi tamaeri; Sowa nanji wa waga iwa, waga shiro nari.

4 Waga Kami yo, ashiki mono no te yori, Fugi zannin naru hito no te yori ware wo manukareshime tamae.

5 Shu IEHOBA yo, nanji wa waga nozomi nari: Waga osanaki yori no tanomi nari.

6 Ware tai wo hanaruru

yori nanji ni mamorare; Haha no hara ni arishi toki yori nanji ni megumaretari: Ware tsune ni nanji wo home tataen.

7 Ware ōku no hito ni ayashimaruru gotoki mono to nareri; Saredo nanji wa waga kengo naru sakedokoro nari.

8 Nanji no tataegoto to nanji no homare to wa, Hinemosu waga kuchi ni michin.

9 Waga toshi oinuru toki ware wo sute tamau nakare; Waga chikara otorōru toki ware wo hanare tamau nakare.

10 Waga ata wa waga koto wo agetsurai; Waga tamashii wo ukagau mono wa tagai ni hakarite iu,

11 Kami kare wo hanaretari: Kare wo tasukuru mono nashi; kare wo oite toraeyo to.

12 Kami yo, ware ni tōzakari tamau nakare; Waga Kami yo, toku kitarite ware wo tasuke tamae.

13 Waga tamashii no teki wa haji, katsu otoroe; Ware wo sokonawan to suru mono wa soshiri to haji to ni ōwareyo.

14 Saredo ware wa taezu nozomi wo idakite, Iya masumasu nanji wo home tataen.

15 Waga kuchi wa hinemosu nanji no gi to, Nanji no sukui to wo kataran; Ware sono kazu wo shirazareba nari.

16 Ware wa Shu IEHOBA no tainō no mi waza wo tazusae yukan: Ware wa tada nanji no gi nomi wo kataran.

17 Kami yo, nanji ware wo osanaki yori oshie tamaeri; Ware ima ni itaru made nanji no kusushiki mi waza wo nobe tsutaetari.

18 Kami yo, negawaku wa, ware oite kamige shiroku naru to mo, Waga nanji no chikara wo tsugi no yo ni nobe tsutae, Nanji no tainō wo yo ni umare izuru subete no mono ni nobe tsutōru made, ware wo hanare tamau nakare.

19 Kami yo, nanji no gi mo mata ito takashi; Nanji wa ōi naru koto wo nashi tamaeri: Kami yo, tare ka nanji ni hitoshiki mono aran ya?

20 Nanji warera wo ōku no omoki nayami ni awase tamaeri; Nanji futa tabi warera wo ikashi, Warera wo chi no fukaki tokoro yori age tamawan.

21 Negawaku wa, ware wo iyo-iyo ōi narashime, Kaeri

kitarite ware wo nagusame tamae.

22 Ware Kami yo, saraba ware sō wo mote nanji wo home, Nanji no makoto wo home tataen: Isuraeru no Seisha yo, Ware koto wo mote nanji wo home utawan.

23 Ware mi mae ni utau toki waga kuchibiru yorokobi; Nanji no aganai tamaeru waga tamashii ōi ni yorokoban.

24 Waga shita mo mata hinemosu nanji no gi wo kataran: Ware wo sokonawan to suru mono haji awatsureba nari.

## 72 HEN.

*Soromon no Uta.*

KAMI yo, negawaku wa, nanji no moromoro no sabaki wo ō ni atae, Nanji no gi wo ō no ko ni atae tamae.

2 Kare wa gi wo mote nanji no tami wo sabaki, Kōhei wo mote kurushimu mono wo sabakan.

3 Gi ni yorite yama to oka to wa Tami ni yasuki wo atōbeshi.

4 Kare wa tami no kurushimu mono no tame ni sabaki wo nashi, Tomoshiki mono no kora wo sukui, Shietaguru mono wo kudaki tamawan.

5 Karera wa hi to tsuki to no aran kagiri, Yoyo oshi nabete nanji wo osorubeshi.

6 Kare wa kari toreru maki ni furu ame no gotoku; Tsuchi wo uruosu murasame no gotoku nozoman.

7 Kare no yo ni tadashiki mono wa sakae; Heiwa wa tsuki no usuru made yutaka naran.

8 Mata sono matsurigoto wa umi yori umi ni itari, Kawa yori chi no hate ni oyobubeshi.

9 No ni oru mono wa sono mae ni kagami; Sono ata wa chiri wo namen.

10 Tarushishi oyobi shimajima no ōtachi wa mitsugi wo osame, Shiba to Seba no ōtachi wa iyashiro wo sasagen.

11 Moromoro no ō wa sono mae ni hirefushi; Moromoro no kuni wa kare ni tsukaen.

12 Kare wa tomoshiki mono wo sono sakebu toki ni sukui, Tasuke naki kurushimu mono wo tasuke;

13 Yowaki mono to tomoshiki mono to wo awaremi, Tomoshiki mono no tamashii wo sukui;

14 Karera no tamashii wo shietage to arabi to yor

aganai tamau; Sono chi wa mi mae ni tōtokarubeshi.

15 Karera wa nagarōbeshi: hito wa Shiba no kogane wo sasagete, Kare no tame ni tsune ni inori, Hinemosu kare wo iwawan.

16 Kuni no uchi tanatsu-mono yutaka ni shite; Sono mi wa Rebanon no gotoku, yama no itadaki ni soyogi; Machi no hitobito wa chi no kusa no gotoku sakayubeshi.

17 Kare no na wa tsune ni taezu; Kare no na wa hi no hisashiki gotoku ni tayuru koto nashi: Hito wa kare ni yorite saiwai wo en; Moromoro no kuni wa kare wo saiwai naru mono to tonaen.

18 Tada Isuraeru no Kami nomi kusushiki mi waza wo nashi tamaeri: Kami IEHOBA wa homubeki kana!

19 Sono eikwō no na wa yoyo ni homubeki kana! Zenchi wa sono eikwō nite mitsubeshi. Amen, Amen.

20 *Iessai no ko Dabide no inori wa owarinu.*

## 73 PEN.

*Asafu no Uta.*

KAMI wa Isuraeru ni mukai, Kokoro no kiyoki mono ni mukaite makoto ni megumi ari.

2 Shika wa aredo ware wa waga ashi tsumazuku bakari, Waga ayumi suberu bakari nite ariki.

3 Kowa ware ashiki mono no sakayuru wo mite, Sono hokoreru mono wo netamishi ni yoru.

4 Karera wa shinuru ni kurushimi naku; Sono chikara wa kaerite katashi.

5 Karera wa hito no gotoku urei ni orazu; Hito no gotoku nayami ni au koto nashi.

6 Kono yue ni takaburi wa kazari no gotoku sono kubi wo meguri; Arabi wa koromo no gotoku karera wo ōeri.

7 Karera koe futorite sono me tobi ide, Kokoro no negai ni masarite mono wo uru nari.

8 Mata azakeri wo nashi, aku wo mote shietage no kotoba wo idashi, Takaburite mono iu.

9 Sono kuchi wo ten ni oki, Sono shita wo chi ni amaneku yukashimu.

10 Kono yue ni kare no tami wa koko ni kaeri; Mizu no michitaru sakazuki wo shibori idashite.

11 Ieraku, Kami ikade shiri tamawan ya? Ito Takaki Mono ni satori aran ya to.

12 Miyo, karera wa ashiki mono naru ni; Tsune ni yasuraka ni shite, sono tomi mashi kuwawareri.

13 Makoto ni ware wa itazura ni kokoro wo kiyome, Tsumi wo okasazu shite te wo araitari:

14 Sowa ware hinemosu nayami ni ai, Asa goto ni seme wo ukeshi nari.

15 Ware moshi kakaru koto wo noben to iishi naraba; Ware nanji ga kora no yo wo ayamaraseshi naran.

16 Ware korera no kotowari wo shiran to shite, Omoi megurashishi ni waga me itaku itamitari.

17 Ware Kami no seijo ni yukite, Karera no iyahate wo fukaku omoeru made wa shikariki.

18 Makoto ni nanji wa karera wo nameraka naru tokoro ni oki; Karera wo horobi ni otoshi ire tamau.

19 Karera wa matataku hima ni yaburetaru kana! Karera wa osore wo mote kotogotoku horobitari.

20 Shu yo, nanji me wo samashite, karera ga zō wo karoshime tamawan toki wa, Yume mishi hito no me sametaru ga gotoshi.

21 Wage kokoro wa urei, Waga murato wa sasaretari:

22 Ware oroka ni shite satori nashi; Mi mae ni arite kemono ni hitoshikariki.

23 Saredo ware tsune ni nanji to tomo ni ari: Nanji waga migi no te wo tamochi tamaeri.

24 Nanji sono satoshi wo mote ware wo michibiki, Nochi mata ware wo ukete, sakae no uchi ni ire tamawan.

25 Nanji no hoka ni ware tare wo ka ten ni motan? Chi ni wa nanji no hoka ni waga shitau mono nashi.

26 Waga mi to waga kokoro to wa otorou: Saredo Kami wa waga kokoro no iwa, waga tokoshie no yuzuri nari.

27 Miyo, nanji ni tōki mono wa horobin: Nanji wo hanarete taware wo okonau mono wa mina nanji kore wo horoboshi tamaitari.

28 Kami ni chikazuki matsuru wa ware ni yoki koto nari: Ware wa Shu Iehoba wo sakedokoro to shite, Sono moromoro no mi waza wo nobe tsutaen.

## 74 HEN.

*Asafu no Oshie no Uta.*

KAMI yo, ika nareba nanji warera wo kagiri naku sute tamaishi ya? Ika

nareba nanji no maki no hitsuji ni mi ikari no keburi agareru ya?

2 Negawaku wa, mukashi nanji ga kai motome tamaeru kōkwai, Yuzuri no yakara to nasan tote aganai tamaeru mono wo omoi ide tamae; Mata nanji ga sumi tamau Shion no yama wo omoi ide tamae.

3 Tokoshie no horobi no ato ni mi ashi wo muke tamae; Ata wa seijo nite moromoro no ashiki waza wo okonaeri.

4 Nanji no teki wa nanji no tsudoi no naka ni hoe takebi; Onoga hata wo tatete shirushi to seri.

5 Karera wa hayashi no shigemi nite, Ono wo aguru hito no sama ni miyu,

6 Ima te-ono to tsuchi to wo mote, Seijo no naka naru eri kizameru mono wo kotogotoku kobochi otoseri.

7 Karera wa nanji no seijo ni hi wo kake; Mi na no sumika wo kegashite, chi ni otoshitari.

8 Karera kokoro no uchi ni iu, Warera kotogotoku kore wo kobochi arasan to: Kakute kuni no uchi naru Kami no moromoro no kwaidō wo yaki tsukuseri.

9 Warera no shirushi wa miezu; Yogensha mo ima wa nashi: Kakute ikuso no toki wo ka fubeki? warera no uchi ni shiru mono nashi.

10 Kami yo, teki wa ikuso no toki wo furu made soshiru ya? Ata wa nanji no mi na wo tokoshie ni kegasu naran ka?

11 Ika nareba nanji sono mi te, migi no mi te wo hiki tamau ya? Negawaku wa, mi te wo futokoro yori idashite, karera wo horoboshi tamae.

12 Kami wa inishie yori waga Ō nari, Sukui wo yo no naka ni okonai tamaeri.

13 Nanji sono chikara wo mote umi wo wakachi; Mizu no naka naru tatsu no kōbe wo kudaki;

14 Wani no kōbe wo uchi kudaki, No ni sumeru tami ni ataete shoku to nashi tamaeri.

15 Nanji wa izumi to nagare to wo hiraki; Mata moromoro no ōkawa wo karashi tamaeri.

16 Hiru wa nanji no mono, yoru mo mata nanji no mono nari: Nanji wa hikari to hi to wo sonae,

17 Amaneku chi no moromoro no sakai wo tate; Natsu to fuyu to wo tsukuri tamaeri.

18 Iehoba yo, ata wa

nanji wo soshiri, Oroka naru tami wa nanji no mi na wo kegaseri; kono koto wo omoi ide tamae.

19 Negawaku wa, nanji no hato no tamashii wo no no araki kemono ni watashi tamau nakare: Kurushimu mono no inochi wo tokoshie ni wasure tamau nakare.

20 Keiyaku wo kaerimi tamae: Chi no kuraki tokoro wa arabi no sumai nite michitareba nari.

21 Negawaku wa, shietageraruru mono wo haji shirizokashime tamau nakare: Nayameru mono to kurushimu mono to ni mi na wo home tataeshime tamae.

22 Kami yo, okite nanji no uttae wo agetsurai; Oroka naru mono no hinemosu nanji wo soshireru wo mi kokoro ni tome tamae.

23 Nanji no teki no koe wo wasure tamau nakare: Nanji ni sakaraite okori tatsu mono no kashigamashiki koe wa taezu agareri.

## 75 HEN.

*Horobosu nakare to iu shirabe ni awasete, Uta no Kami ni utawashimetaru Uta nari, Sambi nari.*

KAMI yo, warera nanji ni kansha su, Warera kansha su, nanji no mi na wa chikaku imaseba nari: Moromoro no hito wa nanji no kusushiki mi waza wo katari aeri.

2 Sadamaritaru toki itaraba, Ware naoki sabaki wo nasan.

3 Chi to subete no kore ni sumu mono to toke sarishi toki, Ware sono moromoro no hashira wo tatetari. [Sera

4 Ware hokoreru mono ni, Hokorika ni okonau nakare to ii; Ashiki mono ni, Tsuno wo aguru nakare to ieri.

5 Nanjira no tsuno wo takaku aguru nakare; Kubi wo kataku shite takaburi iu nakare.

6 Aguru koto wa higashi yori ni arazu, nishi yori ni arazu; Mata minami yori ni mo arazaru nari.

7 Tada Kami nomi sabakibito ni mashimaseba, Kore wo sage, kare wo age tamau.

8 IEHOBA no mi te ni sakazuki arite, sake awadateri; Sono naka ni mono majirite mitsu, Kami kore wo sosogi idaseri: Makoto ni sono ori wa chi no subete no ashiki mono shiborite nomubeshi.

9 Saredo ware wa Yakobu no Kami wo nobe tsutaen, Tokoshie ni home utawan.

10 Ware ashiki mono no subete no tsuno wo kiri hanatan; Tadashiki mono no tsuno wa agerarubeshi.

## 76 PEN.

*Koto ni awasete, Uta no Kami ni utawashimetaru Asafu no Uta nari, Sambi nari.*

KAMI wa Yuda ni shirare tamaeri: Sono mina wa Isuraeru ni ōi nari.

2 Mata Saremu no naka ni sono makuya ari, Sono mi sumai wa Shion ni ari.

3 Kashiko nite kare wa yumi no hiya wo ori; Tate to, tsurugi to, ikusa to wo yaburi tamaiki. [Sera

4 Nanji eikwō ari, kasume ubau yama yori mo tōtoshi.

5 Kokoro no tsuyoki mono wa kasumeraru, karera wa neburi ni shizumi; Isamashiki mono wa mina sono te wo mi ushinaeri.

6 Yakobu no Kami yo, nanji no shitta ni yorite, Ikusaguruma to uma to tomo ni fukaki neburi ni tsukeri.

7 Kami yo, nanji koso osorubeki mono nare: Hito tabi ikari tamau toki wa tare ka mi mae ni tachi en ya?

8/9 Nanji ten yori senkoku wo nori tamaeri; Chi no herikudaru mono wo mina sukuwan tote, Kami no sabaki ni tachi tamaeru toki, Chi wa osorete modashitari. [Sera

10 Ge ni hito no ikari wa nanji wo homubeshi: Ikari no amari wa nanji onore no obi to shi tamawan.

11 Nanji no Kami IEHOBA ni chikai wo tatete tsugunoe: Sono mawari naru subete no mono wa osorubeki IEHOBA ni iyashiro wo sasagubeshi.

12 IEHOBA wa moromoro no kimitachi no tamashii wo tachi tamawan: IEHOBA wa chi no ōtachi no osorubeki mono nari.

## 77 HEN.

*Iedoton no sama ni shitagaite, Uta no Kami ni utawashimetaru Asafu no Uta.*

WARE waga koe wo agete Kami ni yobawan; Ware koe wo Kami ni agenaba, sono mimi wo ware ni katabuke tamawan.

2 Waga nayami no hi ni ware Shu wo tazune matsureri: Yoru waga te wo nobete yurumuru koto nakariki; Waga tamashii wa nagusameraruru wo inamitari.

3 Ware Kami wo omoi idete uchi nayamu: Ware

omoi nagekite waga tamashii otoroenu. [Sera

4 Nanji wa waga me wo sasaete fusagashime tamawazu: Ware wa mono iu koto atawanu hodo ni nayamitari.

5 Ware mukashi no hi, Inishie no toshi wo omoeri.

6 Ware yoru waga uta wo omoi izu: Ware waga kokoro nite fukaku omoi; Waga tamashii wa nemokoro ni tazune motomu,

7 Shu wa tokoshie ni sute tamau ya? Futa tabi megumi wo tare tamawazaru ya?

8 Sono awaremi wa nokori naku, tokoshie ni sari, Sono chikai wa yoyo nagaku sutaretaru ya?

9 Kami wa on wo hodokosu koto wo wasure tamau ya? Ikari wo mote sono awaremi wo toji tamau ya? [Sera

10 Kakaru toki ni ware ieraku, Kowa tada waga yowaki ga yue nomi: Ide, Ito Takaki Mono no migi no mi te no moromoro no toshi wo omoi iden.

11 Ware YAMA no mi waza wo nobe tonaen; Ware inishie yori arishi nanji ga kusushiki mi waza wo omoi idasan.

12 Mata ware nanji no subete no mi waza wo omoi ide, Nanji no nashi tamaeru koto wo fukaku omowan.

13 Kami yo, nanji no michi wa ito kiyoshi: Kami no gotoku ōi naru kami wa tare zo ya?

14 Nanji wa kusushiki mi waza wo nashi tamaeru Kami nari: Moromoro no tami no aida ni sono mi chikara wo shimeshi,

15 Sono kaina wo mote Yakobu Yosefu no kora Nanji no tami wo aganai tamaeri. [Sera

16 Kami yo, ōmizu nanji wo mitari; Ōmizu nanji wo mite ononoki: Fuchi mo mata furueri.

17 Kumo wa mizu wo sosogi idashi; Sora wa hibiki wo idashi; Nanji no ya wa hashiri idetari.

18 Nanji no ikazuchi no koe wa hayachi no uchi ni ariki: Inazuma wa yo wo terashi; Chi wa furui ugokeri.

19 Nanji no ōji wa umi no naka ni ari, Nanji no michi wa ōmizu no naka ni ari, Nanji no mi ato wa tazune gatakariki.

20 Nanji sono tami wo Mōse to Aron to no te ni yorite, Hitsuji no mure no gotoku michibiki tamaeri.

## 78 HEN.

*Asafu no Oshie no Uta.*

WAGA tami yo, waga oshie wo kiki; Waga kuchi no kotoba ni nanjira no mimi wo katabukeyo.

2 Ware kuchi wo hirakite tatoe wo mōke; Inishie no kasuka naru kotoba wo katari iden:

3 Kore warera ga saki ni kikishi tokoro, shirishi tokoro, Mata warera ga oyatachi no katari tsutaeshi tokoro nari.

4 Warera kore wo sono kora ni kakusazu, IEHOBA no moromoro no homare to, chikara to, Sono nashi tamaeru kusushiki mi waza to wo kitaran to suru yo ni tsugen.

5 Sowa IEHOBA akashi wo Yakobu no uchi ni tate, Okite wo Isuraeru no uchi ni sadamete, Sono kora ni shirasubeki koto wo Warera no oyatachi ni ōse tamaitareba nari.

6 Kore kitaran to suru yo, nochi ni umaruru kora ga kore wo shiri; Mizukara okorite sono mata kora ni tsutae:

7 Karera wo shite Kami ni yori tanomi, Kami no mi waza wo wasurezu, Sono imashime wo mamorashimen tame nari.

8 Mata sono oyatachi no gotoku katakuna ni shite, Somuku mono no tagui to nari; Sono kokoro osamarazu, Sono tamashii Kami in mame narazaru tagui to narazaran tame nari.

9 Efuraimu no kora wa mononogu totonoe, yumi wo tazusaeshi ni, Tadakai no hi ni ushiro wo somuketari.

10 Karera Kami no chikai wo mamorazu, Sono okite wo fumu koto wo inami;

11 IEHOBA no nashi tamaeru koto to, Karera ni shimeshi tamaeru kusushiki mi waza to wo wasuretari.

12 Kami wa Ejiputo no kuni nite, Zoan no no nite, Tae naru koto wo karera no oyatachi no mae ni nashi tamaeri.

13 Sunawachi umi wo sakite karera wo sugishime, Mizu wo tsumite uzutakaku shi tamaeri.

14 Hiru wa kumo wo mote karera wo michibiki, Yoru wa yomosugara hi no hikari wo mote kore wo michibiki tamaeri.

15 Kami wa areno nite iwa wo saki, Ōi naru fuchi yori kumu ga gotoku ni karera ni nomashime;

16 Mata iwa yori nagare wo hikite, Kawa no gotaku ni mizu wo nagareshime tamaeri.

17 Shikaru ni karera nao taema naku tsumi wo okashite Kami ni sakarai, Areno nite Ito Takaki Mono ni somuki;

18 Mata onoga yoku no tame ni shoku wo motomete, Sono kokoro no uchi ni Kami wo kokoromitari.

19 Shika nomi narazu karera wa Kami ni sakaraite ieri; Kami wa areno nite en wo mōke tamau wo en ya?

20 Miyo, Kami iwa wo uchi tamaeba mizu hodobashiri ide, Nagare aburetari; Kate wo mo atae tamau wo en ya? Kami wa sono tami no tame ni niku wo sonae tamawan ya to.

21 Kono yue ni IEHOBA kore wo kikite ikidōri tamaiki: Hi wa Yakobu ni mukaite moe agari, Ikari wa Isuraeru ni mukaite tachi noboreri;

22 Kowa karera Kami wo shinzezu, Sono sukui ni tanomazarishi yue nari.

23 Saredo nao Kami wa ue naru kumo ni meijite, Ame no to wo hiraki;

24 Karera no ue ni mana wo furasete kurawashime, Ame no tanatsumono wo atae tamaeri.

25 Hito mina masurao no kate wo kuraeri: Kami wa karera ni kuimono wo okurite aki tarashime tamau.

26 Kami wa ten ni kochi wo fukase; Mi chikara mote minami no kaze wo michibiki tamaeri.

27 Kami wa karera no ue ni chiri no gotoku niku wo furase, Umi no isago no gotoku tsubasa aru tori wo furasete;

28 Sono ei no naka, Sono sumu tokoro no mawari ni otoshi tamaeri.

29 Kakute karera wa kuraite aki tarinu; Kami wa kore ni sono nozomishi mono wo atae tamaeri.

30 Karera ga imada sono yoku wo hanarezu, Kuimono no nao kuchi no uchi ni aru hodo ni,

31 Kami no ikari haya karera ni mukaite tachi nobori, Karera no uchi nite mottomo koetaru mono wo koroshi, Isuraeru no wakaki otoko wo uchi taoshi tamaeri.

32 Korera no koto arishikado, karera wa nao tsumi wo okashite, Sono kusushiki mi waza wo shinzezarishikaba,

33 Kami wa karera no hi wo munashiku sugusase, Sono toshi wo osore tsutsu sugusase tamaeri.

34 Kami karera wo koroshi tamaeru toki, karera Kami wo tazune; Kaeri kitarite nengoro ni Kami wo motometari.

35 Kakute Kami wa onore no iwa, Ito Takaki Kami wa Onore no aganainushi naru koto wo omoi idetari.

36 Shika wa aredo karera wa tada sono kuchi wo mote Kami ni hetsurai, Sono shita wo mote Kami ni itsuwari wo iitarishi nomi.

37 Sowa karera no kokoro wa Kami ni mukaite katakarazu, Sono keiyaku wo mamoru ni chūshin narazariki.

38 Saredo Kami wa awaremi ni michi tamaeba, karera no fugi wo yurushite horoboshi tamawazu: Shibashiba sono mi ikari wo utsushite, Kotogotoku wa ikidōri wo furi okoshi tamawazariki.

39 Mata kare ga tada niku ni shite sugi sareba, Futa tabi kaeri konu kaze naru wo omoi ide tamaeri.

40 Karera wa no nite Kami ni somuki, Areno nite Kami wo ureeshimeshi koto iku tabi zo ya?

41 Karera kaesugaesu Kami wo kokoromi, Isuraeru no Seisha wo hazukashimetari.

42 Karera wa Kami no mi te wo mo, Teki yori aganai tamaishi hi wo mo omoi idezariki.

43 Kami wa sono moromoro no shirushi wo Ejiputo ni arawashi, Sono kusushiki mi waza wo Zoan no no ni arawashi;

44 Karera no kawa wo chi ni kawarasete, Sono nagare wo nomi atawazarashime;

45 Mata hai no mure wo okurite, karera wo kuwashime; Kawazu wo okurite, karera wo horobosase tamaeri.

46 Kami wa karera no nari-idemono wo ōnemushi ni watashi; Karera no kinrō wo inago ni atae tamaeri.

47 Kami wa hyō wo mote karera no budō no ki wo karashi; Shimo wo mote karera no kuwa no ki wo karashi;

48 Sono kedamono wo hyō ni watashi, Sono mure wo moyuru inazuma ni watashi;

49 Karera no ue ni hageshiki ikari to, Ikidōri to, urami to, nayami to, Wazawai no tsukai no mure to wo nage idashi tamaeri.

50 Kami wa sono ikari wo

morasu michi wo mōke, Karera no tamashii wo shi yori manukareshimezu, Sono inochi wo eyami ni watashi;

51 Ejiputo nite subete no uigo wo uchi, Hamu no makuya nite karera no chikara no hajime wo uchi tamaeri:

52 Saredo onore no tami wo hitsuji no gotoku ni hiki idashi, Karera wo areno nite kedamono no mure no gotoku ni michibiki;

53 Karera wo tomonaite osore naku yasukekarashime tamaeri: Saredo umi wa karera no ata wo ōeri.

54 Kami wa sono seijo no sakai, Sono migi no te nite kai tamaeru kono yama ni karera wo tazusae tamaeri.

55 Mata karera no mae nite moromoro no kunibito wo omoi idashi, Hakarinawa wo mochii, sono chi wo wakachite yuzuri to nashi, Isuraeru no yakara wo karera no makuya ni sumawase tamaeri.

56 Shika wa aredo karera wa Ito Takaki Kami wo kokoromi, Kore ni somukite sono moromoro no akashi wo mamorazu;

57 Somuki shirizokite sono oyatachi no gotoku makoto wo ushinai; Kurueru yumi no gotoku hirugaerite sore yukeri.

58 Takaki tokoro wo mōkete Kami no ikidōri wo hiki, Kizameru zō nite Kami no netami wo okoshitari.

59 Kami kiki tamaite hanahadashiku ikari, Ōi ni Isuraeru wo nikumi tamaishikaba;

60 Hitobito no naka ni oki tamaishi makuya naru, Shiro no agebari wo sute sari;

61 Sono chikara wo toriko to narashime, Sono eikwō wo teki no te ni watashi;

62 Sono tami wo tsurugi ni atae, Sono yuzuri ni mukaite hanahadashiku ikari tamaeri.

63 Hi wa karera no wakaki otoko wo yaki tsukushi, Karera no otome wa sono kon-in no uta ni yorite homeraruru koto naku;

64 Karera no saishi wa tsurugi nite taore, Karera no yamome wa mo no nageki dani sezariki.

65 Kakaru toki ni Shu wa neburishi mono no sameshi gotoku, Masurao no sake ni yorite sakebu ga gotoku mesame tamaite;

66 Sono teki wo uchi shirizoke, Tokoshie no haji wo karera ni owase tamaeri.

67 Mata Yosefu no maku-

ya wo inami, Efuraimu no yakara wo erabazu;

68 Yuda no yakara, Sono itsukushimi tamau Shion no yama wo erabi tamaeri.

69 Sono seijo wo yama no gotoku, Tokoshie ni sadame tamaerù chi no gotoku ni tate tamaeri.

70 Mata sono shimobe Dabide wo erabite, Hitsuji no ori no naka yori tori;

71 Chi wo atōru me hitsuji ni shitagai yuku tsutome no uchi yori tazusae kitarite, Sono tami Yakobu, sono yuzuri Isuraeru wo yashinawase tamaeri.

72 Kakute Dabide wa sono kokoro no mattaki ni shitagaite karera wo yashinai; Sono te no takumi wo mote kore wo michibikeri.

## 79 HEN.

*Asafu no Uta.*

AA Kami yo, moromoro no kotokunibito wa nanji no yuzuri no chi wo okashi; Nanji no kiyoki miya wo kegashi; Ierusaremu wo kobochite ishizuka to nashi;

2 Nanji no shimobe no shikabane wo sora no tori ni ataete e to nashi, Nanji no seito no niku wo chi no kemono ni atae;

3 Sono chi wo Ierusaremu no meguri ni mizu no gotoku nagashitari; Saredo kore wo hōmuru hito nashi.

4 Warera wa tonaribito ni soshirare, Meguri no hitobito ni anadorare, azakeraruru mono to nareri.

5 Iehoba yo, kakute ikuso no toki wo he tamau ya? nanji tokoshie ni ikari tamau ya? Nanji no netami wa hi no gotoku moyuru ka?

6 Negawaku wa, nanji wo shirazaru kotokunibito, Mi na wo yobazaru moromoro no kuni no ue ni mi ikari wo sosogi tamae.

7 Karera wa Yakobu wo nomi, Sono sumika wo arashitareba nari.

8 Warera ni mukaite tōtsuoya no yokoshima naru waza wo kinen shi tamau nakare: Negawaku wa, nanji no awaremi wo mote sumiyaka ni warera wo mukae tame: Warera wa otosarete hanahadashiku hikuku naritareba nari.

9 Warera no sukui no Kami yo, mi na no eikwō no tame ni warera wo tasuke; Mi na no tame ni warera wo sukui, warera no tsumi wo nozoki tamae.

10 Ika nareba kotokunibito wa iu, Karera no Kami wa izuku ni ari ya to: Negawaku wa, nanji no shimobera ga nagasareshi chi no mukui wo Warera no mano atari ni nashite, kotokunibito ni shirashime tamae.

11 Negawaku wa, nanji no mi mae ni torawarebito no nageki no todokan koto wo; Nanji no ōi naru mi chikara ni yori, shi ni sadamerareshi mono wo mamorite nagaraeshime tamae.

12 Shu yo, warera no tonaribito no nanji wo soshiritaru soshiri wo Nanakasa mashite, sono futokoro ni mukui kaeshi tamae.

13 Saraba warera nanji no tami, nanji no maki no hitsuji wa Tokoshie ni nanji ni kansha shi; Sono tataegoto wo yoyo arawasan.

## 80 PEN.

*Akashi no yuri no hana to ieru shirabe ni awasete, Uta no Kami ni utawashimetaru Asafu no Uta.*

ISURAERU no Bokusha yo, Hitsuji no mure no gotoku Yosefu wo michibiki tamau mono yo, mimi wo katabuke tamae; Kerubimu no ue ni za shi tamau mono yo, hikari wo hanachi tamae.

2 Efuraimu, Beniyamin, Manase no mae ni nanji no chikara wo furi okoshi, Kitarite warera wo sukui tamae.

3 Kami yo, futa tabi warera wo kaeshi; Nanji no mi kao no hikari wo terashi tamae, saraba warera sukui wo en.

4 Bangun no Kami IEHOBA yo, Nanji sono tami no inori ni mukaite, izure no toki made ikari tamau ya?

5 Nanji karera ni namida no kate wo kurawase, Namida wo masu ni michimitsuru hodo ataete nomashime tamaeri.

6 Nanji warera wo tonaribito no ai arasou tanegusa to nashi tamau: Warera no ata wa tagai ni azawaraeri.

7 Bangun no Kami yo, futa tabi warera wo kaeshi tamae; Nanji no mi kao no hikari wo terashi tamae, sarabe warera sukui wo en.

8 Nanji budō no ki wo Ejiputo yori tazusae idashi, Moromoro no kunibito wo oi shirizokete, kore wo ue tamaeri.

9 Nanji sono mae ni chi wo mōke tamaishikaba, Fukaku nezashite kuni ni habikoreri.

10 Sono kage wa moromoro no yama wo ōi, Sono eda wa Kami no kōhaku no gotoku nite ariki.

11 Sono ki wa eda wo umi ni made nobe, Sono waka-e wo Kawa ni made nobetari.

12 Nanji ika nareba sono kaki wo kuzushite, Michi yuku subete no hito ni tsumi torase tamau ya?

13 Hayashi no inoko wa kore wo arashi, No no araki kemono wa kore wo kurau.

14 Aa bangun no Kami yo, negawaku wa, kaeri tamae: Ten yori fushi mite kono budō no ki wo kaerimi;

15 Nanji ga migi no te nite ue tamaeru mono, Mizukara no tame ni tsuyoku nashi tamaeru eda wo mamori tamae.

16 Sono ki wa hi nite yakare, mata kiri taosaru: Karera wa mi kao no ikari nite horobu.

17 Negawaku wa, nanji no te wo sono migi no te no hito no ue ni oki, Mizukara no tame ni tsuyoku nashi tamaeru hito no ko no ue ni oki tamae.

18 Saraba warera nanji wo shirizoki hanaruru koto nakaran: Negawaku wa, warera wo ikashi tamae, warera mi na wo yoban.

19 Aa bangun no Kami IEHOBA yo, futa tabi warera wo kaeshi tamae; Nanji no mi kao no hikari wo terashi tamae, saraba warera sukui wo en.

## 81 PEN.

*Giteto no koto ni awasete, Uta no Kami ni utawashimetaru Asafu no Uta.*

WARERA no chikara naru Kami ni mukaite takaraka ni utai; Yakobu no Kami ni mukaite yorokobi no koe wo ageyo.

2 Uta wo utai, tsuzumi to, Yoki ne no koto to, sō to wo mochi kitare.

3 Shingetsu to, mangetsu to, Warera no sechie no hi to ni rappa wo fuki narase.

4 Kore Isuraeru no okite, Yakobu no Kami no sadame nari.

5 Kami saki ni Ejiputo wo seme tamaishi toki, Yosefu no naka ni kore wo tatete akashi to nashi tamaeri: Ware kashiko nite imada shirazarishi kotoba wo kikeri.

6 Ware kare no kata yori omeni wo nozoki; Kare no te wo fugo yori manukareshimetari.

7 Nanji nayameru toki yobishikaba, ware nanji wo

sukueri; Ware ikazuchi no kakuretaru tokoro nite nanji ni kotae; Meriba no mizu no hotori nite nanji wo kokoromitari. [Sera

8 Waga tami yo, kike, ware nanji ni akashi sen; Isuraeru yo, nanji ga ware ni shitagawan koto wo motomu!

9 Nanji no uchi ni adashi kami arubekarazu; Nanji adashi kami wo ogamubekarazu.

10 Ware wa Ejiputo no kuni yori nanji wo tazusae idetaru, Nanji no Kami IEHOBA nari: Nanji no kuchi wo hiroku akeyo, ware mono wo mitashimen.

11 Saredo waga tami wa waga koe ni shitagawazu; Isuraeru wa ware wo konomazu.

12 Kono yue ni ware karera ga kokoro no katakuna naru ni makase, Karera ga sono kokoro-mama ni yuku ni makasetari.

13 Ware wa waga tami no ware ni shitagai, Isuraeru no waga michi ni ayuman koto wo motomu!

14 Saraba ware sumiyaka ni karera no ata wo shitagae, Waga te wo karera no teki ni muken.

15 Kakute IEHOBA wo nikumishi mono mo karera ni shitagai; Karera no toki wa tokoshie ni tsuzukan.

16 Kami wa mugi no ito yoki wo mote karera wo yashinai; Iwa yori idetaru mitsu wo mote nanji wo akashimubeshi.

## 82 HEN.

*Asafu no Uta.*

KAMI wa Kami no tsudoi no naka ni tachi tamau; Kami wa moromoro no kami no naka ni sabaki wo nashi tamau.

2 Nanjira wa tadashikarazaru sabaki wo nashi, Ashiki mono no mi wo katayori mite, ikuso no toki wo hen to suru ya? [Sera

3 Yowaki mono to minashigo to no tame ni sabaki; Kurushimu mono to tomoshiki mono to no tame ni kōhei wo hodokose.

4 Yowaki mono to mazushiki mono to wo sukui; Karera wo ashiki mono no te yori tasuke idase.

5 Karera wa shiru koto naku, satoru koto naku shite; Kuraki naka wo yuki megurinu: Chi no moromoro no motoi wa ugokitari.

6 Ware ieraku, Nanjira wa kami nari, Nanjira wa

mina Ito Takaki Mono no ko nari to.

7 Saredo nanjira wa hito no gotoku ni shini, Moromoro no kimi no naka no hitori no gotoku taoren.

8 Kami yo, okite zenchi wo sabaki tamae; Nanji moromoro no kuni wo tsugi tamōbekereba nari.

## 83 PEN.

*Asafu no Uta nari, Sambi nari.*

KAMI yo, modashi tamau nakare: Kami yo, mono iwade shizumari tamau nakare.

2 Miyo, nanji no ata wa kashigamashiki koe wo age; Nanji wo nikumu mono wa kashira wo agetari.

3 Karera wa takumi naru hakarigoto wo mote nanji no tami ni mukai, Ai tomo ni hakarite, nanji no kakuretaru mono ni mukau.

4 Karera iitariki, Iza, karera wo tachi horoboshite, futa tabi kuni wo tatsuru koto wo ezarashime; Isuraeru no na wo futa tabi hito ni shirarezarashimen to.

5 Karera wa kokoro wo hitotsu ni shite tomo ni hakari; Tagai ni chikai wo nashite nanji ni sakau:

5 Kowa Edomu no makuya ni sumeru hito, Ishimaerubito; Moabu, Hagarubito;

7 Gebaru, Ammon, Amareku; Perishite, oyobi Tsuro no tami nado nari.

8 Assuria mo mata karera ni kumi seri; Kakute Roto no kora no tasuke wo naseri. [Sera

9 Nanji saki ni Midean ni nashi tamaeru gotoku; Kishon no kawa nite Shisera to Yabin to ni nashi tamaeru gotoku, karera ni mo nashi tamae:

10 Karera wa En-doru nite horobi; Chi no tame ni koe to nareri.

11 Karera no kinin wo Orebu, Zeebu no gotoku; Sono moromoro no kimi wo Zeba, Zarumunna no gotoku nashi tamae:

12 Karera wa ieri, Warera Kami no maki wo ete, Waga mono to subeshi to.

13 Waga Kami yo, karera wo maki ageraruru chiri no gotoku; Kaze no mae no wara no gotoku narashime tamae.

14 Hayashi wo yaku hi no gotoku, Yama wo moyasu honō no gotoku;

15 Nanji no hayachi wo mote karera wo oi, Nanji no tsumujikaze wo mote karera wo osoreshime tamae.

16 Karera no kao ni haji wo mitashime tamae; IEHOBA yo, saraba karera nanji no mi na wo motomen.

17 Karera wo tokoshie ni haji osoreshime; Awate madoite, horobi useshime tamae.

18 Saraba karera wa IEHOBA chō na wo mochi tamau nanji nomi Zenchi wo shiroshimesu Ito Takaki Mono naru koto wo shirubeshi.

## 84 HEN.

*Giteto no koto ni awasete, Uta no Kami ni utawashimetaru Kora no ko no Uta.*

BANGUN no IEHOBA yo, Nanji no agebari wa ika ni ai subeki kana!

2 Waga tamashii wa tae iru bakari ni IEHOBA no ōniwa wo shitai; Waga kokoro, waga mi wa ikeru Kami ni mukaite yobau.

3 Makoto ya, suzume wa yadori wo e, Tsubakurame wa sono hina wo iruru su wo etari; Bangun no IEHOBA, waga Ō, waga Kami yo, Kore nanji no saidan nari.

4 Nanji no ie ni sumu mono wa saiwai nari: Kakaru hito wa tsune ni nanji wo tatae matsuran. [Sera

5 Sono chikara nanji ni ari, Sono kokoro Shion no ōji ni aru mono wa saiwai nari.

6 Karera wa Namida no tani wo suguredomo, soko wo ōku no izumi aru tokoro to nasu; Mata mae no ame wa moromoro no megumi wo mote kore wo ōeri.

7 Karera wa chikara yori chikara ni susumi, Tsui ni ono-ono Shion ni itarite Kami ni mamiyu.

8 Bangun no Kami IEHOBA yo, waga inori wo kiki tamae: Yakobu no Kami yo, mimi wo katabuke tamae. [Sera

9 Warera no tate naru Kami yo, misonawashite, Nanji no jukōja no kao wo kaerimi tamae.

10 Nanji no ōniwa ni sumau ichi nichi wa sen nichi ni mo masareri. Ware wa aku no makuya ni oran yori wa, Mushiro waga Kami no ie no kadomori to naran koto wo negau nari.

11 Sowa Kami IEHOBA wa hi nari, tate nari: IEHOBA wa on to, eikwō to wo atae; Naoku ayumu mono ni yoki mono wo kobami tamau koto nashi.

12 Bangun no IEHOBA yo, Nanji ni yori tanomu mono wa saiwai nari.

## 85 HEN.

*Uta no Kami ni utawashimetaru, Kora no ko no Uta.*

IEHOBA yo, nanji wa mi kuni ni megumi wo sosogi tamaeri: Nanji Yakobu no toraware wo kaeshi tamaiki.

2 Nanji onoga tami no fugi wo yurushi, Sono moromoro no tsumi wo ōi tamaiki. [Sera

3 Nanji subete no ikari wo sute; Sono hageshiki ikidōri wo tōzake tamaeri.

4 Warera no sukui no Kami yo, kaeri kitari, Warera ni mukaite mi ikari wo yame tamae.

5 Nanji tokoshie ni warera wo ikari, Yorozu yo ni mi ikari wo hiki nobe tamau ya?

6 Nanji ni yorite nanji no tami no yorokobi wo en ga tame ni, Warera wo ikashi tamawazaru ka?

7 IEHOBA yo, nanji no awaremi wo warera ni shimeshi, Nanji no sukui wo warera ni atae tamae.

8 Waga Kami IEHOBA no katari tamau koto wo kikan: IEHOBA wa sono tami, sono seito ni heiwa wo katari tamaeba nari: Sareba karera wa oroka naru okonai ni futa tabi kaeru nakare.

9 Ge ni sono sukui wa Kami wo osoruru mono ni chikashi: Kakute eikwō wa warera no kuni ni todomaran.

10 Awaremi to makoto to tomo ni ai, Gi to heiwa to tagai ni kuchitsuke seri.

11 Makoto wa chi yori hae; Gi wa ten yori mi oroseri.

12 IEHOBA yoki mono wo atae tamaeba, Warera no kuni wa nari-idemono wo idasan.

13 Gi wa IEHOBA no mae ni yuki, IEHOBA no ayumi tamau ato wo ware ni fumashimen.

## 86 PEN.

*Dabide no Inori.*

IEHOBA yo, nanji mimi wo katabukete, ware ni kotae tamae; Ware wa kurushimi katsu tomoshikereba nari.

2 Negawaku wa, waga tamashii wo mamori tamae; ware Kami wo uyamau mono nareba nari: Waga Kami yo, nanji ni yori tanomeru nanji no shimobe wo sukui tamae.

3 Shu yo, ware wo aware-

mi tamae; Ware hinemosu nanji ni yobau.

4 Nanji no shimobe no tamashii wo yorokobase tamae; Shu yo, waga tamashii wa nanji wo aogi nozomu.

5 Shu yo, nanji wa megumi fukaku, mata yurushi wo konomi tamau: Nanji ni yobau subete no mono wo yutaka ni awaremi tamau.

6 IEHOBA yo, waga inori ni mimi wo katabuke; Waga negai no koe wo kiki tamae.

7 Ware waga nayami no hi ni nanji ni yobawan; Nanji wa ware ni kotae tamōbeshi.

8 Shu yo, moromoro no kami no naka ni nanji ni hitoshiki mono wa naku; Nanji no mi waza ni hitoshiki mono wa nashi.

9 Shu yo, nanji no tsukurerù moromoro no kuni wa nanji no mae ni kitarite fushi ogaman; Karera wa mi na wo agamubeshi.

10 Nanji wa ōi nari, kusushiki mi waza wo nashi tamau: Tada nanji nomi Kami ni mashimaseri.

11 IEHOBA yo, nanji no michi wo ware ni oshie tamae, ware nanji no makoto wo ayuman; Negawaku wa, ware wo shite kokoro hitotsu ni mi na wo osoreshime tamae.

12 Shu waga Kami yo, ware kokoro wo tsukushite nanji wo home tatae; Tokoshie ni mi na wo agame matsuran.

13 Sowa nanji no awaremi wa ware ni ōi nari; Waga tamashii wo Yomi no fukaki tokoro yori tasuke idashi tamaeri.

14 Kami yo, takabureru mono wa ware ni sakaraite okori tachi, Araburu hito no tsudoi wa waga tamashii wo motome, Kakute nanji wo onoga mae ni okazariki.

15 Saredo Shu yo, nanji wa awaremi to megumi to ni tomi, Ikari wo osoku shi, itsukushimi to makoto to ni yutaka naru Kami ni mashimaseri.

16 Ware wo kaerimi, ware wo awaremi tamae; Negawaku wa, nanji no shimobe ni mi chikara wo atae, Nanji no hashitame no ko wo sukui tamae.

17 Ware ni megumi no shirushi wo arawashi tamae; Saraba ware wo nikumu mono kore wo mite haji wo idakan: Sowa IEHOBA yo, nanji ware wo tasuke, ware wo nagusame tamaeba nari.

## 87 HEN.

*Kora no ko no Uta nari, Sambi nari.*

IEHOBA no motoi wa kiyoki yama ni ari.

2 IEHOBA wa Yakobu no subete no sumai ni masarite, Shion no moromoro no kado wo ai shi tamau.

3 Kami no miyako yo, Nanji ni tsukite ōku no eikwō no koto wo katari hayaseri. [Sera

4 Ware wa Rahabu, Babiron wo mo ware wo shiru mono no uchi ni agen: Perishite, Tsuro, Eteopia wo miyo; Konō hito wa kashiko ni umaretari to iwan.

5 Shion ni tsukite wa kaku iwan, Kono mono, kano mono sono naka ni umaretari; Ito Takaki Mono mizukara Shion wo tate tamawan to.

6 IEHOBA moromoro no tami wo shirushi tamau toki, Kono mono wa kashiko ni umaretari to kazoe age tamawan. [Sera

7 Utau mono, odoru mono mina iwan, Waga moromoro no izumi wa nanji no uchi ni ari to.

## 88 HEN.

*Maharate Reanote no shirabe ni awasete; Uta no Kami ni utawashimetaru Kora no ko no Uta nari, Sambi nari; Ezurabito Heman no Oshie no Uta nari.*

WAGA sukui no Kami IEHOBA yo, Ware hiru mo yoru mo nanji no mae ni sakeberi:

2 Negawaku wa, waga inori wo mi mae ni itarase, Nanji no mimi wo waga sakebi no koe ni katabuke tamae:

3 Waga tamashii wa nayami nite michi, Waga inochi wa Yomi ni chikazukeri.

4 Ware wa ana ni iru mono to tomo ni kazoerare; Yorube naki hito no gotoku nareri.

5 Ware haka no uchi naru korosareshi mono no gotoku, Shineru mono no uchi ni suteraru: Nanji karera wo futa tabi kokoro ni tome tamawazu; Karera wa mi te yori tachi horobosareshi mono nari.

6 Nanji ware wo ito fukaki ana, Kuraki tokoro, fukaki fuchi ni oki tamaiki.

7 Nanji no ikari wa itaku ware ni semareri; Nanji

sono moromoro no nami wo mote ware wo kurushime tamaeri. [Sera

8 Waga ai shiru mono wo ware yori tōzake; Ware wo karera ni nikumase tamaeri: Ware wa kome tozasarete, izuru koto atawazu.

9 Waga me wa nayami no yue wo mote otoroenu: Ware hi goto ni nanji wo yoberi; IEHOBA yo, nanji ni mukaite waga morote wo nobetari.

10 Nanji shineru mono ni kusushiki mi waza wo arawashi tamawan ya? Use ni shi mono tachite, nanji wo home tataen ya? [Sera

11 Nanji no itsukushimi wa haka no uchi ni, Nanji no makoto wa Horobi no naka ni nobe tsutaeraren ya?

12 Nanji no kusushiki mi waza wa kuraki ni, Nanji no gi wa wasure no kuni ni shiraruru koto aran ya?

13 Saredo, IEHOBA yo, ware nanji ni mukaite sakeberi; Waga inori wa ashita ni mi mae ni itaran.

14 IEHOBA yo, nanji ika nareba waga tamashii wo sute tamau ya? Ika nareba ware ni mi kao wo kakushi tamau ya?

15 Ware osanaki yori nayamite shinuru bakari nari: Ware nanji no obiyakashi ni aite kurushimi madoeri.

16 Nanji no hageshiki ikari waga ue wo sugu; Nanji no obiyakashi ware wo horoboseri.

17 Korera no koto hinemosu ōmizu no gotoku ware wo meguri; Kotogotoku kitarite ware wo kakomi fusageri.

18 Nanji ware wo itsukushimu mono to waga tomo to wo tōzake, Waga ai shiru mono wo kuraki ni ire tamaeri.

## 89 HEN.

*Ezurabito Etan no Oshie no Uta.*

WARE IEHOBA no awaremi wo tokoshie ni utawan: Ware kuchi wo mote IEHOBA no makoto wo yorozu yo ni tsuge shirasen.

2 Ware iu, Awaremi wa tokoshie ni tateraru; Nanji wa sono makoto wo kataku ten ni sadame tamawan to.

3 Ware waga erabitaru mono to keiyaku wo musubi, Waga shimobe Dabide ni chikaitari.

4 Ware nanji no sue wo tokoshie ni katō shi, Nanji no kurai wo tatete yoyo ni oyobashimen. [Sera

5 IEHOBA yo moromoro no ten wa nanji no kusushiki mi waza wo homen; Nanji no makato mo mata kiyoki mono no tsudoi nite homerarubeshi.

6 Ōzora nite tare ka IEHOBA ni taguu mono aran ya? Kami no ko no naka ni tare ka IEHOBA no gotoki mono aran ya?

7 Kami wa kiyoki mono no kōkwai no naka nite kashikomubeki mono nari; Sono mawari ni aru subete no mono ni masarite osorubeki mono nari.

8 Bangun no Kami IEHOBA yo, YAWA yo, nanji no gotoku tainō aru mono wa tare zo ya? Nanji no makoto wa nanji wo meguritari.

9 Nanji umi no aruru wo osame; Sono nami no tachi agaran toki wa kore wo shizume tamau nari.

10 Nanji Rahabu wo korosareshi mono no gotoku uchi kudaki; Onore no atadomo wo chikara aru mi ude wo mote uchi chirashi tamaeri.

11 Moromoro no ten wa nanji no mono; chi mo mata nanji no mono nari: Sekai to sono naka ni mitsuru mono to wa nanji no motoi shi tamaeru nari.

12 Kita to minami wa nanji tsukuri tamaeri: Taboru, Herumon wa nanji no mi na ni yorite yorokobi yobau.

13 Nanji wa tainō no mi ude wo mochi tamau: Nanji no mi te wa tsuyoku, nanji no migi no mi te wa takashi.

14 Gi to kōhei wa nanji no mi kura no motoi nari: Awaremi to makoto to wa mi kao no mae ni araware yuku.

15 Yorokobi no oto wo shiru tami wa saiwai nari: IEHOBA yo, karera wa mi kao no hikari no naka wo ayumeri.

16 Karera wa mi na ni yorite hinemosu yorokobi; Nanji no gi ni yorite takaku ageraretari.

17 Karera no chikara no eikwō wa nanji nari: Nanji no megumi ni yorite warera no tsuno wa takaku ageraren.

18 Sowa warera no tate wa IEHOBA ni tsuki; Warera no Ō wa Isuraeru no Seisha ni tsukeri.

19 Sono toki maboroshi wo mote nanji no seito ni tsuge tamawaku, Ware tasuke wo chikara aru mono ni yudanetari; Waga tami no naka yori hitori wo erabite takaku agetari.

20 Ware waga shimobe

Dabide wo ete; Kore ni waga kiyoki abura wo sosogeri:

21 Waga te wa kare to tomo ni kataku; Waga kaina wa kare wo tsuyoku sen.

22 Ata kare wo shietaguru koto nashi; Aku no ko kare wo kurushimuru koto nakaran.

23 Ware kare no mae ni sono moromoro no teki wo taoshi, Kare wo nikumeru mono wo utan.

24 Saredo waga makoto to, waga awaremi to wa Dabide to tomo ni ori; Waga na ni yorite sono tsuno wa takakuageraren.

25 Ware mata kare no te wo umi no ue ni oki, Sono migi no te wo kawa no ue ni okan.

26 Dabide ware ni mukaite, Nanji wa waga chichi, Waga Kami, waga sukui no iwa nari to yoban.

27 Ware mata kare wo waga uigo to nashi, Chi no ōtachi no uchi ito mo takaki mono to nasan.

28 Ware tokoshie ni awaremi wo kare ga tame ni tamochi, Kore to tateshi keiyaku wa kawaru koto nakarubeshi.

29 Ware mata sono sue wo tokoshie ni nagarae, Sono kurai wo ten no hikazu no gotoku nagaraeshimen.

30 Moshi sono ko waga nori wo hanare, Waga sabaki ni shitagaite ayumazu;

31 Waga okite wo yaburi, Waga imashime wo mamorazuba;

32 Ware tsue wo mote karera no toga wo tadashi, Muchi wo mote sono yokoshima wo tadasubeshi.

33 Saredo kare yori waga awaremi wo kotogotoku wa tori sarazu, Waga makoto wo otoroeshimuru koto nakaran.

34 Ware onore no keiyaku wo yaburazu, Onore no kuchibiru yori ideshi koto wo kaeji.

35 Ware saki ni waga kiyoki wo sashite chikaeri; Ware Dabide ni itsuwari wo iwaji.

36 Sono sue wa tokoshie ni tsuzuki, Sono kurai wa hi no gotoku tsune ni waga mae ni aran.

37 Mata tsuki no gotoku tokoshie ni tateraren, Sora ni aru akashibito wa makoto nari. [Sera

38 Saredo sono jukōja wo tōzakete sute tamaeri, Nanji kore wo ikidōri tamaeri.

39 Nanji onoga shimobe no

keiyaku wo imi, Sono kammuri wo kegashite, chi ni made otoshi tamaeri.

40 Mata sono kaki wo kotogotoku taoshi; Sono toride wo are sutareshime tamaeri.

41 Sono michi wo suguru subete no mono ni kasumerare; Tonaribito ni nonoshiraru.

42 Nanji kare ga teki no migi no te wo takaku age; Sono moromoro no ata wo yorokobashime tamaeri.

43 Nanji kare no tsurugi no ha wo furi kaeshite, Tadakai ni tatsu ni taezarashime tamaiki.

44 Mata sono kagayaki wo keshi, Sono kurai wo chi ni nage otoshi;

45 Sono toshi wakaki hi wo chijime, Haji wo sono ue ni ōi tamaeri. [Sera

46 Iehoba yo, kakute ikuso no toki wo he tamau ya? Mizukara wo tokoshie ni kakushi tamau ya? Mi ikari wa hi no moyuru gotoku narubeki ka?

47 Negawaku wa, waga toki no ika ni mijikaki ka wo omoi tamae: Nanji itazura ni subete no hito no ko wo tsukuri tamawan ya?

48 Tare ka ikite shi wo mizu, Mata onoga tamashii wo Yomi yori sukuitaru mono aran ya? [Sera

49 Shu yo, nanji ga makoto wo mote, Dabide ni chikai tamaeru mukashi no awaremi wa izuko ni ari ya?

50 51 Shu yo, negawaku wa, nanji no shimobe no ukuru soshiri wo mi kokoro ni tome tamae; Iehoba yo, nanji no moromoro no ata wa ware wo soshiri, Nanji no jukōja no ashi-ato wo soshireri; Ware moromoro no tami no soshiri wo waga futokoro ni idaku.

52 Iehoba wa tokoshie ni homubeki kana! Amen, Amen.

## 90 PEN.

*Kami no hito Mōse no Inori.*

SHU yo, nanji wa inishie yori Yoyo warera no sumika nite mashimaseri.

2 Yama imada nari idezu, Nanji imada chi to sekai to wo tsukuri tamawazarishi toki, Tokoshie yori tokoshie made nanji wa Kami nari.

3 Nanji hito wo chiri ni kaerashimete; Notamawaku, Hito no ko yo, nanjira kaere to.

4 Nanji no me no mae ni wa Chi tose mo sude ni suguru kinō no gotoku,

5 **Mata** yo no ma no hito toki ni onaji. Nanji korera wo ōmizu no gotoku nagare sarashime tamau; karera wa hito yo no nemuri no gotoku; Ashita ni hae izuru aokusa no gotoshi.

6 Ashita ni hae idete sakae: Yūbe ni wa kararete karuru nari.

7 Warera wa nanji no ikari ni yorite kie use, Nanji no ikidōri ni yorite oji madou.

8 Nanji warera no fugi wo mi mae ni oki, Warera no kakuretaru tsumi wo mi kao no hikari no naka ni oki tamaeri.

9 Warera no moromoro no hi wa nanji no ikari ni yorite sugi sari; Warera ga subete no toshi no tsukuru wa hito iki no gotoshi.

10 Warera ga toshi wo furu hi wa nanasoji ni sugizu, Aruiwa sukoyaka ni shite yasoji ni itaran; Saredo sono hokoru tokoro wa tada kinrō to kanashimi to nomi; Sono sari yuku koto sumiyaka ni shite, warera mo mata tobi sareri.

11 Tare ka nanji no ikari no chikara wo shiran ya? Tare ka nanji wo osoruru osore ni takurabete, nanji no ikidōri wo shiran ya?

12 Negawaku wa, warera ni onoga hi wo kazōru koto wo oshiete, Chie no kokoro wo eshime tamae.

13 IEHOBA yo, kaeri tamae; kakute ikuso no toki wo he tamau ya? Negawaku wa, nanji no shimobera ni kakawareru mi kokoro wo kae tamae.

14 Negawaku wa, ashita ni warera wo nanji no awaremi nite aki tarashime; Yo owaru made yorokobi tanoshimase tamae.

15 Nanji ga warera wo kurushime tamaeru moromoro no hi to, Warera ga wazawai ni kakareru moromoro no toshi to ni takurabete, warera wo tanoshimase tamae.

16 Nanji no mi waza wo nanji no shimobera ni, Nanji no eikwō wo sono kora ni arawashi tamae.

17 Kakute warea no Kami IEHOBA no uruwashiki wo warera no ue ni nozomashime; Warera no te no waza wo warera no ue ni katakarashime tamae: Negawaku wa, warera no te no waza wo katakarashime tamae.

## 91 PEN.

ITO takaki Mono no moto naru kakuretaru tokoro

ni sumau, sono hito wa Zennōsha no kage ni yadoran.

2 Ware IEHOBA no koto wo nobete, IEHOBA wa waga sakedokoro, waga shiro; Waga yori tanomu Kami nari to iwan.

3 Sowa Kami nanji wo karyūdo no wana to, Doku wo nagasu eyami yori tasuke idashi tamōbekereba nari.

4 Kare sono hane wo mote nanji wo ōi tamawan, Nanji sono tsubasa no shita ni kakuren: Sono makoto wa tate nari, kodate nari.

5 Yoru wa odorokubeki koto ari, Hiru wa tobi kitaru ya ari.

6 Kuraki ni wa ayumu eyami ari, Hiru ni wa sokonau hageshiki yamai ari: saredo nanji osoruru koto araji.

7 Sen nin wa nanji no hidari ni taore, Ban nin wa nanji no migi ni taoru; Saredo sono wazawai wa nanji ni chikazuku koto nakaran.

8 Nanji no me wa tada kono koto wo miru nomi, Nanji ashiki mono no mukui wo min.

9 Nanji saki ni ieri, IEHOBA wa waga sakedokoro nari to; Nanji Ito Takaki Mono wo sono sumai to nashitareba;

10 Wazawai nanji ni itarazu, Nayami nanji no makuya ni chikazukaji.

11 Sowa Ito Takaki Mono nanji no tame ni sono tsukaitachi ni ōsete, Nanji ga ayumu moromoro no michi ni nanji wo mamorase tamaeba nari.

12 Karera te nite Nanji no ashi no ishi ni furezaran tame ni nanji wo sasaen.

13 Nanji wa shishi to mamushi to wo fumi; Wakaki shishi to hebi to wo ashi no shita ni fumi nijiran.

14 Kare sono ai wo ware ni sosogeru ga yue ni, ware kore wo tasuken: Kare waga na wo shiru ga yue ni, ware kore wo takaki tokoro ni okan.

15 Kare ware wo yobaba, ware kotaen; Ware sono nayami no toki ni tomo ni orite, Kore wo tasuke, kore wo agamen.

16 Ware nagaki inochi wo mote kare wo tarawashime, Katsu waga sukui wo shimesan.

## 92 HEN.

*Ansokunichi ni mochiiru*
*Uta nari, Sambi nari.*

ITO Takaki Mono yo, IEHOBA ni kansha shi, Mi

na wo home tatōru wa yoki kana!

2 Ashita ni nanji no itsukushimi wo arawashi, Yonayona nanji no makoto wo arawasu ni.

3 Tō o no narimono to sō to wo mochii; Koto no tae naru ne wo mochiyuru wa ito yoki kana!

4 Sowa, IEHOBA yo, nanji sono mi waza wo mote ware wo tanoshimase tamaeri: Ware nanji no mi te no waza wo yorokobi hokoran.

5 IEHOBA yo, nanji no mi waza wa ōi naru kana! Nanji no moromoro no omoi wa ito fukashi.

6 Shiremono wa shiru koto naku; Oroka naru mono wa kore wo satorazu.

7 Ashiki mono wa kusa no gotoku moe ide, Fugi wo okonau moromoro wa sakayuru to mo; Tsui ni wa tokoshie ni horobin.

8 Saredo IEHOBA yo, nanji wa tokoshie ni takaki tokoro ni mashimaseri.

9 IEHOBA yo, aa nanji no ata, Aa nanji no ata wa horobin; Fugi wo okonau mono wa kotogotoku chirasaren.

10 Saredo nanji waga tsuno wo takaku agete, no no ushi no tsuno no gotoku narashime tamaeri: Ware wa atarashiki abura wo sosogaretari.

11 Mata waga me wa waga ata ni tsukite negaeru koto wo mi, Waga mimi wa ware ni sakaraite okori tatsu aku wo nasu mono ni tsukite negaeru koto wo kikitari.

12 Tadashiki mono wa shuro no ki no gotoku sakae, Rebanon no kōhaku no gotoku sodatsubeshi.

13 IEHOBA no miya ni uerareshi mono wa Warera no Kami no ōniwa ni sakaen.

14 Karera wa toshi oite nao mi wo musubi; Yutaka ni uruoi, midori no iro michimichite;

15 IEHOBA no naoki mono naru koto wo shimesubeshi: IEHOBA wa waga iwa nari, IEHOBA ni wa fugi nashi.

## 93 PEN.

IEHOBA wa sube osame tamau; IEHOBA wa miizu wo ki tamaeri; IEHOBA wa chikara wo koromo to nashi, obi to nashi tamaeri: Sareba mata sekai mo kataku tachite ugokasaruru koto nashi.

2 Nanji no mi kura wa inishie yori kataku tachinu: Nanji wa tokoshie yori imaseri.

3 Ōmizu wa koe wo agetari, IEHOBA yo, ōmizu wa koe wo agetari; Ōmizu wa nami wo agu.

4 IEHOBA wa takaki tokoro ni imashite, Sono ikioi wa ōku no mizu no koe, Umi no sakamaku ni masarite sakan nari.

5 Nanji no akashi wa ito katashi: IEHOBA yo, kiyoki wa nanji no ie ni Tokoshie made mo fusawashiki nari.

## 94 HEN.

IEHOBA yo, ata wo kaesu wa nanji ni ari, Kami yo, ata wo kaesu wa nanji ni ari, negawaku wa, hikari wo hanachi tamae.

2 Yo wo sabaki tamau mono yo, negawaku wa, tachite; Takaburu mono ni sono ukubeki mukui wo nashi tamae.

3 IEHOBA yo, ashiki mono ikuso no toki wo hen to suru ya? Ashiki mono kachi hokorite, ikuso no toshi wo furu ya?

4 Karera wa midari ni kotoba wo idashite, hokori mono iu: Subete fugi wo okonau mono wa mizukara takabureri.

5 IEHOBA yo, karera wa nanji no tami wo uchi kudaki, Nanji no mochimono wo sokonau.

6 Karera wa yamome to tabibito to no inochi wo ushinai, Minashigo wo korosu.

7 Karera wa iu, YAWA wa mizu, Yakobu no Kami wa satorazarubeshi to.

8 Tami no naka naru shiremono yo, nanjira satore; Oroka naru mono yo, izure no toki ni ka kashikokaran?

9 Mimi wo uyuru mono kiku koto wo sezaran ya? Me wo tsukureru mono miru koto wo sezaran ya?

10 Moromoro no kuni wo oshiyuru mono tadasu koto wo sezaran ya? Hito ni chishiki wo atōru mono shiru koto nakaran ya?

11 IEHOBA wa hito no omoi no Munashiki wo shiri tamau.

12 YAWA yo, nanji no korashime tamau hito, Nanji no nori wo oshieraruru hito wa saiwai naru kana!

13 Kakaru hito wo wazawai no hi yori nogareshime; Ashiki mono no tame ni ana no horaruru made kore ni yasuki wo atae tamawan.

14 Sowa IEHOBA sono tami wo sute tamawazu, Sono yuzuri wo hanare tamawazaru nari.

15 Sabaki wa tadashiki ni

kaeri; Kokoro no naoki mono wa mina sono ato ni shitagawan.

16 Tare ka waga tame ni okori tachite, ashiki mono wo semen ya? Tare ka waga tame ni tachite, fugi wo okonau mono wo semen ya?

17 Moshi IEHOBA ware wo tasuke tamawazariseba, Waga tamashii wa toku ni oto naki tokoro ni sumaishi naran.

18 Saredo, Waga ashi suberinu to iishi toki, IEHOBA yo, nanji no awaremi ware wo sasae tamaeri.

19 Waga uchi ni omoi wazurai no mitsuru toki, Nanji no nagusame waga tamashii wo yorokobase tamau.

20 Okite wo mote sokonau koto wo hakaru aku no kurai wa, Nanji ni shitashimu koto wo en ya?

21 Karera wa ai kataraite, tadashiki hito no tamashii wo seme, Tsumi naki chi wo tsumi ni sadamu.

22 Shika wa aredo IEHOBA wa waga takaki yagura; Waga Kami wa waga sakedokoro no iwa nariki.

23 Kami wa karera no yokoshima wo sono mi ni owashime. Karera wo sono ashiki koto no naka ni horoboshi tamawan; Warera no Kami IEHOBA wa kore wo horoboshi tamawan.

## 95 HEN.

IZA, warera IEHOBA ni mukaite utai; Sukui no iwa ni mukaite yorokobashiki koe wo agen.

2 Warera kansha wo mote sono mi mae ni yuki, IEHOBA ni mukai uta wo mote yorokobashiki koe wo agen.

3 Sowa IEHOBA wa ōi naru Kami nari, Moromoro no kami ni masareru ōi naru Ō nari.

4 Chi no fukaki tokoro mina sono mi te ni ari; Yama no itadaki mo mata Kami no mono nari.

5 Umi wa Kami no mono, sono tsukuri tamau tokoro; Kawakeru chi mo mata sono mi te nite tsukuri tamaeri.

6 Iza, warera ogami hirefushi; Warera wo tsukureru nushi IEHOBA no mi mae ni hizamazukubeshi.

7 Kare wa warera no Kami nari; Warera wa sono maki no tami, sono mi te no hitsuji nari. Kyō nanjira ga sono mi koe wo kikan koto wo nozomu.

8 Nanjira Meriba ni arishi

toki no gotoku, No naru Masa ni arishi hi no gotoku sono kokoro wo katakuna ni suru nakare.

9 Sono toki nanjira no oyatachi ware wo kokoromi, Ware wo tameshi, mata waga waza wo mitari.

10 Ware sono yo no tame ni ureite shi jū nen wo fu, Ware ieri, Karera wa kokoro ayamareru tami, Waga michi wo shirazariki to.

11 Kono yue ni ware ikidōrite, Karera wa waga yasumi ni irubekarazu to chikaitari.

## 96 PEN.

ATARASHIKI uta wo IEHOBA ni mukaite utae: Zenchi yo, IEHOBA ni mukaite utōbeshi.

2 IEHOBA ni mukaite utai, sono mi na wo homeyo; Hi goto ni sono sukui wo nobe tsutaeyo.

3 Moromoro no kuni no naka ni sono eikwō wo arawashi, Moromoro no tami no naka ni sono kusushiki mi waza wo arawasubeshi.

4 Sowa IEHOBA wa ōi nari, ōi ni home tatōbeki mono nari: Moromoro no Kami ni masarite, osorubeki mono nari.

5 Moromoro no tami no subete no kami wa kotogotoku munashi: Saredo IEHOBA wa moromoro no ten wo tsukuri tamaeri

6 Tōtoki to miizu to wa sono mi mae ni ari: Chikara to uruwashiki to wa sono seijo ni ari.

7 Moromoro no tami no yakara yo, Eikwō to chikara to wo IEHOBA ni ataeyo, IEHOBA ni ataeyo.

8 Sono mi na ni kanau eikwō wo mote IEHOBA ni atae; Sasagemono wo tazusaete, sono ōniwa ni kitare.

9 Kiyoki uruwashiki mono wo mote IEHOBA wo ogame: Zenchi yo, sono mi mae ni ononoke.

10 Moromoro no kuni no naka ni ie, IEHOBA wa sube osame tamau: Sekai mo kataku tachite, ugokasaruru koto nashi: IEHOBA wa naoki wo mote subete no tami wo sabaki tamawan to.

11 Ten wa yorokobi, chi wa tanoshimi; Umi to sono naka ni mitsuru mono to wa nari doyomi;

12 Tahata to, sono naka no subete no mono to wa yorokobubeshi: Kakute hayashi no moromoro no ki mo mata IEHOBA no mi mae ni yorokobi utawan.

13 IEHOBA kitari tamau, Chi wo sabakan tote kitari tamau: Gi wo mote sekai wo sabaki, Sono makoto wo mote moromoro no tami wo sabaki tamawan.

## 97 HEN.

IEHOBA wa sube osame tamau, zenchi wa tanoshimi; Ōku no shimajima wa yorokobubeshi.

2 Kumo to kuraki to wa sono meguri ni ari: Gi to kōhei to wa sono mi kura no motoi nari.

3 Hi ari, sono mi mae ni susumi, Sono mawari no teki wo yaki tsukusu.

4 IEHOBA no inabikari wa sekai wo terasu: Chi kore wo mite furueri.

5 Moromoro no yama wa IEHOBA no mi mae, Zenchi no Shu no mi mae nite rō no gotoku tokenu.

6 Moromoro no ten wa sono gi wo arawashi, Yorozu no tami wa sono eikwō wo mitari.

7 Subete kizameru zō ni tsukae, Munashiki mono ni yorite, mizukara hokoru mono wa hazukashime wo ukubeshi: Moromoro no kami yo, mina IEHOBA wo fushi ogame.

8 IEHOBA yo, nanji no sabaki no yue ni yori, Shion wa kikite yorokobi, Yuda no musume wa mina tanoshimeri.

9 IEHOBA yo, nanji zenchi no ue ni mashimashite ito takaku; Nanji moromoro no kami no ue ni mashimashite ito tōtoshi.

10 IEHOBA wo itsukushimu mono yo, aku wo nikume: IEHOBA wa sono seito no tamashii wo mamori; Kore wo ashiki mono no te yori tasuke idashi tamau.

11 Hikari wa tadashiki hito no tame ni makare, Yorokobi wa kokoro naoki mono no tame ni makaretari.

12 Tadashiki hito yo, IEHOBA ni yorite yorokobe, Sono kiyoki mi na ni kansha seyo.

## 98 HEN.

*Uta nari.*

ATARASHIKI uta wo IEHOBA ni mukaite utae: Sowa tae naru koto wo okonai; Sono migi no mi te, sono kiyoki kaina wo mote onore no tame ni sukui wo nashi oe tamaeri.

2 IEHOBA wa sono sukui wo shirashime; Sono gi wo moromoro no kunibito no me no mae ni arawashi tamaeri.

3 Mata sono awaremi to makoto to wo Isuraeru no ie ni mukaite kinen shi tamau: Chi no hate mo kotogotoku waga Kami no sukui wo mitari.

4 Zenchi yo, IEHOBA ni mukaite yorokobashiki koe wo ageyo: Koe wo hanachite yorokobi utae, home utae.

5 Koto wo mote IEHOBA wo home utae; Koto no ne to, uta no koe to wo mote seyo.

6 Rappa to tsunobue wo fuki narashi, Ō IEHOBA no mi mae ni yorokobashiki koe wo ageyo.

7 Umi to, sono naka ni mitsuru mono, Sekai to, sekai ni sumu mono to nari doyomubeshi.

8 Ōmizu wa sono te wo uchi; Moromoro no yama wa ai tomo ni IEHOBA no mi mae ni yorokobi utōbeshi.

9 IEHOBA chi wo sabakan tame ni kitari tamaeba nari: IEHOBA gi wo mote sekai wo sabaki, Kōhei wo mote moromoro no tami wo sabaki tamawan.

## 99 HEN.

IEHOBA wa sube osame tamau; moromoro no tami wa ononokubeshi: IEHOBA wa kerubimu no aida ni imasu; chi furuwan.

2 IEHOBA wa Shion ni mashimashite ōi nari; Moromoro no tami ni sugurete tōtoshi.

3 Karera wa nanji no ōi naru osorubeki mi na wo home tatōbeshi: IEHOBA wa sei naru kana!

4 Ō no chikara wa sabaki wo konomi tamau; Nanji wa kataku kōhei wo tate, Yakobu no naka ni sabaki to tadashiki to wo okonai tamau.

5 Warera no Kami IEHOBA wo agame, Sono shōsoku no moto nite ogami matsure: IEHOBA wa sei naru kana!

6 Sono saishi no naka ni Mōse to Aron to ari, Sono mi na wo yobu mono no naka ni Samueru ari; Karera IEHOBA wo yobishi ni kotae tamaeri.

7 IEHOBA kumo no hashira no uchi ni mashimashite, karera ni katari tamaeri: Karera wa sono akashi to, sono tamawaritaru okite to wo mamoritariki.

8 Warera no Kami IEHOBA yo, nanji karera ni kotae tamaeri: Karera no nashishi waza ni mukui tamaïtaredo, Mata yurushi wo atae tamaeru Kami nite mashimaseri.

9 Warera no Kami IEHOBA wo agame, Sono kiyoki yama nite ogami matsure; Sowa warera no Kami IEHOBA wa sei naru nari.

## 100 PEN.

*Kansha no Uta.*

ZENCHI yo, IEHOBA ni mukaite yorokobashiki koe wo ageyo.

2 Yorokobi wo idakite IEHOBA ni tsukae: Utai tsutsu sono mi mae ni kitare.

3 Shire, IEHOBA koso Kami ni masu nare: Warera wo tsukuri tamaeru mono wa IEHOBA ni shi maseba, warera wa sono mono nari; Warera wa sono tami, sono maki no hitsuji nari.

4 Kansha shi tsutsu sono mi kado ni iri, Home tatae tsutsu sono ōniwa ni ire: Kansha shite sono mi na wo home tataeyo.

5 IEHOBA wa megumi fukaku; sono awaremi kagiri naku; Sono makoto yorozu yo ni oyobubekereba nari.

## 101 PEN.

*Dabide no Uta.*

WARE awaremi to sabaki to wo utawan: IEHOBA yo, ware nanji wo home utawan.

2 Ware kokoro wo satoku shite mattaki michi wo mamoran: Nanji izure no toki ware ni kitari tamau ya? Ware naoki kokoro wo mote waga ie no uchi wo arikan.

3 Ware waga me no mae ni iyashiki koto wo okazu: Ware somuku mono no waza wo nikumu; Sono waza wa ware ni tsukaji.

4 Higameru kokoro wa ware yori hanaren: Ashiki mono wo shiru koto wo konomazu.

5 Hisoka ni sono tomo wo soshiru mono wa ware kore wo horobosan: Takaburu me, mata ogoreru kokoro no mono wa ware kore wo shinobaji.

6 Waga me wa kuni no uchi no mame naru mono wo mite, kore wo ware to tomo ni sumawasen: Mattaki michi wo ayumu hito wa ware ni tsukaen.

7 Azamuku koto wo nasu mono wa waga ie no uchi ni sumu koto wo ezu: Itsuwari wo iu mono wa waga me no mae ni tatsu koto wo eji.

8 Ware asana-asana kono kuni no ashiki mono wo kotogotoku horoboshi; IEHOBA no machi yori fugi wo oko-

nau mono wo kotogotoku tachi nozokan.

## 102 HEN.

*Nayamitaru mono omoi kuzuorete, sono nageki wo Iehoba no mi mae ni sosogi idaseru toki no Inori.*

IEHOBA yo, waga inori wo kiki tamae; Negawaku wa, waga sakebi no koe no mi mae ni itaran koto wo.

2 Waga nayami no hi mi kao wo ōi tamau nakare: Nanji no mimi wo ware ni katabuke; Waga yobu hi ni sumiyaka ni ware ni kotae tamae.

3 Waga moromoro no hi wa keburi no gotoku kie, Waga hone wa takigi no gotoku yakaruru nari.

4 Waga kokoro wa kusa no gotoku utarete shioretari; Ware kate wo kurau wo wasureshi ni yoru.

5 Waga nageki no koe ni yorite, Waga hone wa waga niku ni tsuku.

6 Ware wa no no osumedori no gotoku; Aretaru ato no fukurō no gotoku ni narinu.

7 Ware samete neburazu; Tada tomo naku shite yane ni oru suzume no gotoku nareri.

8 Waga ata wa hinemosu ware wo soshiru; Takebi kuruite ware wo semuru mono ware wo sashite chikau.

9 Ware wa kate wo kurau gotoku ni hai wo kurai, Ware nomimono ni wa namida wo majietari.

10 Kowa mina nanji no ikari to, ikidōri to ni yorite nari: Nanji ware wo motagete, nage sute tamaeri.

11 Waga yowai wa katabukeru hikage no gotoshi; Mata ware wa kusa no gotoku shioretari.

12 Saredo IEHOBA yo, nanji wa tokoshie ni nagarae; Sono mi na wa yorozu yo ni nagaraen.

13 Nanji tachite, Shion wo awaremi tamawan: Sowa Shion ni megumi wo hodokoshi tamau toki nari: sono sadamareru toki sude ni kitareri.

14 Nanji no shimobe wa Shion no ishi wo mo yorokobi, Sono chiri wo sae ito oshimu.

15 Moromoro no kuni wa IEHOBA no mi na wo osore, Chi no moromoro no ō wa sono eikwō wo osoren.

16 IEHOBA wa Shion wo

kizuki, Eikwō wo mote araware tamaeri.

17 IEHOBA wa tomoshiki mono no inori wo kaerimi, Karera no inori wo karoshime tamawazariki.

18 Kitaran to suru nochi no yo no tame ni kono koto wo shirusan: Atarashiku tsukuraretaru tami wa YAWA wo home tatōbeshi.

19 IEHOBA sono seijo no takaki tokoro yori mi oroshi; Ten yori chi wo mi tamaeri:

20 Kowa torawarebito no nageki wo kiki; Shi ni sadamareru mono wo toki hanachi;

21 Hitobito no Shion nite IEHOBA no mi na wo arawashi, Ierusaremu nite sono homare wo arawasan ga tame nari.

22 Kakaru toki ni moromoro no tami, Moromoro no kuni tsudoi atsumarite, IEHOBA ni tsukae matsuran.

23 IEHOBA wa waga chikara wo michi nite otoroeshime, Waga yowai wo mijikakarashime tamaeri.

24 Ware ieri, Negawaku wa, waga Kami yo, waga subete no hi no nakaba nite ware wo tori sari tamau nakare: Nanji no yowai wa yoyo kagiri nashi.

25 Nanji inishie chi no motoi wo sue tamaeri; Ten mo mata nanji no mi te no waza nari.

26 Korera wa horobin, saredo nanji wa tsune ni nagarae tamawan: Korera wa mina koromo no gotoku furubin; Nanji korera wo uwagi no gotoku kae tamawan; sareba karera wa kawaran.

27 Shikaredomo nanji wa kawaru koto nashi, Nanji no yowai wa owarazaru nari.

28 Nanji no shimobe no kora wa nagaraen, Sono sue wa kataku mi mae ni taterarubeshi.

## 103 PEN.

*Dabide no Uta.*

WAGA tamashii yo, IEHOBA wo home matsure; Waga uchi naru subete no mono yo, sono kiyoki mi na wo home matsure.

2 Waga tamashii yo, IEHOBA wo home matsure; Sono subete no megumi wo wasururu nakare.

3 IEHOBA wa nanji ga subete no fugi wo yurushi; Nanji no subete no yamai wo iyashi;

4 Nanji no inochi wo horobi yori aganai idashi;

Itsukushimi to awaremi to wo nanji ni kōburase;

5 Nanji no kuchi wo yoki mono nite akashime tamau: Kakute nanji wa wakayagite, washi no gotoku arata ni naru nari.

6 IEHOBA wa subete shietageraruru mono no tame ni, Tadashiki to sabaki to wo okonai tamau.

7 Onore no michi wo Mōse ni shirashime; Onore no shiwaza wo Isuraeru no kora ni shirashime tamaeri.

8 IEHOBA wa awaremi to megumi ni michite, Ikari tamau koto osoku, itsukushimi yutaka ni mashimaseri.

9 Tsune ni semuru koto wo sezu; Tokoshie ni ikari wo idaki tamawazaru nari.

10 IEHOBA wa warera no tsumi no kasa ni shitagaite, warera wo ashirai tamawazu, Warera no fugi no kasa ni shitagaite, mukui tamawazariki.

11 IEHOBA wo osoruru mono ni IEHOBA no tamau sono awaremi wa ōi ni shite, Ten no chi yori mo takaki ga gotoshi.

12 Sono warera yori toga wo tōzake tamau koto wa, Higashi no nishi yori tōki ga gotoshi.

13 IEHOBA no onore wo osoruru mono wo awaremi tamau koto wa, Chichi ga sono ko wo awaremu ga gotoshi.

14 IEHOBA wa warera no tsukurareshi sama wo shiri; Warera no chiri naru koto wo omoi tamaeba nari.

15 Hito no yowai wa kusa no gotoku; Sono sakae wa no no hana no gotoshi.

16 Kaze sugureba, usete ato naku; Sono oi ideshi tokoro ni toedo nao shirazaru nari.

17 Shika wa aredo IEHOBA no awaremi wa tokoshie yori tokoshie made IEHOBA wo osoruru mono ni itari, Sono tadashiki wa kora no mata kora ni itaran.

18 Sono keiyaku wo mamori, Sono mi satoshi wo kokoro ni tomete okonau mono zo, sono hito naru.

19 IEHOBA wa sono mi kura wo moromoro no ten ni kataku sue tamaeri: Sono matsurigoto wa yorozu no mono no ue ni ari.

20 IEHOBA ni tsukōru tsukai yo, IEHOBA no mi kotoba no koe wo kiki; Sono mi kotoba wo okonau masurao yo, IEHOBA wo home matsure.

21 Sono bangun yo, Sono mi kokoro wo okonau shimo

bera yo, IEHOBA wo home matsure.

22 Sono tsukuri tamaeru yorozu no mono yo, IEHOBA no matsurigoto no shita naru subete no tokoro nite IEHOBA wo homeyo: Waga tamashii yo, IEHOBA wo home matsure.

## 104 HEN.

WAGA tamashii yo, IEHOBA wo home matsure; Waga Kami IEHOBA yo, nanji wa ito ōi ni shite; Tōtoki to miizu to wo ki tamaeri.

2 Nanji hikari wo koromo no gotoku ni matoi, Ten wo maku no gotoku ni hari;

3 Mizu no naka ni onore no tono no utsubari wo oki; Kumo wo onore no kuruma to nashi; Kaze no tsubasa ni nori aruki;

4 Kaze wo tsukai to nashi, Honō no izuru hi wo shimobe to nashi tamau:

5 IEHOBA wa chi wo motoi no ue ni okite, Tokoshie ni ugoku koto nakarashime tamau.

6 Koromo nite ōu ga gotoku, ōmizu nite chi wo ōi tamaeri; Mizu tataete yama no ue wo koyu.

7 Nanji shitta sureba, mizu shirizoki; Nanji ikazuchi no koe wo hanateba, mizu tachimachi sarinu.

8 Aruiwa yama ni nobori, aruiwa tani ni kudarite, Nanji no sadame tamaeru tokoro ni yukeri.

9 Nanji sakai wo tatete kore wo koeshimezu; Futa tabi chi wo ōu koto nakarashimu.

10 IEHOBA wa izumi wo tani ni waki idashi tamau; Sono nagare wa yama no aida ni hashiru:

11 Kakute no no moromoro no kemono ni nomashimu; No no usagi-uma mo sono kawaki wo yamu.

12 Sora no tori mo sono hotori ni sumi, Kozue no hima yori saezuri utau.

13 IEHOBA wa sono tono yori moromoro no yama ni mizu-sosogi tamau: Chi wa nanji no mi waza no mi ni yorite aki tarinu.

14 IEHOBA wa kusa wo haeshimete, kedamono ni atae, Hatatsumono wo haeshimete, hito no mochii ni sonae tamau; Kaku tsuchi yori kuimono wo idashi tamau.

15 Hito no kokoro wo yorokobashimuru budōshu, Hito no kao wo tsuyayaka narashimuru abura, Hito no ko-

koro wo tsuyokarashimuru katedomo nari.

16 IEHOBA no ki to, Sono ue tamaeru Rebanon no kōhaku to wa aki tarinubeshi.

17 Tori wa sono naka ni su wo tsukuri; Tsuru wa matsu wo sono sumai to seri.

18 Takaki yama wa yagi no sumai; Iwa wa yamanezumi no kakururu tokoro nari.

19 IEHOBA wa tsuki wo tsukurite, toki wo tsukasadorase tamaeri: Hi wa sono nishi ni iru koto wo shiru.

20 Nanji kuraki wo tsukuri tamaeba yoru ari; Sono toki hayashi no kemono wa mina shinobishinobi ni ide kitaru.

21 Wakaki shishi hoete, e wo motome, Kami ni kuimono wo motomu.

22 Hi izureba shirizokite, Sono ana ni fusu.

23 Hito wa idete waza wo tori, Sono kinrō wa yūbe ni made itaru.

24 IEHOBA yo, nanji no mi waza wa ika ni sawa naru! Korera wa mina nanji no chie nite tsukuri tamaeri: Nanji no moromoro no tomi wa chi ni mitsu.

25 Kashiko ni ōi naru, hiroki umi ari, Sono naka ni kazu shirarenu hau mono, Chiisa naru, ōki naru ikeru mono ari.

26 Fune sono ue wo hashiri; Nanji no tsukuri tamaeru wani sono uchi ni asobi tawaburu.

27 Karera mina nanji wo machi nozomu, Nanji yoki toki ni kuimono wo kore ni atae tamau.

28 Karera wa nanji no atae tamau mono wo hirou; Nanji mi te wo hiraki tamaeba, karera yoki mono ni aki tarinu.

29 Nanji mi kao wo ōi tamaeba, karera wa awate futameku; Nanji karera no iki wo tori tamaeba, karera wa shinite, Chiri ni kaeru.

30 Nanji mitama wo idashi tamaeba, subete no mono mina tsukuraru; Nanji chi no omote wo arata ni shi tamau.

31 Negawaku wa, IEHOBA no eikwō tokoshie ni aran koto wo; IEHOBA sono mi waza wo yorokobi tamawan koto wo.

32 IEHOBA chi wo mi tamaeba, chi furui; Yama ni fure tamaeba, yama wa keburi wo idasu.

33 Ikeru kagiri wa IEHOBA ni mukaite utai; Ware nagarōru hodo wa waga Kami wo home utawan.

34 IEHOBA wo omou waga omoi wa tanoshimi fukakaran: Ware IEHOBA ni yorite yorokobubeshi.

35 Tsumibito wa chi yori tachi horobosare, Ashiki mono wa mata arazarubeshi. Waga tamashii yo, IEHOBA wo home matsure. IEHOBA wo home tataeyo.

## 105 HEN.

IEHOBA ni kansha shi, sono mi na wo yobi; Sono nashi tamaeru koto wo moromoro no tamira no naka ni shirashimeyo.

2 IEHOBA ni mukaite utae, IEHOBA wo home utae; Sono moromoro no tae naru mi waza wo katare.

3 Sono kiyoki mi na wo hokore: IEHOBA wo tazune motomuru mono no kokoro wa yorokobubeshi.

4 IEHOBA to sono mi chikara to wo tazune motomeyo; Tsune ni sono mi kao wo tazuneyo.

5 Sono shimobe Aburahamu no sue yo, Yakobu no kora yo, sono erabi tamaishi tokoro no mono yo, Sono nashi tamaeru tae naru mi waza to, Kusushiki mi waza to, sono mi kuchi no sabaki to wo kokoro ni tomure.

7 Kare wa warera no Kami IEHOBA nari: Sono mi sabaki wa zenchi ni ari.

8 IEHOBA wa taezu sono keiyaku wo mi kokoro ni tome tamaeri; Kowa yorozu yo ni meiji tamaishi mi kotoba nari.

9 Aburahamu to musubi tamaishi keiyaku, Isaku ni atae tamaishi chikai nari.

10 Kore wo kataku shi, Yakobu no tame ni okite to nashi, Isuraeru no tame ni tokoshie no keiyaku to nashite;

11 Ii tamaikeru wa, Ware nanji ni Kanan no chi wo tamaite, Nanjira no yuzuri no mono to nasan:

12 Kono toki karera no kazu ōkarazu; Ito sukunaku shite, kashiko nite tabibito to nari;

13 Kono kuni yori kano kuni ni yuki, Kono kuni yori hoka no tami ni yukeri.

14 Hito no karera wo shietaguru wo yurushi tamawazu; Karera no yue ni yorite ōtachi wo korashimete;

15 Notamawaku, Waga jukōjatachi ni fururu nakare, Waga yogenshatachi wo sokonau nakare.

16 IEHOBA wa ue wo chi

ni maneki; Hito no tsue to suru kate wo kotogotoku kudaki tamaeri.

17 Mata karera no mae ni hitori wo tsukawashi tamaeri; Yosefu wa urarete shimobe to narinu.

18 Karera ashikase wo mote Yosefu no ashi wo sokonai; Kurogane no kusari wo mote sono tamashii wo tsunageri.

19 Kakute sono kotoba no shirushi wo uru made ni oyobu; Iehoba no mi kotoba kare wo kokoromi tamaeri.

20 Ō wa hito wo tsukawashite kore wo toki; Moromoro no tami no osa wa kore wo yurushi;

21 Kore wo sono iezukasa to nashi, Sono takara wo kotogotoku tsukasadorase;

22 Sono kokoro no mama ni kano kuni no kimitachi wo imashime, Chōrōtachi ni chie wo oshieshimu.

23 Isuraeru mo mata Ejiputo ni yuki; Yakobu wa Hamu no chi ni yadoreri.

24 Iehoba wa sono tami wo ōi ni mashi kuwae, Kore wo sono teki yori mo tsuyoku shi tamaeri.

25 Mata teki no kokoro wo kaete onore no tami wo nikumashime, Onore no shimobera wo azamuki motenasashime tamaeri.

26 Mata sono shimobe Mōse to, Sono erabi tamaeru Aron to wo tsukawashi tamaeri.

27 Karera wa Iehoba no shirushi wo Hamu no chi ni okonai, Mata sono kuni ni kusushiki waza wo okonaeri.

28 Iehoba wa yami wo tsukawashite kuraku shi tamaeri; Karera sono mi kotoba ni somuku koto wo sezariki.

29 Karera no subete no mizu wo chi ni kaete, Sono uwo wo koroshi tamaeri.

30 Karera no kuni wa kawazu mure idete, Ō no tono no uchi ni made michi fusagarinu.

31 Iehoba ii tamaeba, hae muragari; Nomi sono subete no sakai ni iri kitarinu.

32 Mata ame ni kaete arare wo karera ni atae, Moyuru hi wo karera no kuni ni furashi;

33 Karera no budō no ki to ichijiku no ki to wo uchi, Sono sakai no moromoro no ki wo ori kudaki tamaeri.

34 Iehoba ii tamaeba, kazoe shirarenu inago to, Ōnemushi kitari,

35 Karera no kuni no subete no hatatsumono wo

hami tsukushi, Sono chi no subete no mi wo hami tsukuseri.

36 IEHOBA wa karera no kuni no subete no uigo wo uchi, Karera no subete no chikara no hajime wo uchi tamaeri.

37 Shirokane kogane wo tazusaete karera wo ide yukashime tamaeri: Sono yakara no uchi ni hitori no yowaki mono mo nakariki.

38 Ejiputo wa karera no izuru wo yorokoberi; Karera wo osoruru no omoi sono uchi ni okoritareba nari.

39 IEHOBA wa kumo wo shikite ōi to nashi; Yoru wa hi wo mote terashi tamaeri.

40 Mata karera no motome ni yorite uzura wo kitarashime, Ten no kate nite karera wo akashime tamaeri.

41 Iwa wo hiraki tamaeba, mizu hodobashiri ide; Uruoi naki tokoro ni kawa wo nashite nagare idetari.

42 IEHOBA sono kiyoki mi kotoba to, Sono shimobe Aburahamu to wo omoi ide tamaitareba nari.

43 Sono tami wo michibikite yorokobi tsutsu ideshime, Sono erabetu tami wo michibikite utai tsutsu ideshime tamaeri.

44 Moromoro no kunibito no chi wo karera ni atae tamaishikaba; Karera moromoro no tami no kinrō wo onoga mono to seri:

45 Kowa karera ga sono okite ni shitagai, Sono nori wo mamoran ga tame nari. IEHOBA wo home tataeyo.

## 106 PEN.

IEHOBA wo home tatae; IEHOBA ni kansha seyo: sono megumi wa fukaku, Sono awaremi wa kagiri nashi.

2 Tare ka IEHOBA no chikara aru mi waza wo katari, Sono homubeki koto wo kotogotoku ii arawashi en ya?

3 Sabaki wo mamoru hitobito, Tsune ni tadashiki wo okonau mono wa saiwai nari.

4 IEHOBA yo, nanji no tami ni tamau megumi wo mote ware wo oboe; Nanji no sukui wo mote ware ni nozomi tamae.

5 Saraba ware nanji no erabi tamaeru mono no saiwai wo mi, Nanji no kuni no yorokobi wo yorokobi, Nanji no yuzuri to tomo ni hokoru koto wo sen.

6 Warera oyatachi to tomo ni tsumi wo okaseri; Warera

yokoshima wo nashi, ashiki wo okonaeri.

7 Warera no oyatachi wa nanji ga Ejiputo nite nashi tamaeru kusushiki mi waza wo satorazu; Nanji no awaremi no yutaka naru wo kokoro ni tomezu; Umi no hotori, sunawachi Kōkai no hotori nite somukitari.

8 Saredo IEHOBA wa sono mi na no yue wo mote karera wo sukui tamaeri; Kowa ōi naru chikara wo shirashimen tote nari.

9 Mata Kōkai wo shitta shi tamaitareba kawakitari: Kakute tami wo michibikite no wo yuku ga gotoku ni fuchi wo sugishime;

10 Uramuru mono no te yori karera wo sukui, Ata no te yori karera wo aganai tamaeri.

11 Mizu sono teki wo ōitareba; Sono hitori dani nokorishi mono nakariki.

12 Kono toki karera sono mi kotoba wo shinji; Sono homare wo utaeri.

13 Karera shibashi ga hodo ni sono mi waza wo wasure; Sono oshie wo matazu:

14 No nite itaku musabori, Areno nite Kami wo kokoromitariki.

15 IEHOBA wa karera no negai wo kanae tamaishikado; Sono tamashii wo yaseshime tamaeri.

16 Tami wa ei no uchi nite Mōse wo netami, IEHOBA no seija Aron wo netamishikaba;

17 Chi hirakete Datan wo nomi, Abiramu no tomogara wo ōi;

18 Hi wa kono tomogara no naka ni moe okori, Honō wa ashiki mono wo yaki tsukuseri.

19 Karera wa Horebu no yama nite ko ushi wo tsukuri, Itaru zō wo ogamitari.

20 Kaku no gotoku onoga eikwō wo kaete, Kusa wo kurau ushi no katachi ni nisu.

21 Sukuinushi naru Kami wa Ejiputo nite ōi naru waza wo nashi;

22 Hamu no chi nite kusushiki mi waza wo nashi, Kōkai no hotori nite osorubeki koto wo nashi tamaeri: kare wa kakaru Kami wo wasuretari.

23 Kono yue ni IEHOBA karera wo horobosan to notamaeri: Saredo Kami no erami tamaeru mono Mōse yabure no hazama ni arite, sono mi mae ni tachi, Sono mi ikari wo hiki kaeshite, horobi wo manukareshimetari.

24 Karera uruwashiki chi wo namishi, Sono mi kotoba wo shinzezu:

25 Amassae sono makuya nite tsubuyaki, IEHOBA no mi koe wo mo kikazariki.

26 Kono yue ni mi te wo agete karera ni mukai tamaeri, Kore no nite karera wo taoreshimen to shi:

27 Mata moromoro no kuni no uchi nite sono sue wo taoreshime, Moromoro no chi ni karera wo chirasan to shi tamaeru nari.

28 Karera wa Baaru-peoru ni tsukite, Shinuru mono no sonaemono wo kuraitari.

29 Kaku no gotoku sono waza wo mote IEHOBA no mi ikari wo hiki idashikereba; Eyami okashi iritari.

30 Sono toki Pinehasu tachite sabaki wo naseri: Kakute eyami wa yaminu.

31 Pinehasu wa yorozu yo made, Tokoshie ni kono koto wo gi to seraretari.

32 Tami Meriba no mizu no hotori nite IEHOBA no mi ikari wo hiki okoshishikaba, Karera no yue ni yorite Mōse mo wazawai ni aeri:

33 Karera Kami no mitama ni somukishikaba, Mōse sono kuchibiru nite midari ni mono iitareba nari.

34 Karera wa IEHOBA no meiji tamaeru koto ni shitagawazu shite, Moromoro no tami wo horobosazu;

35 Kaerite moromoro no kunibito to majiri orite, Sono waza ni narai;

36 Onoga wana to narishi Sono gūzō ni tsukaetari.

37 Karera wa sono musuko musume wo oni ni sasagu,

38 Tsumi naki chi sunawachi Kanan no gūzō ni sasagetaru Onoga musuko musume no chi wo nagashinu: Kakute kuni wa chi nite kegasaretari.

39 Mata sono waza wa mizukara wo kegashi, Sono okonau tokoro wa taware nari.

40 Kono yue ni IEHOBA no ikari sono tami ni mukaite okori; Sono yuzuri wo nikumite,

41 Karera wo moromoro no kuni no te ni watashi tamaeri; Karera wa onore wo uramuru mono ni osaerare,

42 Onore no ata ni shietagerare, Sono te no shita ni uchi fuseraretari.

43 IEHOBA wa shibashiba tasuke tamaishikado; Karera wa hakarigoto wo mōkete

somuki, Sono yokoshima ni hikuku serareтari.

44 Saredo IEHOBA wa karera no naku koe wo kiki tamaishi toki, Sono nayami wo kaerimi;

45 Sono keiyaku wo karera no tame ni omoi idashi, Sono awaremi no yutaka naru ni yori, mi kokoro wo kaesase tamaite;

46 Karera wo onoga toriko ni seraretaru monodomo ni, Awaremaruru koto wo eshime tamaeri.

47 Warera no Kami IEHOBA yo, warera wo sukuite, Kuniguni no naka yori tori atsume tamae; Warera wa mi na ni sha shi, Nanji no homubeki koto wo hokoran.

48 Isuraeru no Kami IEHOBA wa Tokoshie yori tokoshie made homubeki kana! Subete no tami wa Amen to tonōbeshi; IEHOBA wo home tataeyo.

## 107 HEN.

IEHOBA ni kansha seyo, IEHOBA wa megumi fukaku mashimashite, Sono awaremi kagiri nashi.

2 IEHOBA no aganai wo kōburu mono wa Mina shika iubeki nari.

3 IEHOBA wa teki no te yori karera wo aganai, Moromoro no chi yori higashi, nishi, Kita, minami yori tori atsume tamaeri.

4 Karera no nite are hatetaru michi ni samayoi, Sono sumōbeki machi ni awazariki.

5 Karera ue, mata kawaki, Sono uchi no tamashii otoroetari.

6 Kakute sono kurushimi no uchi nite IEHOBA wo yobawaritareba, IEHOBA kore wo nayami yori tasuke idashi;

7 Sumōbeki machi ni yukashimen tote, Naoki michi ni michibiki tamaeri.

8 Negawaku wa, subete no hito wa IEHOBA no megumi yori, Hito no ko ni nashi tamaeru kusushiki mi waza ni yorite, IEHOBA wo home tataen koto wo!

9 IEHOBA wa kawaki shitau tamashii wo tarawase, Uetaru tamashii wo yoki mono nite akashime tamaeba nari.

10 Kuraki to, shi no kage to ni orumono, Nayami to kurogane to ni imashimeraruru mono;

11 Kami no kotoba ni somuki, Ito Takaki Mono no oshie wo karoshimekereba:

12 Kinrō wo mote sono kokoro wo hikuu shi tamaeri;

Karera taoretaredo, tasukuru mono mo nakariki.

13 Kakute sono kurushimi no uchi nite IEHOBA wo yobawaritareba, IEHOBA kore wo nayami yori sukui;

14 Kuraki to shi no kage yori karera wo michibiki idashite, Sono kase wo kobochi tamaeri.

15 Negawaku wa, subete no hito wa IEHOBA no megumi ni yori, Hito no ko ni nashi tamaeru kusushiki mi waza ni yorite, IEHOBA wo home tataen koto wo!

16 Sowa akagane no mon wo kobochi, Kurogane no kwannoki wo tachi kiri tamaeri.

17 Oroka naru mono wa onoga toga no michi ni yori, Onoga yokoshima ni yorite nayameri.

18 Karera no tamashii wa subete no kuimono wo kiraite; Shi no kado ni chikazuku.

19 Kakute sono kurushimi no uchi nite IEHOBA wo yobau: IEHOBA kore wo nayami yori sukui tamau.

20 Sono mi kotoba wo tsukawashite kore wo iyashi, Kore wo sono horobi yori tasuke idashi tamau.

21 Negawaku wa, subete no hito IEHOBA no megumi ni yori, Hito no ko ni nashi tamaeru kusushiki mi waza ni yorite, IEHOBA wo home tataen koto wo!

22 Karera wa kansha no sonaemono wo sasage, Yorokobi utaite sono mi waza wo ii arawasubeshi.

23 Fune nite umi ni ukabi, Ō umi nite waza wo itonamu mono wa,

24 IEHOBA no mi waza wo mi, Mata fuchi nite sono kusushiki mi waza wo miru.

25 IEHOBA meiji tamaeba, araki kaze okorite, Sono nami wo agu.

26 Karera ame ni nobori, mata fuchi ni kudari, Nayami ni yorite sono tamashii toke sari;

27 Konata kanata ni katabuki, eitaru mono no gotoku yoroboite, Nasu tokoro wo shirazu.

28 Kakute sono kurushimi no uchi nite IEHOBA wo yobau: IEHOBA kore wo nayami yori tazusae ide,

29 Arashi wo shizumete, Nami wo odayaka ni nashi tamaeri.

30 Karera wa onoga shizuka naru wo yorokobu; Kakute IEHOBA wa karera wo sono nozomu tokoro no minato ni michibiki tamau.

31 Negawaku wa, subete no hito IEHOBA no megumi ni yori, Hito no ko ni nashi tamaeru ayashiki mi waza ni yorite, IEHOBA wo home tataen koto wo!

32 Karera tami no tsudoi nite kore wo agame, Chōrō no za nite kore wo home tatōbeshi.

33 IEHOBA wa kawa wo no ni kawarase, Izumi wo kawakeru chi ni kawarase;

34 Mata yutaka naru chi ni sumeru tami no aku ni yorite, Soko wo shio no chi ni kawarase tamau.

35 No wo ike ni kawarase, Kawakeru chi wo izumi ni kawarase;

36 Koko ni uetaru mono wo sumawase tamau: Sareba karera wa onoga sumai no machi wo tate;

37 Hata ni tane wo maki, budōzono wo mōkete, Sono musuberu mi wo etari.

38 IEHOBA wa karera no itaku fue hirogareru made ni megumi wo atae; Sono kedamono no heru koto wo mo yurushi tamawazu.

39 Saredo mata shietage, kurushimi, kanashimi ni yorite Heri yuki, katsu unataretari.

40 IEHOBA moromoro no kimi ni anadori wo sosogi, Michi naki arechi ni samayowase tamau.

41 Shika wa aredo mazushiki mono wo nayami no uchi yori agete, Sono yakara wo hitsuji no mure no gotoku narashime tamau.

42 Naoki mono wa kore wo mite yorokobi, Moromoro no fugi wa sono kuchi wo fusagan.

43 Subete satoki mono wa korera no koto ni kokoro wo yose, IEHOBA no awaremi wo satorubeshi.

## 108 HEN.

*Dabide no Uta nari, Sambi nari.*

KAMI yo, waga kokoro wa sadamareri; Ware utai matsuran, tatae matsuran, waga sakae wo mote tatae matsuran.

2 Sō yo, koto yo, samubeshi: Ware shinonome wo yobi samasan.

3 IEHOBA yo, ware moromoro no tami no naka nite nanji ni kansha shi; Moromoro no kuni no naka nite nanji wo home utawan.

4 Sowa nanji no awaremi wa ōi ni shite ten no ue ni agari; Nanji no makoto wa kumo ni made oyobu.

5 Kami yo, negawaku wa, mizukara wo ten yori mo

takakushi; Mi sakae wo zenchi no ue ni age tamae;

6 Negawaku wa, migi no mi te wo mote sukui wo hodokoshi, Warera ni kotae wo nashite, itsukushimi tamau mono ni tasuke wo eshime tamae.

7 Kami wa sono kiyoki wo mote ii tamaeri, Ware itaku yorokoban: Ware Shikemu wo wakachi, Sukote no tani wo hakaran.

8 Gireade wa waga mono; Manase wa waga mono nari: Efuraimu mo mata waga kōbe no mamori nari; Yuda wa waga tsue.

9 Moabu wa waga ashidarai nari; Edomu ni wa waga kutsu wo nagen: Perishite yo, waga yue ni yorite koe wo ageyo to.

10 Tare ka ware wo kengo naru machi ni susumashimen ya? Tare ka ware wo michibikite Edomu ni yukishi ya?

11 Kami yo, nanji wa warera wo sute tamaishi ni arazu ya? Kami yo, nanji wa warera no ikusa to tomo ni ide yuki tamawazu.

12 Negawaku wa, tasuke wo ware ni ataete, teki ni mukawashime tamae: Hito no tasuke wa munashikereba nari.

13 Warera wa Kami ni yorite isamashiku hatarakan: Warera no teki wo fumi tamau mono wa Kami nareba nari.

## 109 HEN.

*Uta no Kami ni utawashimetaru, Dabide no Uta.*

WAGA home tatōru Kami yo, modashi tamau nakare.

2 Karera wa aku no kuchi to, azamuki no kuchi to wo akete ware ni mukai; Itsuwari no shita wo mote ware ni katari;

3 Urami no kotoba wo mote ware wo kakomi, Yue naku ware wo semete tadakau koto areba nari.

4 Ware ai suru ni karera kaerite waga teki to naru: Ware tada inoru nari.

5 Karera wa aku wo mote waga zen ni mukui, Urami wo mote waga ai ni mukuitari.

6 Negawaku wa, kare no ue ni ashiki hito wo tate; Sono migiri ni teki wo tatashime tamae.

7 Kare ga sabakaruru toki wa, sono tsumi wo arawa ni serare; Mata sono inori wa tsumi to nari;

8 Sono hi wa sukunaku; Sono tsutome wa hoka no hito ni erare;

9 Sono kora wa minashigo to nari; Sono tsuma wa yamome to nari;

10 Sono kora wa sasuraite mono koi; Sono aretaru tokoro yori ide kitarite shoku wo motomubeshi.

11 Kare no mōteru subete no mono wa hataru mono ni ubaware; Kare no kinrō wa adashibito ni kasumeraru-beshi.

12 Kare ni megumi wo atōru hito hitori dani naku; Kare no minashigo wo awaremu mono mo naku;

13 Sono sue wa tae; Sono na wa tsugi no yo ni kie usubeshi.

14 Sono chichira no yokoshima wa IEHOBA no mi kokoro ni shirusare; Sono haha no tsumi wa kiezaru-beshi.

15 Karera wa tsune ni IEHOBA no mae ni okare, Sono na wa chi yori tataru-beshi.

16 Kakaru hito wa awarewo hodokosu koto wo omowazu, Kaerite mazushiki mono, tomoshiki mono, Kokoro no itameru mono wo korosan to shite semetariki.

17 Kakaru hito wa norou koto wo konomu, kono yue ni noroi onore ni itaru: Megumu koto wo tanoshimazu, kono yue ni megumi onore ni tōzakareri.

18 Kakaru hito wa koromo no gotoku ni noroi wo kiru, Kono yue ni noroi mizu no gotoku ni onore no uchi ni iri, Abura no gotoku ni onore no hone ni ireri.

19 Negawaku wa, noroi wo onore no kitaru koromo no gotoku, Obi no gotoku nashite, tsune ni mizukara matowan koto wo.

20 Korera no koto wa waga teki to, Waga tamashii ni sakaraite ashiki koto wo iu mono to ni IEHOBA no atae tamau mukui nari.

21 Saredo Shu IEHOBA yo, nanji no mi na no yue wo mote ware wo kaerimi tamae: Nanji no awaremi wa ito fukashi, negawaku wa, ware wo tasuke tamae.

22 Ware wa mazushiku shite tomoshi; Waga kokoro uchi nite kizu wo uku.

23 Waga yuku sama wa yūhi no kage no gotoku, Mata inago no gotoku fuki sararuru nari.

24 Waga hiza wa danjiki ni yorite yoromeki; Waga niku wa yase otorou.

25 Ware wa karera ni

seshiraruru mono to nareri: Karera ware wo miru toki wa kōbe wo furu.

26 Waga Kami IEHOBA yo, negawaku wa, ware wo tasuke, Sono awaremi ni shitagaite ware wo sukui tamae.

27 IEHOBA yo, korera wa mina nanji no mi te yori ide; Nanji no nashi tamaeru koto naru wo karera ni shirashime tamae.

28 Karera wa noroedomo, nanji wa megumi tamau; Karera no tatsu toki wa hazukashimeraruredomo, nanji no shimobe wa yorokoban.

29 Waga moromoro no teki wa anadori wo ki, Onoga haji wo uwagi no gotoku ni matōbeshi.

30 Ware wa waga kuchi wo mote ōi ni IEHOBA ni sha shi; Ōku no hito no naka nite home matsuran.

31 IEHOBA wa mazushiki mono no migi ni tachite, Sono tamashii wo tsumi sen to suru mono yori kore wo sukui tamaeri.

## 110 PEN.

*Dabide no Uta.*

IEHOBA waga shu ni notamau, Ware nanji no ata wo nanji no shōsoku to suru made wa, Waga migi ni za subeshi.

2 IEHOBA wa nanji no chikara no tsue wo Shion yori tsuki idasashime tamawan: Nanji wa moromoro no ata no naka ni ō to narubeshi.

3 Nanji no ikioi no hi ni nanji no tami wa sei naru uruwashiki koromo wo tsuke, Kokoro yori yorokobite onore wo sasagen: Nanji wa ashita no hara yori izuru wakaki mono no tsuyu wo moteri.

4 IEHOBA chikai wo tatete, mi kokoro wo kaesase tamau koto nashi, Nanji wa Merukisedeku no sama ni hitoshiku, Tokoshie ni saishi tari.

5 Shu wa nanji no migi ni arite, Sono ikari no hi ni ōtachi wo uchi tamaeri.

6 Shu wa moromoro no kuni no naka nite sabaki wo okonai tamawan, Koko ni mo kashiko ni mo kabane wo mitashime; Hiroraka naru chi wo suburu kashira wo uchi tamaeri.

7 Kare michi no hotori no kawa yori kumite nomi: Kakute kōbe wo agen.

## 111 PEN.

IEHOBA wo home tataeyo. Wara wa naoki mono no tsudoi, aruiwa kō-

kwai nite, Kokoro wo tsukushite IEHOBA ni kansha sen.

2 IEHOBA no mi waza wa ōi nari, Subete sono mi waza wo shitau mono wa kore wo kangae kiwamu.

3 Sono okonai tamau tokoro wa sakae ari, mata miizu ari: Sono tadashiki wa tokoshie ni usuru koto nashi.

4 IEHOBA wa sono kusushiki mi waza wo hito no kokoro ni tomeshime tamaeri: IEHOBA wa megumi to awaremi to nite michi tamau.

5 IEHOBA wa onore wo osoruru mono ni kate wo atae tamaeri: Mata sono keiyaku wo tokoshie ni kokoro ni tome tamawan.

6 IEHOBA wa moromoro no kuni no shoryō wo onore no tami ni ataete, Sono mi waza no chikara wo kore ni arawashi tamaeri.

7 Sono mi te no mi waza wa makoto nari, tadashiki nari; Sono moromoro no mi satoshi wa katashi.

8 Korera wa yoyo kagiri naku kataku tachi, Makoto to naoki to nite nareri.

9 IEHOBA wa sono tami ni aganai wo hodokoshi; Sono keiyaku wo tokoshie ni tate tamaeri: IEHOBA no mi na wa sei ni shite, agamubeki nari.

10 IEHOBA wo osoruru wa chie no hajime nari; Korera wo okonau mono wa mina akiraka naru satori aru hito nari: IEHOBA no homare wa tokoshie ni usuru koto nashi.

## 112 HEN.

IEHOBA wo home matsure. IEHOBA wo osorete, Sono moromoro no imashime wo itaku yorokobu mono wa saiwai nari.

2 Kakaru hito no sue wa chi nite tsuyoku; Naoki mono no tagui wa saiwai wo en.

3 Tomi to takara to wa sono ie ni ari: Sono tadashiki wa tokoshie ni usuru koto nashi.

4 Naoki mono no tame ni kuraki naka ni mo hikari arawaru: Kare wa megumi yutaka ni, awaremi ni mitsuru tadashiki mono nari.

5 Megumi wo hodokoshi, kasu koto wo nasu mono wa saiwai nari; Kakaru hito wa sabaki wo ukuru toki onoga utae wo sasae ubeshi.

6 Mata tokoshie made ugokasaruru koto nakaran; Tadashiki mono wa nagaku wasureraruru koto nakarubeshi.

7 Kare wa ashiki otozure ni yorite osorezu; Sono kokoro IEHOBA ni yori tanomite sadamareri.

8 Sono kokoro kataku tachite, osoruru koto naku, Teki ni tsukite no negai wo tsui ni min.

9 Kare wa chirashite, mazushiki mono ni atau; Sono tadashiki wa tokoshie ni usuru koto nashi: Sono tsuno wa agame wo ukete ageraren.

10 Ashiki mono wa kore wo mite urei modae, Hagami shi tsutsu toke saran: Mata ashiki mono no negai wa horobubeshi.

## 113 PEN.

IEHOBA wo home matsure. Nanjira IEHOBA no shimobe yo, home matsure, IEHOBA no mi na wo home matsure.

2 Ima yori tokoshie ni itaru made, IEHOBA no mi na wa homubeki kana!

3 Hi no izuru tokoro yori hi no iru tokoro made, IEHOBA no mi na wa homerarubeshi.

4 IEHOBA wa moromoro no kuni no ue ni arite takaku, Sono mi sakae wa ten yori mo takashi.

5 6 Warera no Kami IEHOBA ni tagūbeki mono wa tare zo ya? Mi kura wo sono takaki ni sue, Onore wo hikuku shite Ten to chi to wo kaerimi tamau.

7 Mazushiki mono wo chiri yori age, Tomoshiki mono wo akuta yori agete;

8 Moromoro no kimitachi to tomo ni suwarase; Sono tami no kimitachi to tomo ni suwarase tamawan.

9 Mata harami naki onna ni ie wo mamorase, Ōku no kora no yorokobashiki haha tarashime tamau. IEHOBA wo home matsure.

## 114 HEN.

ISURAERU no tami Ejiputo wo ide, Yakobu no ie adashi kotoba no tami wo hanareshi toki;

2 Yuda wa IEHOBA no seijo to nari, Isuraeru wa IEHOBA no shoryō to nareri.

3 Umi wa kore wo mite nige, Yorudan wa ushiro ni shirizoki;

4 Yama wa o hitsuji no gotoku odori, Ko yama wa ko hitsuji no gotoku odoreri.

5 Umi yo, nanji nani tote niguru ya? Yorudan yo, nanji nani tote ushiro ni shirizoku ya?

6 Yama yo, nani tote o hitsuji no gotoku odoru ya?

Ko yama yo, nani tote ko hitsuji no gotoku odoru ya?

7 Chi yo, Shu no mi mae, Yakobu no Kami no mi mae ni ononoke.

8 Shu wa iwa wo ike ni kawarase, Ishi wo izumi ni kawarase tamaeri.

## 115 HEN.

IEHOBA yo, sakae wo warera ni kisuru nakare, warera ni kisuru nakare; Nanji no awaremi to, nanji no makoto to no yue ni yorite, Tada mi na ni nomi kishi tamae.

2 Moromoro no kunibito wa ika nareba iu, Ima karera no Kami wa izuku ni ari ya to.

3 Saredo warera no Kami wa ten ni imasu: Kami wa mi kokoro no mama ni subete no koto wo okonai tamaeri.

4 Karera no gūzō wa shirokane to, kogagane ni shite, Hito no te no waza nari.

5 Sono gūzō wa kuchi aredo, iwazu; Me aredo, mizu;

6 Mimi aredo, kikazu; Hana aredo, kagazu;

7 Te aredo, torazu; Ashi aredo, ayumazu; Nodo yori koe wo idasu koto nashi.

8 Kore wo tsukuru mono to, Kore ni yori tanomu mono to wa mina kore ni hitoshikaran.

9 Isuraeru yo, nanji IEHOBA ni yori tanome: IEHOBA wa karera no tasuke, karera no tate nari.

10 Aron no ie yo, nanjira IEHOBA ni yori tanome: IEHOBA wa karera no tasuke, karera no tate nari.

11 IEHOBA wo osoruru mono yo, IEHOBA ni yori tanome: IEHOBA wa karera no tasuke, karera no tate nari.

12 IEHOBA wa warera wo mi kokoro ni tome tamaeri; warera wo megumi, Isuraeru no ie wo megumi; Aron no ie wo megumi;

13 Mata chiisa naru mo, ōki naru mo, IEHOBA wo osoruru mono wo megumi tamawan.

14 Negawaku wa, IEHOBA nanjira wo mashi kuwae, Nanjira to nanjira no kora to wo mashi kuwae tamawan koto wo.

15 Nanjira wa ame tsuchi wo tsukuri tamaeru IEHOBA ni megumaruru mono nari.

16 Ten wa IEHOBA no ten nari; Saredo chi wa hito no ko ni atae tamaeri.

17 Shinuru hito mo, oto naki tokoro ni kudareru mo-

no mo, YAWA wo home tatōru koto nashi.

18 Saredo warera wa ima yori tokoshie ni itaru made, IEHOBA wo home matsuran. Nanjira IEHOBA wo home tataeyo.

## 116 PEN.

WARE IEHOBA wo itsukushimu, Sowa waga koe to, waga negai to wo kiki tamaeba nari.

2 IEHOBA mimi wo ware ni katabuke tamaishi ga yue ni, Ware yo ni aran kagiri IEHOBA wo yobi matsuran.

3 Shi no nawa ware wo matoi, Yomi no kurushimi ware ni nozomeri; Ware wa nayami to urei to ni aeri.

4 Sono toki ware IEHOBA no mi na wo yoberi; IEHOBA yo, negawaku wa, waga tamashii wo sukui tamae to.

5 IEHOBA wa megumi yutaka ni shite, tadashiku mashimaseri: Warera no Kami wa awaremi fukashi.

6 IEHOBA wa oroka naru mono wo mamori tamau: Ware hikuku serareshi ga, IEHOBA ware wo sukui tamaeri.

7 Waga tamashii yo, nanji no yasuki ni kaere; IEHOBA wa yutaka ni nanji wo ashirai tamaeba nari.

8 Nanji wa waga tamashii wo shi yori, Waga me wo namida yori, Waga ashi wo tsumazuki yori tasuke idashi tamaiki.

9 Ware wa ikeru mono no kuni nite, IEHOBA no mae ni ayuman.

10 Ware ōi ni nayameri to ii tsutsu mo, Nao shinjitari.

11 Ware awateshi toki ni ieraku, Subete no hito wa itsuwari nari to.

12 Ware ika ni shite sono tamaeru Moromoro no megumi wo IEHOBA ni mukuin ya?

13 Ware sukui no sakazuki wo torite, IEHOBA no mi na wo yobi matsuran.

14 Ware subete no tami no mae nite, IEHOBA ni waga chikai wo tsukunowan.

15 IEHOBA no seito no shi wa Sono mi mae nite tōtoshi.

16 IEHOBA yo, makoto ni ware wa nanji no shimobe nari: Ware wa nanji no hashitame no ko ni shite, nanji no shimobe nari: Nanji waga imashime wo toki tamaeri.

17 Ware kansha wo sonaemono to shite nanji ni sasagen, Ware IEHOBA no mi na wo yoban.

18 Ware subete no tami no mae nite, IEHOBA ni waga chikai wo tsukunowan.

19 Ierusaremu yo, nanji no naka nite, IEHOBA no ie no ōniwa no naka nite, kore wo tsukunōbeshi. IEHOBA wo home matsure.

## 117 HEN.

MOROMORO no kuni yo, nanjira IEHOBA wo home matsure; Moromoro no tami yo, nanjira IEHOBA wo tatae matsure.

2 Sowa warera ni tamau sono awaremi wa ōi nari; IEHOBA no makoto wa tokoshie ni tayuru koto nashi, IEHOBA wo home matsure.

## 118 HEN.

IEHOBA ni kansha seyo; IEHOBA wa megumi fukaku: Sono awaremi tokoshie ni tayuru koto nashi.

2 Isuraeru wa iza iubeshi, Sono awaremi wa tokoshie ni tayuru koto nashi to.

3 Aron no ie wa iza iubeshi, Sono awaremi wa tokoshie ni tayuru koto nashi to.

4 IEHOBA wo osoruru mono wa iza iubeshi, Sono awaremi wa tokoshie ni tayuru koto nashi to.

5 Ware nayami no naka yori IEHOBA wo yobeba; IEHOBA kotaete ware wo hiroki tokoro ni oki tamaeri;

6 IEHOBA waga kata ni imaseba; ware ni osore nashi: Hito ware ni nani wo nashi en ya?

7 IEHOBA wa ware wo tasukuru mono to tomo ni waga kata ni imasu: Kono yue ni ware wo nikumu mono ni tsukite no negai wo ware miru koto wo en.

8 IEHOBA ni yori tanomu wa Hito ni tayoru yori mo masarite yoshi.

9 IEHOBA ni yori tanomu wa Moromoro no kimi ni tayoru yori mo masarite yoshi.

10 Moromoro no kuni wa ware wo kakomeri; Ware IEHOBA no mi na ni yorite karera wo horobosan.

11 Karera wa ware wo kakomeri; ware wo kakomeri: IEHOBA no mi na ni yorite karera wo horobosan.

12 Karera wa hachi no gotoku ware wo kakomeri; karera wa ibara no hi no gotoku kietari: Ware wa IEHOBA no mi na ni yorite karera wo horobosan.

13 Nanji ware wo taosan to shite itaku sashitsuredo; IEHOBA ware wo tasuke tamaeri.

14 IEHOBA wa waga chikara, waga uta ni shite; Waga sukui to nari tamaeri.

15 Yorokobi to sukui to no koe wa tadashiki mono no makuya ni ari: IEHOBA no migi no mi te wa isamashiki hataraki wo nashi tamau.

16 IEHOBA no migi no mi te wa takaku agari: IEHOBA no migi no mi te wa isamashiki hataraki wo nashi tamau.

17 Ware wa shinuru koto nakaran, Nagaraete YAWA no mi waza wo ii arawasan.

18 YAWA wa itaku ware wo korashi tamaishikado; Shi ni wa watashi tamawazariki.

19 Waga tame ni gi no mon wo hirake: Ware sono uchi ni irite, YAWA ni kansha sen.

20 Kowa IEHOBA no mon nari; Tadashiki mono wa sono uchi ni irubeshi.

21 Ware nanji ni kansha sen; nanji ware ni kotaete, Waga sukui to nari tamaeba nari.

22 Iezukuri no sutetaru ishi wa Sumi no oya-ishi to nareri.

23 Kore IEHOBA no nashi tamaeru koto ni shite; Warera no me ni ayashi to suru tokoro nari.

24 Kore IEHOBA no mōke tamaeru hi nari; Warera wa kono hi ni yorokobi tanoshiman.

25 IEHOBA yo, negawaku wa, warera wo ima sukui tamae; IEHOBA yo, negawaku wa, warera wo ima sakaeshime tamae.

26 IEHOBA no mi na ni yorite kitaru mono wa saiwai nari: Warera IEHOBA no ie yori nanjira wo shuku seri.

27 IEHOBA wa Kami nari, warera ni hikari wo atae tamaeri: Nawa wo mote saidan no tsuno ni ikenie wo tsunage.

28 Nanji wa waga Kami nari, ware nanji ni kansha sen: Nanji wa waga Kami nari, ware nanji wo agame matsuran.

29 IEHOBA ni kansha seyo; IEHOBA wa megumi fukaku; Sono awaremi tokoshie ni tayuru koto nashi.

## 119 HEN.

### AREFU.

ONOGA michi wo naoku shite, IEHOBA no okite wo ayumu mono wa saiwai nari.

2 IEHOBA no moromoro no akashi wo mamori, Kokoro

wo tsukushite IEHOBA wo tazune motomuru mono wa saiwai nari.

3 Kakaru hito wa fugi wo okonawazu shite; IEHOBA no michi wo ayumu nari.

4 IEHOBA yo, nanji satoshi wo warera ni meijite, Nengoro ni mamorase tamau.

5 Nanji waga michi wo kataku tatete, Sono okite wo mamorase tamawan koto wo.

6 Ware nanji no moromoro no imashime ni kokoro wo tomuru toki wa Hazuru koto araji.

7 Ware nanji no tadashiki sabaki wo manababa, Naoki kokoro wo mote nanji ni kansha sen.

8 Ware wa mi okite wo mamoran: Ware wo sute hate tamau nakare.

BETE.

9 Wakaki hito wa nani ni yorite ka sono michi wo kiyomen? Mi kotoba ni shitagaite tsutsushimu no hoka zo naki.

10 Ware kokoro wo tsukushite nanji wo tazune motometari: Negawaku wa, nanji no imashime yori mayoi idasashime tamau nakare.

11 Ware nanji ni mukaite tsumi wo okasumajiki tame ni, Nanji no kotoba wo waga kokoro no uchi ni takuwaetari.

12 Homubeki kana, IEHOBA yo! Negawaku wa, mi okite wo ware ni oshie tamae.

13 Ware waga kuchibiru wo mote, Nanji no mi kuchi yori ideshi moromoro no sabaki wo nobe tsutaetari.

14 Ware moromoro no takara wo yorokobu gotoku ni, Nanji no akashi no michi wo yorokoberi.

15 Ware nanji no satoshi wo omoi, Nanji no michi ni kokoro wo tomen.

16 Ware wa mi okite wo yorokobi, Mi kotoba wo wasururu koto nakaran.

GIMERU.

17 Negawaku wa, nanji no shimobe wo yutaka ni ashiraite, nagaraeshime tamae; Saraba ware mi kotoba wo mamoran.

18 Nanji waga me wo hiraki, Nanji no nori no uchi naru kusushiki koto wo ware ni mise tamae.

19 Ware wa yo ni aru tabibito nari: Ware ni nanji no imashime wo kakushi tamau nakare.

20 Tayuru toki naku nanji no sabaki wo shitau ga yue ni, Waga tamashii wa kudakuru nari.

21 Nanji wa takaburu mono wo seme tamaeri; Nanji no imashime yori mayoi izuru mono wa norowaru.

22 Ware nanji no akashi wo mamoritari; Ware yori soshiri to anadori to wo tori sari tamae.

23 Mata moromoro no kimi wa za shite ai katari, ware wo sokonawan to seri: Shika wa aredo nanji no shimobe wa mi okite wo fukaku omoeri.

24 Nanji no moromoro no akashi wa ware wo yorokobase, Ware wo satosu mono nari.

DARETE.

25 Waga tamashii wa chiri ni tsukinu: Nanji no kotoba ni shitagaite ware wo ikashi tamae.

26 Ware waga fumeru michi wo arawashishikaba, nanji kotae wo ware ni nashi tamaeri: Nanji no okite wo ware ni oshie tamae.

27 Nanji no satoshi no michi wo ware ni wakimaeshime tamae: Ware nanji no kusushiki mi waza wo fukaku omowan.

28 Waga tamashii itameru ni yorite toke yuku: Negawaku wa, mi kotoba ni shitagaite ware ni chikara wo atae tamae.

29 Negawaku wa, itsuwari no michi wo ware yori tōzake; Nanji no nori wo mote ware wo megumi tamae.

30 Ware wa makoto no michi wo erabi; Tsune ni nanji no moromoro no sabaki wo waga mae ni okeri.

31 Ware nanji no akashi wo shitaite hanarezu; Iehoba yo, negawaku wa, ware wo hazukashime tamau nakare.

32 Ware nanji no imashime no michi wo hashiran, Sono toki nanji waga kokoro wo hiroku shi tamōbeshi.

HE.

33 Iehoba yo, negawaku wa, nanji no okite no michi wo ware ni oshie tamae; Ware owari ni itaru made kore wo mamoran.

34 Ware ni chie wo atae tamae, saraba ware nanji no nori wo mamori; Kokoro wo tsukushite kore ni shitagawan.

35 Ware ni nanji no imashime no michi wo fumashime tamae; Ware sono michi wo tanoshimeba nari.

36 Waga kokoro wo nanji no akashi ni katabukashi-

mete, Musabori ni katabukashime tamau nakare.

37 Waga me wo hoka ni mukete munashiki koto wo mizarashime, Ware wo nanji no michi nite ikashi tamae.

38 Hitasura ni nanji wo osoruru, Nanji no shimobe ni mi kotoba wo kataku shi tamae.

39 Waga osoruru soshiri wo nozoki tamae; Sowa nanji no sabaki wa kiwamete yoshi.

40 Ware nanji no satoshi wo shitaeri: Negawaku wa, nanji no gi wo mote ware wo ikashi tamae.

WAU.

41 IEHOBA yo, mi kotoba ni shitagaite nanji no awaremi, Nanji no sukui wo ware ni nozomase tamae.

42 Saraba ware ware wo soshiru mono ni kotōru koto wo en; Ware mi kotoba ni yori tanomeba nari.

43 Mata waga kuchi yori makoto no kotoba wo kotogotoku nozoki tamau nakare; Ware nanji no sabaki wo nozomitareba nari.

44 Ware taezu iyatōnaga ni Nanji no nori wo mamoran.

45 Ware nanji no satoshi wo motometaru ni yori, Sawari naku shite ayuman.

46 Ware mata ōtachi no mae ni nanji no akashi wo katarite, Hazuru koto araji.

47 Ware waga ai suru nanji no imashime wo mote, Onore wo tanoshimashimen.

48 Ware te wo waga ai suru nanji no imashime ni age; Nanji no okite wo fukaku omowan.

ZAIN.

49 Negawaku wa, nanji no shimobe ni notamaitaru mi kotoba wo omoi idashi tamae, Nanji ware ni kore wo nozomashime tamaeri.

50 Nanji no mi kotoba wa ware wo ikashishi ga yue ni, Ima mo nao waga nayami no toki no nagusame nari.

51 Takaburu mono ōi ni ware wo azawaraeri: Saredo ware nanji no nori wo hanarezariki.

52 IEHOBA yo, ware nanji ga furuki mukashi yori no sabaki wo omoi idashite, Mizukara nagusametari.

53 Nanji no nori wo sutsuru ashiki mono no yue ni yorite, Ware hageshiki ikari wo okoshitari.

54 Nanji no okite wa waga tabi no ie nite, Waga uta to nareri.

55 IEHOBA yo, ware yo no ma ni nanji no mi na wo omoi idashite, Nanji no nori wo mamoreri.
56 Ware nanji no satoshi wo mamorishi ni yorite, Kono koto wo etaru nari.

HETE.

57 IEHOBA wa waga ukubeki mono nari: Ware nanji no morómoro no kotoba wo mamoran to ieri.
58 Ware kokoro wo tsukushite, nanji no megumi wo koi motometari: Negawaku wa, mi kotoba ni shitagaite ware wo awaremi tamae.
59 Ware waga subete no michi wo omoi, Ashi wo kaeshite nanji no akashi ni muketari.
60 Ware nanji no imashime wo mamoru ni, Sumiyakeku shite tayutawazariki.
61 Ashiki mono no nawa ware ni matoitaredomo; Ware nanji no nori wo wasurezariki.
62 Ware nanji no tadashiki sabaki no yue ni, Yowa ni okite nanji ni kansha sen.
63 Ware wa nanji wo osoruru mono, Mata nanji no satoshi wo mamoru mono no tomo nari.
64 IEHOBA yo, nanji no awaremi wa chi ni michitari; Negawaku wa, nanji no okite wo ware ni oshie tamae.

TETE.

65 IEHOBA yo, nanji mi kotoba ni shitagai, Megumi wo mote sono shimobe wo ashirai tamaeri.
66 Ware nanji no imashime wo shinzu; Negawaku wa, ware ni sōmei to chishiki to wo oshie tamae.
67 Ware kurushimazaru saki ni wa mayoi idenu; Saredo ima wa ware mi kotoba wo mamoru.
68 Nanji wa zen ni shite zen wo okonai tamau; Negawaku wa, nanji no okite wo ware ni oshie tamae.
69 Takaburu mono itsuwari wo kuwadatete ware ni sakaraeri: Ware kokoro wo tsukushite nanji no satoshi wo mamoran.
70 Karera no kokoro wa koe futorite, abura no gotoshi; Saredo ware wa nanji no nori wo tanoshimu.
71 Kurushimi ni aitarishi wa ware ni yoki koto nari; Kore ni yorite ware nanji no okite wo manabi etari.
72 Nanji no kuchi no nori wa waga tame ni wa Chiji no kogane, shirokane ni mo masareri.

YODE.

73 Nanji no mi te wa ware wo tsukuri, ware wo katachi tsukureri; Negawaku wa, chie wo ataete ware ni nanji no imashime wo manabashime tamae.

74 Nanji wo osoruru mono wa ware wo mite yorokoban; Ware mi kotoba ni yorite nozomi wo idakitareba nari.

75 IEHOBA yo, ware wa nanji no sabaki no tadashiku, Mata nanji ga makoto wo mote ware wo kurushime tamaishi wo shiru.

76 Negawaku wa, nanji no shimobe ni notamaitaru mi kotoba ni shitagaite, Nanji no itsukushimi wo waga nagusame to nashi tamae.

77 Nanji no awaremi wo ware ni nozomase tamae, saraba ware ikin: Nanji no nori wa waga tanoshimeru tokoro nari.

78 Takaburu mono ni haji wo kōburase tamae; karera wa itsuwari wo mote ware wo kutsugaeshitareba nari: Saredo ware nanji no satoshi wo fukaku omowan.

79 Nanji wo osoruru mono to, nanji no akashi wo shiru mono to wo Ware ni kaerashime tamae.

80 Waga kokoro wo matаku shite, nanji no okite wo mamorashime tamae; Saraba ware haji wo kōburaji.

KAFU.

81 Waga tamashii wa nanji no sukui wo shitaite, tae iru bakari nari: Saredo ware nao mi kotoba ni yorite nozomi wo idaku.

82 Nanji izure no toki ware wo nagusamuru ya to ii tsutsu, Ware mi kotoba wo shitau ni yorite me otorou.

83 Ware wa keburi no naka no kawabukuro no gotoku narinuredomo; Nao nanji no okite wo wasurezu.

84 Nanji no shimobe no hi wa ikubaku ari ya? Nanji izure no toki ware wo semuru mono ni sabaki wo okonai tamau ya?

85 Takaburu mono ware wo sokonawan tote ana wo horeri; Karera wa nanji no nori ni shitagawazu.

86 Nanji no imashime wa mina makoto nari: Karera wa itsuwari wo mote ware wo semu; negawaku wa, ware wo tasuke tamae.

87 Karera wa chi nite hotondo ware wo horoboseri; Saredo ware wa nanji no satoshi wo sutezariki.

88 Negawaku wa, nanji no itsukushimi ni shitagaite wa-

re wo ikashi tamae; Saraba ware mi kuchi yori izuru akashi wo mamoran.

RAMETE.

89 IEHOBA yo, mi kotoba wa Ten nite tokoshie ni sadamari;
90 Nanji no makoto wa yorozu yo ni oyobu: Nanji chi wo kataku tate tamaeba, chi wa tsune ni ari.
91 Korera no mono wa nanji no ōsegoto ni shitagai, tsune ni arite kyō ni itaru; Yorozu no mono wa mina nanji no shimobe nareba nari.
92 Nanji no nori waga tanoshimi to narazarishi naraba, Ware wa tsui ni nayami no uchi ni horobitaru naran.
93 Ware tsune ni nanji no satoshi wo wasureji; Nanji kore wo mote ware wo ikashi tamaeba nari.
94 Ware wa nanji no mono nari, negawaku wa, ware wo sukui tamae; Ware nanji no satoshi wo motometari.
95 Ashiki mono wa ware wo horobosan to shite ukagainu; Ware wa tada nanji no moromoro no akashi wo omowan.
96 Ware moromoro no mataki ni hate aru wo mitari; Saredo nanji no imashime wa ito hiroshi.

MEMU.

97 Ware nanji no nori wo itsukushimu koto ika bakari zo ya! Ware hinemosu kore wo fukaku omou.
98 Nanji no imashime wa tsune ni ware to tomo ni arite, Ware wo waga ata ni masarite satokarashimu.
99 Ware wa nanji no akashi wo fukaku omou ga yue ni, Waga subete no shi ni masarite chie ōshi.
100 Ware wa nanji no satoshi wo mamoru ga yue ni, Oitaru mono ni masarite koto wo wakimōru nari.
101 Ware mi kotoba wo mamoran tame ni, Waga ashi wo todomete moromoro no ashiki michi ni yukashimezu.
102 Nanji ware wo oshie tamaishi ni yorite, Ware nanji no sabaki wo hanarezariki.
103 Mi kotoba no ajiwai wa waga agi ni amaki koto ika bakari zo ya! Mitsu no waga kuchi ni amaki ni masareri.
104 Ware nanji no satoshi ni yorite chie wo etari;

Kono yue ni itsuwari no subete no michi wo nikumu.

NUN.

105 Nanji no mi kotoba wa waga ashi no tomoshibi, Waga michi no hikari nari.

106 Ware nanji no tadashiki sabaki wo mamoran koto wo Chikai, katsu kataku seri.

107 Ware ito itaku kurushimeri: IEHOBA yo, negawaku wa, mi kotoba ni shitagaite ware wo ikashi tamae.

108 IEHOBA yo, negawaku wa, magokoro yori suru waga kuchi no sasagemono wo ukete, Nanji no sabaki wo oshie tamae.

109 Waga tamashii wa tsune ni ayauki wo okasu; Saredo ware nanji no nori wo wasurezu.

110 Ashiki mono waga tame ni wana wo mōketari; Saredo ware nanji no satoshi yori mayoi idezariki.

111 Ware nanji no moromoro no akashi wo tokoshie ni waga yuzuri to seri; Korera no akashi wa waga kokoro wo yorokobashimu.

112 Ware nanji no okite wo owari made tokoshie ni mamoran tote, Kore ni kokoro wo katabuketari.

SAMEKU.

113 Ware futagokoro no mono wo nikumi. Nanji no okite wo itsukushimu.

114 Nanji wa waga kakurubeki tokoro, waga tate nari: Ware mi kotoba ni yorite nozomi wo idaku.

115 Ashiki wo nasu mono yo, ware wo hanare sare; Ware waga Kami no imashime wo mamoran.

116 Mi kotoba ni shitagai, ware wo sasaete nagaraeshime tamae; Waga nozomi ni tsukite haji nakarashime tamae.

117 Ware wo sasae tamae, saraba ware yasukekarubeshi; Ware tsune ni nanji no okite ni kokoro wo sosogan.

118 Subete mi okite yori mayoi izuru mono wo nanji karoshime tamaeri; Karera no azamuki wa munashikereba nari.

119 Nanji wa chi no subete no ashiki mono wo kanakasu no gotoku nozoki sari tamau: Kono yue ni ware nanji no akashi wo ai su.

120 Waga nikutai nanji wo osoruru ni yorite furuu; Ware wa nanji no sabaki wo osoru.

AIN.

121 Ware wa sabaki to

tadashiki to wo okonau: Ware wo sutete shietaguru mono ni yudane tamau nakare.

122 Nanji no shimobe no nakadachi to narite saiwai wo eshime tamae: Takaburu mono no ware wo shietaguru wo yurushi tamau nakare.

123 Waga me wa nanji no sukui to, Nanji no tadashiki mi kotoba to wo shitau ni yorite otorou.

124 Negawaku wa, nanji no awaremi ni shitagaite, nanji no shimobe wo ashirai, Ware ni nanji no okite wo oshie tamae.

125 Ware wa nanji no shimobe nari; ware ni chie wo ataete, Nanji no akashi wo shirashime tamae.

126 Karera wa nanji no nori wo sutetari; Ima wa Iehoba no hataraki tamōbeki toki nari.

127 Kono yue ni ware kogane yori mo, majiri naki kogane yori mo masarite, Nanji no imashime wo ai su.

128 Kono yue ni moromoro no koto ni kakaru nanji no subete no satoshi wo tadashi to omou; Ware subete no itsuwari no michi wo nikumu.

PE.

129 Nanji no akashi wa tae nari: Kakaru ga yue ni waga tamashii kore wo mamoru.

130 Mi kotoba uchi hirakureba, hikari wo hanachite; Oroka naru mono wo satokarashimu.

131 Ware nanji no imashime wo shitau ga yue ni, Waga kuchi wo hiroku akete aegi motometari.

132 Negawaku wa, mi na wo ai suru mono ni tsune ni nashi tamau gotoku, Mi wo kaeshite ware wo awaremi tamae.

133 Mi kotoba wo mote waga ayumi wo totonoe; Moromoro no yokoshima wo ware ni shu tarashime tamau nakare.

134 Ware wo hito no shietage yori aganai tamae: Saraba ware mi satoshi wo mamoran.

135 Negawaku wa, mi kao wo nanji no shimobe no ue ni terashi. Nanji no okite wo ware ni oshie tamae.

136 Hito nanji no nori wo mamorazaru ni yorite, Waga me no namida kawa no gotoku ni nagaru.

TSUADE.

137 Iehoba yo, nanji wa

tadashiku, Nanji no sabaki wa naoshi.

138 Nanji tadashiki to, koyonaki makoto to wo mote Sono akashi wo meiji tamaeri.

139 Waga teki nanji no mi kotoba wo wasuretaru wo mote, Waga nesshin ware wo horoboseri.

140 Nanji no mi kotoba wa ito kiyoshi; Kono yue ni nanji no shimobe wa kore wo ai su.

141 Ware wa kasuka naru mono nite, hito ni anadoraruredomo; Nanji no satoshi wo wasurezu.

142 Nanji no gi wa tokoshie no gi nari, Nanji no nori wa makoto nari.

143 Ware nayami to uree to ni kakaredomo; Nanji no imashime wa waga tanoshimi nari.

144 Nanji no akashi wa tokoshie ni tadashi: Negawaku wa, ware ni chie wo tamae, ware nagarōru koto wo en.

KOFU.

145 Ware kokoro wo tsukushite yobawareri; IEHOBA yo, ware ni kotae tamae: Ware nanji no okite wo mamoran.

146 Ware nanji wo yobawareri; negawaku wa, ware wo sukui tamae; Ware nanji no akashi wo mamoran.

147 Ware asamadaki oki idete yobawareri: Ware mi kotoba ni yorite nozomi wo idakeri.

148 Yoru no toki no kitaranu ni sakidachi, waga me wa samete; Nanji no mi kotoba wo fukaku omou.

149 Negawaku wa, nanji no itsukushimi ni shitagaite waga koe wo kiki tamae: IEHOBA yo, nanji no sabaki ni shitagaite, ware wo ikashi tamae.

150 Aku wo oi motomuru mono wa ware ni chikazukeri; Karera wa nanji no nori ni tōku hanaru.

151 IEHOBA yo, nanji wa ware ni chikaku mashimaseri; Nanji no subete no Imashime wa makoto nari.

152 Ware hayaku yori nanji no akashi ni yorite, Nanji ga kore wo tokoshie ni tate tamaeru koto wo shireri.

RESHI.

153 Negawaku wa, waga nayami wo mite ware wo sukui tamae; Ware nanji no nori wo wasurezareba nari.

154 Negawaku wa, waga

utae wo agetsuraite, ware wo aganai; Mi kotoba ni shitagaite ware wo ikashi tamae.

155 Sukui wa ashiki mono yori tōku hanaru; Karera wa nanji no okite wo motomezareba nari.

156 IEHOBA yo, nanji no awaremi wa ōi nari: Negawaku wa, nanji no sabaki ni shitagaite ware wo ikashi tamae.

157 Ware wo semuru mono, ware ni teki suru mono ōshi; Ware nanji no akashi wo hanaruru koto nakariki.

158 Itsuwari wo okonau mono nanji no mi kotoba wo mamorazaru ni yori; Ware karera wo mite ureetari.

159 Negawaku wa, waga nanji no satoshi wo ai suru koto ika bakari naru wo kaerimi tamae: IEHOBA yo, nanji no itsukushimi ni shitagaite ware wo ikashi tamae.

160 Nanji no mi kotoba no sube-kukuri wa makoto nari; Nanji no tadashiki sabaki wa tokoshie ni itaru made mina tayuru koto nashi.

SHIN.

161 Moromoro no kimi wa yue naku shite ware wo semu; Saredo waga kokoro wa tada nanji no mi kotoba wo osoru.

162 Ware hito no ōi naru emono wo etaru gotoku ni, Nanji no mi kotoba wo yorokobu.

163 Ware itsuwari wo nikumi, kore wo imi kiraedomo; Nanji no nori wo ai su.

164 Ware nanji no tadashiki sabaki no yue wo mote, Hito hi ni nana tabi nanji wo home tatau.

165 Nanji no nori wo ai suru mono ni wa ōi naru yasuki ari: Karera ni wa tsumazuki wo atōru mono nashi.

166 IEHOBA yo, ware nanji no sukui wo nozomi, Nanji no imashime wo okonaeri.

167 Waga tamashii wa nanji no akashi wo mamoreri; Ware wa itaku kore wo ai su.

168 Ware nanji no satoshi to, nanji no akashi to wo mamorinu; Waga subete no michi wa mi mae ni areba nari.

TAU.

169 IEHOBA yo, negawaku wa, waga yobu koe wo mi mae ni chikazuke; Mi kotoba ni shitagaite ware ni chie wo atae tamae.

170 Waga negai wo mi mae ni itarase; Mi kotoba

ni shitagaite ware wo tasuke tamae.

171 Waga kuchibiru wa sambi wo idasubeshi: Nanji ware ni mi okite wo oshie tamaeba nari.

172 Waga shita wa mi kotoba wo utōbeshi; Nanji no subete no imashime wa gi nareba nari.

173 Nanji no mi te wo tsune ni waga tasuke to nashi tamae; Ware nanji no satoshi wo erabi mochiitareba nari.

174 IEHOBA yo, ware nanji no sukui wo shitaeri; Nanji no nori wa waga tanoshimi nari.

175 Negawaku wa, waga tamashii wo nagaraeshime tamae, saraba nanji wo home tataen; Nanji no sabaki no ware wo tasuken koto wo.

176 Ware wa ushinawaretaru hitsuji no gotoku mayoi idenu; nanji no shimobe wo tazune tamae; Ware nanji no imashime wo wasurezareba nari.

## 120 PEN.

*Miyako-mōde no Uta.*

WARE nayami ni aite IEHOBA wo yobishikaba, Ware ni kotae tamaeri.

2 IEHOBA yo, negawaku wa, itsuwari no kuchibiru, azamuki no shita yori, Waga tamashii wo tasuke idashi tamae.

3 Azamuki no shita yo, nanji ni nani wo ataerare, Nani wo kuwaerarubeki ka?

4 Masurao no toki ya to, Enishida no atsuki sumi to nari.

5 Wazawai naru kana! ware wa Meseku ni yadori, Kedaru no makuya no katawara ni sumeri.

6 Waga tamashii wa Yasuki wo nikumu mono to tomo ni sumeri.

7 Ware wa yasuki wo negau: Saredo ware mono iu toki ni karera tadakai wo konomu.

## 121 PEN.

*Miyako-mōde no Uta.*

WARE yama ni mukaite me wo agu: Waga tasuke wa izuko yori kitaru ya?

2 Waga tasuke wa ame tsuchi wo tsukuri tamaeru IEHOBA yori kitaru.

3 IEHOBA wa nanji no ashi no ugokasaruru wo yurushi tamawazu; Nanji wo mamoru mono wa madoromi tamau koto nashi.

4 Miyo, Isuraeru wo ma-

mori tamau mono wa Madoromu koto mo naku, neburu koto mo nakaran.

5 IEHOBA wa nanji wo mamoru mono nari: IEHOBA wa nanji no migi no te wo ōu kage nari.

6 Hiru wa hi nanji wo utazu, Yoru wa tsuki nanji wo utaji.

7 IEHOBA wa nanji wo mamorite, moromoro no wazawai wo manukareshime; Mata nanji no tamashii wo mamori tamawan.

8 IEHOBA wa ima yori tokoshie ni itaru made, Nanji no izuru to iru to wo mamori tamawan.

## 122 HEN.

*Dabide ga yomeru Miyako-mōde no Uta.*

HITO ware ni mukaite, Iza, IEHOBA no ie ni yukan to ieru toki, ware yorokoberi.

2 Ierusaremu yo, warera no ashi wa Nanji no mon no uchi ni tateri.

3 Ierusaremu yo, nanji wa shigeku tsuranaritaru Machi no gotoku kataku tateri.

4 Moromoro no yakara, sunawachi YAWA no yakara kashiko ni nobori kitari, Isuraeru ni mukaite akashi wo nashi, Mata IEHOBA no mi na ni kansha wo nasu.

5 Kashiko ni sabaki no mi kura mōkeraru, Kore Dabide no ie no mi kura nari.

6 Ierusaremu no tame ni yasuki wo inore: Ierusaremu wo ai suru mono wa sakayubeshi.

7 Negawaku wa, nanji no ishigaki no uchi ni yasuki ari; Nanji no tonodono no uchi ni saiwai aran koto wo.

8 Waga kyōdai no tame, waga tomo no tame ni, Ware ima, Nanji no naka ni yasuki are to iwan.

9 Warera no Kami IEHOBA no ie no tame ni, Ware nanji no saiwai wo motomen.

## 123 PEN.

*Miyako-mōde no Uta.*

TEN ni imasu mono yo, Ware nanji ni mukaite me wo agu.

2 Miyo, shimobe sono shu no te ni me wo sosogi, Hashitame sono toji no te ni me wo sosogu ga gotoku; Warera wa waga Kami IEHOBA ni me wo sosogite, Sono ware wo awaremi tamawan koto wo matsu.

3 Negawaku wa, warera wo awaremi tamae: IEHOBA yo, warera wo awaremi

tamae: Sowa warera ni anadori wa michi afurenu.

4 Omoi wazurai naki mono no hajishime to, Takaburu mono no anadori to wa, Warera no tamashii ni michi afurenu.

## 124 HEN.

*Dabide no yomeru, Miyako-mōde no Uta.*

IMA Isuraeru wa iubeshi, IEHOBA moshi warera no kata ni imasazu;

2 Hitobito warera ni sakaraite okori tatsu toki, IEHOBA moshi warera no kata ni imasazarishi naran ni wa;

3 Karera no ikari no warera ni mukaite okorishi toki, Warera wo ikeru mama nite nomishi naran:

4 Mata mizu wa warera wo ōi, Nagare wa warera no tamashii wo uchi koe;

5 Takaburu mizu wa warera no tamashii wo uchi koeshi naran.

6 IEHOBA wa homubeki kana! Warera wo karera no ha ni watashite, kami kurawase tamawazariki.

7 Warera no tamashii wa toritori no wana wo nogaruru tori no gotoku ni nogaretari: Wana wa yaburete warera wa nogaretari.

8 Warera no tasuke wa ame tsuchi wo tsukuri tamaeru IEHOBA no mi na ni ari.

## 125 HEN.

*Miyako-mōde no Uta.*

IEHOBA ni yori tanomu mono wa Shion no yama no ugokasaruru koto naku shite, tokoshie ni aru ga gotoshi.

2 Ierusaremu wo yama no kakomeru gotoku, IEHOBA mo ima yori tokoshie ni Sono tami wo kakomi tamawan.

3 Aku no tsue wa tadashiki mono no shoryō ni todomaru koto nakarubeshi; Kakute tadashiki mono wa sono te wo fugi ni noburu koto araji.

4 IEHOBA yo, negawaku wa, yoki hito to, Kokoro naoki mono to ni saiwai wo hodokoshi tamae.

5 Saredo IEHOBA wa furi kaerite, onoga magareru michi ni iru mono wo Ashiki waza wo nasu mono to tomo ni sarashime tamawan. Yasuki wa Isuraeru no ue ni are.

## 126 PEN.

*Miyako-mōde no Uta.*

IEHOBA Shion no torawarebito wo kaeshi ta-

maishi toki, Warera wa yume miru mono no gotoku nariki.

2 Sono toki warai wa warera no kuchi ni michi; Uta wa warera no shita ni miteri: IEHOBA karera no tame ni ōi naru koto wo nashi tamaeri to ieru mono, Moromoro no kuni no naka ni ariki.

3 IEHOBA warera no tame ni ōi naru koto wo nashi tamaitareba; Warera wa tanoshimeri.

4 IEHOBA yo, negawaku wa, warera no torawarebito wo Minami no kawa no gotoku ni kaeshi tamae.

5 Namida to tomo ni maku mono wa yorokobi to tomo ni kari toran.

6 Sono hito wa tane wo tazusae, namida wo nagashite ide yukedo; Taba wo tazusae, yorokobite kaeri kitaran.

## 127 HEN.

*Soromon ga yomeru, Miyako-mōde no Uta.*

IEHOBA ie wo tate tamau ni arazuba, Tatsuru mono no kinrō wa munashiku; IEHOBA shiro wo mamori tamau ni arazuba, Eji no same-oru wa munashiki koto nari.

2 Nanjira hayaku oki, osoku inete, Shinku no kate wo kurau wa munashiki nari; Kakute IEHOBA sono itsukushimi tamau mono ni neburi wo atae tamau.

3 Miyo, kora wa IEHOBA no atae tamau yuzuri ni shite; Tai no mi wa sono mukui no tamamono nari.

4 Toshi wakaki koro-oi no ko wa Masurao no te ni aru ya no gotoshi.

5 Ya no michitaru ebira wo motsu hito wa saiwai nari: Karera mon ni arite, ata to mono iu toki Hazuru koto araji.

## 128 HEN.

*Miyako-mōde no Uta.*

IEHOBA wo osore, Sono michi wo ayumu mono wa mina saiwai nari.

2 Sowa nanji onoga te no kinrō wo kurōbekereba nari: Nanji wa saiwai wo e, mata yasuki ni orubeshi.

3 Nanji no tsuma wa ie no oku ni orite, ōku no mi wo musubu budō no ki no gotoku; Nanji no kora wa nanji no en ni madoi shite, karera no waka ki no gotoshi.

4 Miyo, IEHOBA wo osoruru mono wa Kaku saiwai wo en.

5 IEHOBA wa Shion yori

megumi wo nanji ni tamawau: Nanji yo ni aran kagiri Ierusaremu no saiwai wo min.

6 Nanji onoga kora no ko wo mirubeshi. Yasuki wa Isuraeru no ue ni ari.

## 129 HEN.

*Miyako-mōde no Uta.*

IMA Isuraeru wa iubeshi, Karera wa shibashiba ware wo wakaki toki yori nayametari.

2 Karera wa shibashiba ware wo wakaki toki yori nayametari: Saredo ware ni katsu koto wo ezariki.

3 Tagaesu mono wa waga sobira wo tagaeshite; Sono tamizo wo nagaku seri.

4 IEHOBA wa tadashi: Ashiki mono no nawa wo tachi tamaeri.

5 Shion wo nikumu mono wa Mina haji wo obite shirizokaserarubeshi.

6 Karera wa sodatazaru saki ni, Karuru yane no kusa no gotoshi.

7 Kore wo karu mono wa sono te ni mitazu, Kore wo tsukanuru mono wa sono taba futokoro ni mitazaru nari.

8 Katawara wo yogiru mono wa IEHOBA no megumi nanji no ue ni are to iwazu: Warera IEHOBA no mi na ni yorite nanjira wo shuku su to iwazu.

## 130 PEN.

*Miyako-mōde no Uta.*

AA IEHOBA yo, ware fukaki fuchi yori nanji wo yoberi.

2 Shu yo, negawaku wa, waga koe wo kiki; Nanji no mimi wo Waga negai no koe ni katabuke tamae.

3 YAWA yo, Shu yo, nanji moshi moromoro no fugi ni me wo tome tamawaba, Tare ka yoku tatsu koto wo en ya?

4 Saredo nanji ni yurushi areba, Hito ni osore kashikomare tamōbeshi.

5 Ware IEHOBA wo machi nozomu, waga tamashii wa machi nozomu; Ware wa sono mi kotoba ni yorite nozomi wo idaku.

6 Waga tamashii wa eji ga ashita wo matsu ni masari, Makoto ni eji ga ashita wo matsu ni masarite; Shu wo materi.

7 Isuraeru yo, IEHOBA ni yorite nozomi wo idake; Sowa IEHOBA ni awaremi ari, Mata yutaka naru aganai ari.

8 IEHOBA wa Isuraeru wo Sono moromoro no yokoshima yori aganai tamawan.

## 131 PEN.

*Dabide no yomeru, Miyako-mōde no Uta.*

IEHOBA yo, waga kokoro ogorazu, waga me takaburazu: Ware wa ōi naru koto to, Ware ni oyobanu kusushiki waza to wo tsutomezariki.

2 Ware wa waga tamashii wo modasashime, mata yasukarashimetari; Chi wo tachishi midorigo no sono haha ni tayoru gotoku, Waga tamashii wa chi wo tachishi midorigo no gotoku ware ni tayoreri.

3 IEHOBA yo, ima yori tokoshie ni IEHOBA ni tayorite nozomi wo idake.

## 132 HEN.

*Miyako-mōde no Uta.*

IEHOBA yo, negawaku wa, Dabide no tame ni Sono moromoro no uree wo kokoro ni tome tamae.

2 Dabide IEHOBA ni chikai, Yakobu no Zennōsha ni ukeite iu:

3 Ware IEHOBA no tame ni tokoro wo tazune idashi, Yakobu no Zennōsha no tame ni sumai wo motome uru made wa, Waga ie no makuya ni irazu, Waga fushido ni noborazu; Waga me wo neburashimezu, Waga manabuta wo tojishimezarubeshi to

6 Warera Efurata nite kore wo kiki: Yaaru no no nite mitometari.

7 Warera sono sumai ni yukite; Sono shōsoku no mae ni hirefusan.

8 IEHOBA yo, negawaku wa, okite, nanji no miizu no hitsu to tomo ni, Nanji no yasumidokoro ni iri tamae.

9 Nanji no saishitachi wa gi wo ki; Nanji no seito wa mina yorokobi yobōbeshi.

10 Nanji no shimobe Dabide no tame ni, Nanji no jukōja no omo wo shirizoke tamau nakare.

11 IEHOBA makoto wo mote Dabide ni chikai tamaitareba; Kore ni tagau koto araji: Iwaku, Ware nanji no mi yori ideshi mono wo nanji no kurai ni za seshimen:

12 Nanji no kora moshi waga oshiyuru keiyaku to, Akashi to wo mamoraba, Karera no kora mo mata tokoshie ni nanji no kurai ni za subeshi to.

13 IEHOBA wa Shion wo erabite; Onoga sumika ni sen to nozomi tamaeri:

14 Iwaku, Kore wa tokoshie ni waga yasumidokoro nari: Ware koko ni suman; sowa ware kore wo nozomitareba nari.

15 Ware Shion no kate wo yutaka ni shuku shi; Kuimono wo mote sono mazushiki mono wo akashimen.

16 Ware sukui wo mote sono saishitachi ni kisen: Sono seito wa mina koe takaraka ni yorokobi yobōbeshi.

17 Ware Dabide no tame ni kashiko ni hitotsu no tsuno wo haeshimen: Waga jukōja no tame ni tomoshibi wo sonaetari.

18 Ware kare no ata ni haji wo kisen: Saredo kare wa sono kammuri sakayubeshi.

## 133 PEN.

*Dabide ga yomeru Miyako-mōde no Uta.*

MIYO, harakara ai mutsumite, Tomo ni oru wa ika ni yoku, ika ni tanoshiki kana!

2 Kōbe ni sosogaretaru tōtoki abura Hige ni nagare, Aron no hige ni nagare; Sono koromo no suso ni made nagare shitataruru ga gotoku;

3 Mata Herumon no tsuyu kudarite; Shion no yama ni nagaruru ga gotoshi: Sowa IEHOBA kashiko ni saiwai wo kudashi, Kagiri naki inochi wo sae atae tamaeri.

## 134 HEN.

*Miyako-mōde no Uta.*

YORU IEHOBA no ie ni tachi, IEHOBA ni tsukōru moromoro no shimobe yo, IEHOBA wo home matsure.

2 Nanjira seijo ni mukai, te wo agete, IEHOBA wo home matsure.

3 Negawaku wa, IEHOBA ame tsuchi wo tasukuri tamaeru mono, Shion yori nanji wo megumi tamawan koto wo.

## 135 HEN.

NANJIRA IEHOBA wo home tataeyo. IEHOBA no mi na wo home tataeyo; IEHOBA no shimobera home tataeyo:

2 IEHOBA no ie, Warera no Kami no ie no ōniwa ni tatsu mono yo, home tataeyo,

3 IEHOBA wa megumi fukashi; nanjira IEHOBA wo home tataeyo: Sono mi

na wa uruwashi; home utae.

4 Sowa YAWA onoga tame ni Yakobu wo erami, Isuraeru wo eramite sono uzutakara to nashi tamaeri.

5 Ware IEHOBA no ōi naru to, Warera no Shu no moromoro no Kami ni masareru to wo shireri.

6 IEHOBA sono mi kokoro ni kanau koto wo Ame ni mo, tsuchi ni mo, umi ni mo, fuchi ni mo mina kotogotoku okonai tamau nari.

7 IEHOBA wa chi no hate yori kiri wo noborase; Ame no tame ni inazuma wo tsukuri; Sono kura yori kaze wo idashi tamau.

8 IEHOBA wa hito yori kedamono ni itaru made Ejiputo no uigo wo uchi tamaeri.

9 Ejiputo yo, IEHOBA wa nanji no naka ni shirushi to kusushiki mi waza to wo okurite, Paro to sono shimobe to ni nozomase tamaeri.

10 IEHOBA wa ōku no kuniguni wo uchi, Mata ikioi aru ōtachi wo koroshi tamaeri;

11 Amoribito no ō Shihon, Bashan no ō Ogu, Narabi ni Kanan no kuniguni nari.

12 Karera no chi wo yuzuri to shi, Sono tami Isuraeru no yuzuri to shite atae tamaeri.

13 IEHOBA yo, nanji no mi na wa tokoshie ni tayuru koto nashi: IEHOBA yo, nanji no kinen wa yorozu yo ni oyoban,

14 IEHOBA wa sono tami no tame ni sabaki wo nashi, Sono shimobera ni kakawareru mi kokoro wo kae tamōbekereba nari.

15 Moromoro no kuni no gūzō wa shirokane to kogane ni shite, Hito no te no waza nari.

16 Sono gūzō wa kuchi aredo, iwazu; Me aredo, mizu;

17 Mimi aredo, kikazu; Mata sono kuchi ni iki aru koto nashi.

18 Kore wo tsukuru mono to, Kore ni yori tanomu mono to wa mina kore ni hitoshikaran.

19 Isuraeru no ie yo, IEHOBA wo home matsure: Aron no ie yo, IEHOBA wo home matsure:

20 Rebi no ie yo, IEHOBA wo home matsure, IEHOBA wo osoruru mono yo, IEHOBA wo home matsure,

21 Ierusaremu ni sumi tamau IEHOBA wa Shion nite home matsurubeki kana! IEHOBA wo home tataeyo.

## 136 PEN.

IEHOBA ni kansha seyo; Iehoba wa megumi fukashi: Sono awaremi wa tokoshie ni tayuru koto nakereba nari.

2 Moromoro no kami no Kami ni kansha seyo: Sono awaremi wa tokoshie ni tayuru koto nakereba nari.

3 Moromoro no shu no Shu ni kansha seyo: Sono awaremi wa tokoshie ni tayuru koto nakereba nari.

4 Tada hitori ōi naru kushiwaza nashi tamau mono ni kansha seyo: Sono awaremi wa tokoshie ni tayuru koto nakereba nari.

5 Chie wo mote moromoro no ten wo tsukuri tamaeru mono ni kansha seyo: Sono awaremi wa tokoshie ni tayuru koto nakereba nari.

6 Chi wo mizu no ue ni shiki tamaeru mono ni kansha seyo: Sono awaremi wa tokoshie ni tayuru koto nakereba nari.

7 Ōi naru hikari wo tsukuri tamaeru mono ni kansha seyo: Sono awaremi wa tokoshie ni tayuru koto nakereba nari.

8 Hiru wo tsukasadorasuru tame ni, hi wo tsukuri tamaeru mono ni kansha seyo: Sono awaremi wo tokoshie ni tayuru koto nakereba nari.

9 Yoru wo tsukasadorasuru tame ni, tsuki to moromoro no hoshi to wo tsukuri tamaeru mono ni kansha seyo: Sono awaremi wa tokoshie ni tayuru koto nakereba nari.

10 Moromoro no uigo wo uchite, Ejiputo wo seme tamaeru mono ni kansha seyo: Sono awaremi wa tokoshie ni tayuru koto nakereba nari.

11 Isuraeru wo hikiite Ejiputobito no naka yori idashi tamaeru mono ni kansha seyo: Sono awaremi wa tokoshie ni tayuru koto nakereba nari.

12 Kaina wo nobashi, tsuyoki mi te wo mote kore wo hiki idashi tamaeru mono ni kansha seyo: Sono awaremi wa tokoshie ni tayuru koto nakereba nari.

13 Kōkai wo futatsu ni wake tamaeru mono ni kansha seyo: Sono awaremi wa tokoshie ni tayuru koto nakereba nari.

14 Isuraeru wo shite sono naka wo watarashime tamaeru mono ni kansha seyo: Sono awaremi wa tokoshie ni tayuru koto nakereba nari.

15 Paro to sono tsuwamono to wo Kōkai no uchi ni tao-

shi tamaeru mono ni kansha seyo: Sono awaremi wa tokoshie ni tayuru koto nakereba nari.

16 Sono tami wo michibikite, no wo sugishime tamaeru mono ni kansha seyo: Sono awaremi wa tokoshie ni tayuru koto nakereba nari.

17 Ōi naru ōtachi wo uchi tamaeru mono ni kansha seyo: Sono awaremi wa tokoshie ni tayuru koto nakereba nari.

18 Na aru ōtachi wo koroshi tamaeru mono ni kansha seyo: Sono awaremi wa tokoshie ni tayuru koto nakereba nari.

19 Amoribito no ō Shihon wo koroshi tamaeru mono ni kansha seyo: Sono awaremi wa tokoshie ni tayuru koto nakereba nari.

20 Bashan no ō Ogu wo koroshi tamaeru mono ni kansha seyo: Sono awaremi wa tokoshie ni tayuru koto nakereba nari.

21 Karera no chi wo yuzuri to shite, atae tamaeru mono ni kansha seyo: Sono awaremi wa tokoshie ni tayuru koto nakereba nari.

22 Sono shimobe Isuraeru ni yuzuri to shite, kore wo atae tamaeru mono ni kansha seyo: Sono awaremi wa tokoshie ni tayuru koto nakereba nari.

23 Warera ga iyashikarishi toki ni kinen shi tamaeru mono ni kansha seyo: Sono awaremi wa tokoshie ni tayuru koto nakereba nari.

24 Waga teki yori warera wo tasuke idashi tamaeru mono ni kansha seyo: Sono awaremi wa tokoshie ni tayuru koto nakereba nari.

25 Subete no ikeru mono ni kuimono wo atae tamau mono ni kansha seyo: Sono awaremi wa tokoshie ni tayuru koto nakereba nari.

26 Ten no Kami ni kansha seyo: Sono awaremi wa tokoshie ni tayuru koto nakereba nari.

## 137 HEN.

WARERA Babiron no kawa no hotori ni suwari, Shion wo omoi idete, Namida wo Nagashinu.

2 Warera sono atari no yanagi ni Waga koto wo kaketari.

3 Sowa warera wo toriko ni seshi mono warera ni uta wo motometari; Warera wo kurushimuru mono warera ni onore wo yorokobasen tote, Shion no uta hitotsu utae to ieri.

4 Warera totsukuni ni ari-

te, Ikade IEHOBA no uta wo utawan ya?

5 Ierusaremu yo, moshi ware nanji wo wasurenaba, Waga migi no te ni sono takumi wo wasureshime tamae.

6 Moshi ware nanji wo omoi idezu, Moshi ware Ierusaremu wo Waga subete no yorokobi no kiwami to nasazuba, Waga shita wo waga agi ni tsukashime tamae.

7 IEHOBA yo, negawaku wa, Ierusaremu no hi ni, Edomu no kora ga, Kore wo harai nozoke, Sono motoi made mo harai nozoke to ieru wo mi kokoro ni tome tamae.

8 Horobosarubeki Babiron no musume yo, Nanji ga warera ni nashishi gotoku, Nanji ni mukuyuru hito wa saiwai narubeshi.

9 Nanji no midorigo wo torite, Iwa no ue ni nage utsu mono wa saiwai narubeshi.

## 138 HEN.

*Dabide no Uta.*

WARE wa waga kokoro wo tsukushite, nanji ni kansha shi; Moromoro no kami no mae nite nanji wo home utawan.

2 Ware nanji no kiyoki miya ni mukaite fushi ogami, Nanji no itsukushimi to makoto to no yue ni yorite, mi na ni kansha sen: Sowa nanji sono mi kotoba wo moromoro no mi na ni masarite takaku shi tamaitareba nari.

3 Nanji waga yobawarishi hi ni ware ni kotae, Waga tamashii ni chikara wo ataete o-oshikarashime tamaeri.

4 IEHOBA yo, chi no subete no ō wa nanji ni kanshā sen; Karera wa nanji no kuchi no moromoro no kotoba wo kikitareba nari.

5 Karera wa IEHOBA no moromoro no michi ni tsuite utawan; IEHOBA no eikwō ōi nareba nari.

6 IEHOBA wa takaku mashimasedomo, hikuki mono wo kaerimi tamau: Saredo mata ogoreru mono wo tōki yori shiri tamaeri.

7 Tatoi ware nayami no naka wo ayumu to mo, nanji ware wo futa tabi ikashi; Sono te wo nobashite waga ata no ikari wo fusegi, Sono migi no te ware wo sukui tamōbeshi.

8 IEHOBA wa ware ni kakawareru koto wo mattō shi tamawan: IEHOBA yo, nanji no awaremi wa tokoshie ni tayuru koto nashi;

Negawaku wa, nanji no te no moromoro no mi waza wo sute tamau nakare.

## 139 HEN.

*Uta no Kami ni utawashimetaru Dabide no Uta.*

IEHOBA yo, nanji wa ware wo saguri, ware wo shiri tamaeri.

2 Nanji wa waga suwaru wo mo, tatsu wo mo shiri, Mata tōku yori waga omoi wo wakimae tamau.

3 Nanji wa waga ayumu wo mo, waga fusu wo mo saguri idashi, Waga moromoro no michi wo kotogotoku shiri tamaeri.

4 Sowa waga shita ni hito koto ari to mo. Miyo, IEHOBA yo, nanji kotogotoku shiri tamau.

5 Nanji wa mae yori, ushiro yori ware wo kakomi, Waga ue ni sono mi te wo oki tamaeri.

6 Kakaru chishiki wa ito kusushiku shite ware ni sugu; Mata takaku shite oyobu koto atawazu.

7 Ware izuko ni yukite nanji no mitama wo hanaren ya? Ware izuko ni yukite nanji no mi mae wo nogaren ya?

8 Ware ten ni noboru to mo, nanji kashiko ni imashi; Ware waga toko wo Yomi ni mōkuru to mo, miyo, nanji kashiko ni imasu.

9 Ware akebono no tsubasa wo karite, Umi no hate ni sumu to mo,

10 Kashiko nite nao nanji no mi te ware wo michibiki; Nanji no migi no mi te ware wo tamochi tamawan.

11 Kuraki wa kanarazu ware wo ōi, Ware wo kakomeru hikari wa yo to naran to ware iu to mo;

12 Nanji no mi mae ni wa kuraki mono wo kakusu koto naku, Yoru mo hiru no gotoku ni kagayakeri: Nanji ni wa kuraki mo, hikari mo kotonaru koto nashi.

13 Nanji wa waga harawata wo tsukuri; Mata waga haha no tai ni ware wo kumi nashi tamaitariki.

14 Ware nanji ni kansha su; ware wa osorubeku kusushiku tsukuraretari: Nanji no mi waza wa kotogotoku kusushi; Waga tamashii wa ito tsubara ni kore wo shireri.

15 Ware kakuretaru tokoro nite tsukurare, Chi no sokobe nite tae ni tsuzuri awasareshi toki, Waga hone nanji ni kakururu koto nakariki.

16 Waga mukuro imada matakarazaru ni, nanji no mi me wa hayaku yori kore wo mi, Hi ni hi ni katachizukurareshi, Waga hyaku tai no hitotsu dani arazarishi toki ni, Kotogotoku nanji no fumi ni shirusaretari.

17 Kami yo, nanji no moromoro no mi omoi wa ware ni tōtoki koto ika bakari zo ya! Sono mi omoi no subekukuri wa ika ni ōki kana!

18 Ware kore wo kazoen to suredomo, Sono kazu wa suna yori mo ōshi: Ware me samuru toki mo nao nanji to tomo ni oru.

19 Kami yo, nanji wa kanarazu ashiki mono wo koroshi tamawan: Sareba chi wo nagasu mono yo, ware wo hanare sare.

20 Karera wa ashiki kuwadate wo mote, nanji ni sakaraite mono iu: Nanji no ata wa midari ni mi na wo tonōru nari.

21 Iehoba yo, ware wa nanji wo nikumu mono wo nikumu ni arazu ya? Nanji ni sakaraite okori tatsu mono wo itou ni arazu ya?

22 Ware itaku karera wo nikumite, Waga ata to su.

23 Kami yo, negawaku wa, ware wo sagurite, waga kokoro wo shiri; Ware wo kokoromite waga moromoro no omoi wo shiri tamae.

24 Negawaku wa, ware ni yokoshima naru michi no ari ya nashi ya wo mite, Ware wo tokoshie no michi ni michibiki tamae.

## 140 PEN.

*Uta no Kami ni utawashimetaru, Dabide no Uta.*

IEHOBA yo, negawaku wa, ashiki hito yori ware wo tasuke idashi; Ware wo mamorite araburu mono yori nogareshime tamae.

2 Karera wa kokoro no uchi ni sokonai wo kuwadate; Taezu tadakai wo okosu.

3 Karera wa hebi no gotoku onoga shita wo toku su; Sono kuchibiru no uchi ni mamushi no doku ari. [Sera

4 Iehoba yo, negawaku wa, ware wo tamochite, ashiki hito no te yori nogareshime; Ware wo mamorite waga ashi wo tsumazukasen to hakaru, Araburu hito yori nogareshime tamae.

5 Takaburu mono wa waga tame ni wana to tsuna to wo fuse; Michi no hotori ni ami wo hari; Katsu oshi wo mōketari. [Sera

6 Ware Iehoba ni ieraku,

Nanji wa waga Kami nari: IEHOBA yo, negawaku wa, waga inori no koe wo kiki tamae.

7 Waga sukui no chikara naru, Shu no Kami yo, Nanji wa tadakai no hi ni waga kōbe wo ōi tamaeri.

8 IEHOBA yo, ashiki hito no nègai no mama ni suru koto wo yurushi tamau nakare; Sono ashiki kuwadate wo togeshime tamau nakare; osoraku wa karera mizukara hokoran. [Sera

9 Ware wo kakomu mono no kōbe wa Onore no kuchibiru no sokonai ni ōwarubeshi.

10 Moetaru sumi wa karera no ue ni ochi; Karera wa hi ni nage irerare; Fukaki ana ni nage irerarete, futa tabi oki izuru koto atawazarubeshi.

11 Ashiki koto wo iu mono wa yo ni taterarezu: Araburu mono wa wazawai ni oi shikarete taosarubeshi.

12 Ware wa kurushimu mono no utae to, Mazushiki mono no gi to wo IEHOBA no mamori tamau wo shiru.

13 Tadashiki mono wa kanarazu mi na ni kansha shi; Naoki mono wa mi mae ni suman.

## 141 PEN.

*Dabide no Uta.*

IEHOBA yo, ware nanji wo yobau; negawaku wa, sumiyaka ni ware ni kitari tamae: Ware nanji wo yobau toki ni, waga koe ni mimi wo katabuke tamae.

2 Ware wa takimono no gotoku ni waga inori wo mi mae ni sasage; Yūbe no sonaemono no gotoku ni, waga te wo agete mi mae ni sasagen koto wo negau.

3 IEHOBA yo, negawaku wa, waga kuchi ni kadomori wo okite; Waga kuchibiru no to wo mamori tamae.

4 Ashiki koto ni waga kokoro wo katabukashimete, Yokoshima wo okonau mono to tomo ni ashiki waza ni Azukarashime tamau nakare: Mata karera no umaki mono wo kurawashime tamau nakare.

5 Tadashiki mono ware wo utsu to mo, ware wa kore wo itsukushimi to shi; Sono ware wo semuru wo kashira no abura to sen; Waga kashira wa kore wo inamazu: Karera ga wazawai ni au toki mo waga inori wa taeji.

6 Sono sabakibito wa iwao no gake ni nageraren; Karera waga kotoba no amaki ni

yorite kiku koto wo subeshi.

7 Hito tsuchi wo tagaeshi ugatsu ga gotoku, Warera no hone wa haka no kuchi ni chirasaru.

8 Saredo, Shu IEHOBA yo, waga me wa nao nanji ni mukau: Ware nanji ni yori tanomeri; negawaku wa, waga tamashii wo tomoshiki mama ni sute oki tamau nakare.

9 Ware wo mamorite karera ga waga tame ni mōkuru wana to, Yokoshima wo okonau mono no oshi to wo manukareshime tamae.

10 Ware wa mataku nogaren. Ashiki mono wo onore no ami ni ochiirashime tamae.

## 142 HEN.

*Dabide ga hora ni arishi toki, yomitaru oshie no Uta nari; Inori nari.*

WARE koe wo idashite IEHOBA ni yobawari; Koe wo idashite IEHOBA ni koi motomu.

2 Ware wa sono mi mae ni waga nageki wo sosogi idashi; Sono mi mae ni waga nayami wo arawasu.

3 Waga tamashii waga uchi ni kie usen to suru toki mo, nanji waga michi wo shiri tamaeri. Hito ware wo toraen tote, waga yuku michi ni wana wo kakuseri.

4 Negawaku wa, waga migi no te ni mi me wo sosogite mi tamae; hitori dani ware wo shiru mono nashi: Ware ni wa sakedokoro naku; mata waga tamashii wo kaerimiru hito nashi.

5 IEHOBA yo, ware nanji wo yobau; Ware ieraku, Nanji wa waga sakedokoro, Ikeru mono no chi nite waga ubeki mono nari to.

6 Negawaku wa, waga sakebi ni mi kokoro wo tome tamae; ware itaku hikuku seraretareba nari: Ware wo semuru mono yori tasuke idashi tamae; karera wa ware ni masarite tsuyokereba nari.

7 Negawaku wa, waga tamashii wo hitoya yori idashi, ware ni mi na wo kansha seshime tamae: Nanji yutaka ni ware wo ashirai tamōbekereba; Tadashiki mono ware wo meguran.

## 143 PEN.

*Dabite no Uta.*

IEHOBA yo, negawaku wa, waga inori wo kiki; waga negai ni mimi wo katabuke tamae: Nanji no

makoto, nanji no tadashiki wo mote ware ni kotae tamae.

2 Nanji no shimobe no sabaki ni kakatsurai tamau nakare; Sowa ikeru mono hitori dani mi mae ni gi to seraruru wa nashi.

3 Ata wa waga tamashii wo seme, Waga inochi wo chi ni uchi sute; Shinite hisashiku yo wo hetaru mono no gotoku, ware wo kuraki tokoro ni sumawasetari.

4 Mata waga tamashii wa waga uchi ni kie usen to shi; Waga kokoro wa waga uchi ni are sabiretari.

5 Ware wa inishie no hi wo omoi ide; Nanji no okonai tamaishi subete no koto wo kangae; Nanji no mi te no mi waza wo omou.

6 Ware nanji ni mukaite waga te wo nobe; Waga tamashii wa kawaki otoroetaru chi no gotoku, nanji wo shitaeri. [Sera

7 IEHOBA yo, sumiyaka ni ware ni kotae tamae, waga tamashii wa otorou; Ware ni mi kao wo kakushi tamau nakare; Osoraku wa ware ana ni kudaru mono no gotoku naran.

8 Ashita ni nanji no itsukushimi wo kikashime tamae; Ware nanji ni yori tanomeba nari: Waga ayumubeki michi wo shirase tamae; Ware waga tamashii wo nanji ni agureba nari.

9 IEHOBA yo, negawaku wa, ware wo waga ata yori tasuke idashi tamae: Ware kakuren to shite nanji ni hashiri yuku.

10 Nanji wa waga Kami nari, ware ni mi mune wo okonau koto wo oshie tamae: Megumi fukaki mitama wo mote, ware wo tairaka naru kuni ni michibiki tamae.

11 IEHOBA yo, negawaku wa, mi na no tame ni ware wo ikashi; Nanji no gi ni yorite waga tamashii wo nayami yori idashi tamae.

12 Mata nanji no itsukushimi ni yorite waga ata wo tachi, Tamashii wo kurushimuru mono wo kotogotoku horoboshi tamae; Sowa ware nanji no shimobe nari.

## 144 HEN.

*Dabide no Uta.*

IKUSA suru koto wo waga te ni oshie, Tadakau koto wo waga yubi ni oshie tamau, Waga iwa IEHOBA wa homubeki kana!

2 IEHOBA wa waga itsukushimi, waga shiro nari, Wa-

ga takaki yagura, ware wo sukui tamau mono nari; Waga tate, waga yori tanomu mono nari; IEHOBA wa waga tami wo ware ni shitagawase tamau.

3 IEHOBA yo, hito wa ika naru mono nareba, kore wo shiri; Hito no ko wa ika naru mono nareba, kore wo mi kokoro ni tome tamau ya?

4 Hito wa iki ni kotonarazu: Sono nagarōru hi wa sugi yuku kage ni hitoshi.

5 IEHOBA yo, negawaku wa, nanji no ten wo tarete kudari; Mi te wo yama ni tsukete keburi wo tatashime tamae.

6 Inazuma wo uchi idashite karera wo chirashi; Nanji no ya wo hanachite karera wo yaburi tamae.

7 Ue yori mi te wo nobe; Ware wo sukuite ōmizu yori, Adashibito no te yori tasuke idashi tamae.

8 Karera no kuchi wa munashiki koto wo ii, Sono migi no te wa itsuwari no migi no te nari.

9 Kami yo, ware nanji ni mukaite atarashiki uta wo utai; Tō o no koto ni awasete nanji wo home utawan.

10 Nanji wa ōtachi ni sukui wo atae; Shimobe Dabide wo wazawai no tsurugi yori sukui tamau Kami nari.

11 Negawaku wa, ware wo sukuite, adashibito no te yori tasuke idashi tamae, Karera no kuchi wa munashiki koto wo ii, Sono migi no te wa itsuwari no migi no te nari.

12 Warera no onokogo wa toshi wakaki toki sodachitaru kusaki no gotoku; Warera no ominago wa miya no furi ni naraite kizami idashishi sumi no ishi no gotoku naran.

13 Warera no kura wa michi taraite, samazama no mono wo sonae; Warera no hitsuji wa no nite chi yorozu no ko wo umi;

14 Warera no o ushi wa yoku mono wo oi; Warera no chimata ni wa seme iru koto naku, mata oshi izuru koto naku, Sakebu koto mo nakaran.

15 Kakaru sama no tami wa saiwai nari: IEHOBA wo onoga Kami to suru tami wa saiwai nari.

## 145 HEN.

*Dabide no Sambi no Uta.*

WAGA Kami, Ō yo, ware nanji wo agame; Yoyo kagiri naku mi na wo home matsuran.

2 Ware hi goto ni nanji wo home; Yoyo kagiri naku mi na wo home tataen.

3 IEHOBA wa ōi ni mashimaseba, ito mo homubeki kana! Sono ōi naru koto wa tazune shiru koto katashi.

4 Kono yo wa kano yo ni mukaite, nanji no mi waza wo home tatae, Nanji no tainō no hataraki wo nobe tsutaen.

5 Ware nanji no homare no eikwō aru miizu to, Nanji no kusushiki mi waza to wo fukaku omowan.

6 Hito wa nanji no osorubeki hataraki no ikioi wo katari; Ware wa nanji no ōi naru koto wo nobe tsutaen.

7 Karera wa nanji no ōi naru megumi no ato wo ii ide, Nanji no gi wo home utawan.

8 IEHOBA wa megumi fukaku, nasake michi; Mata ikari tamau koto osoku, awaremi ōi nari.

9 IEHOBA wa yorozu no mono ni megumi ari; Sono fukaki awaremi wa mi waza no ue ni amaneshi.

10 IEHOBA yo, nanji no subete no mi waza wa nanji ni kansha shi; Nanji no seito wa nanji wo homen.

11 Karera wa mi kuni no eikwō wo katari, Nanji no mi chikara wo nobe tsutaete;

12 Sono tainō no hataraki to, sono mi kuni no eikwō aru miizu to wo Hito no kora ni shirasubeshi.

13 Nanji no kuni wa tokoshie no kuni nari, Nanji no matsurigoto wa yorozu yo ni tayuru koto nashi.

14 IEHOBA wa subete taoren to suru mono wo sasae, Kagamu mono wo naoku tatashime tamau.

15 Yorozu no mono no me wa nanji wo machi; Nanji wa toki ni shitagaite karera ni kate wo atae tamau.

16 Nanji mi te wo hirakite, Moromoro no ikeru mono no negai wo akashime tamau.

17 IEHOBA wa sono subete no michi ni tadashiku, Sono subete no mi waza ni megumi fukashi.

18 Subete IEHOBA wo yobu mono, Makoto wo mote kore wo yobu mono ni IEHOBA wa chikaku mashimasu nari.

19 IEHOBA wa onore wo osoruru mono no negai wo michi tarashime; Sono sakebi wo kikite, kore wo sukui tamau.

20 IEHOBA wa onore wo itsukushimu mono wo subete mamori tamaedo; Ashiki

mono wo kotogotoku horoboshi tamawan.

21 Waga kuchi wa IEHOBA no homare wo katari; Yorozu no tami wa yoyo kagiri naku sono kiyoki mi na wo home matsurubeshi.

## 146 PEN.

IEHOBA wo home tataeyo. Waga tamashii yo, IEHOBA wo home tataeyo.

2 Ware ikeru kagiri wa IEHOBA wo home tatae; Waga nagarōru hodo wa waga Kami wo home utawan.

3 Moromoro no kimi ni yori tanomu koto naku, Hito no ko ni yori tanomu nakare; karera ni tasuke aru koto nashi.

4 Sono iki ide yukeba kare tsuchi ni kaeru; Sono hi kare ga moromoro no kuwadate wa horobin.

5 Yakobu no Kami wo onoga tasuke to shi, Sono nozomi wo onoga Kami IEHOBA ni oku mono wa saiwai nari.

6 Kowa ame tsuchi to, Umi to sono naka naru arayuru mono wo tsukuri; Tokoshie ni makoto wo mamori;

7 Shietageraruru mono no tame ni sabaki wo okonai; Uetaru mono ni kuimono wo atae tamau Kami nari: IEHOBA wa torawaretaru hito wo toki hanachi tamau.

8 IEHOBA wa meshii no me wo hiraki; IEHOBA wa kagamu mono wo naoku tatase; IEHOBA wa tadashiki mono wo itsukushimi tamau.

9 IEHOBA wa adashi kunibito wo mamori; Minashigo to yamome to wo sasae tamau: Saredo ashiki mono no michi wa kutsugaeshi tamau nari.

10 IEHOBA wa tokoshie ni sube osame tamawan, Shion yo, nanji no Kami wa yorozu yo made sube osame tamawan. IEHOBA wo home tataeyo.

## 147 HEN.

IEHOBA wo home tataeyo; Warera no Kami wo home utau wa yoki koto nari; Tanoshiki koto nari, tatae matsuru wa yoroshiki ni kanaeri.

2 IEHOBA wa Ierusaremu wo kizuki; Isuraeru no sasuraeru mono wo atsume tamau.

3 IEHOBA wa kokoro no kudaketaru mono wo iyashi, Sono kizu wo tsutsumi tamau.

4 IEHOBA wa moromoro no

hoshi no kazu wo kazoete; Subete kore ni na wo atae tamau.

5 Warera no Shu wa ōi nari, sono chikara mo mata ōi nari; Sono chie wa kiwamari nashi.

6 IEHOBA wa nyūwa naru mono wo sasae; Ashiki mono wo chi ni hiki otoshi tamau.

7 IEHOBA ni kansha shite utae; Koto ni awasete warera no Kami wo home utae.

8 IEHOBA wa kumo wo mote ten wo ōi, Chi no tame ni ame wo sonae, Moromoro no yama ni kusa wo haeshime;

9 Kuimono wo kemono ni atae, Mata naku ko garasu ni atae tamau.

10 IEHOBA wa uma no chikara wo yorokobi tamawazu: Hito no ashi wo yomishi tamawazu.

11 IEHOBA wa onore wo osoruru mono to, Onore no awaremi wo nozomu mono to wo yomishi tamau.

12 Ierusaremu yo, IEHOBA wo home tataeyo; Shion yo, nanji no Kami wo home tataeyo,

13 IEHOBA wa nanji no mon no kwannoki wo katō shi; Nanji no uchi naru kora wo sakiwai tamaitareba nari.

14 IEHOBA wa nanji no subete no sakai ni yawaragi wo atae; Ito yoki mugi wo mote nanji wo akashime tamau.

15 IEHOBA wa sono imashime wo chi ni kudashi tamau; Sono mi kotoba wa ito sumiyaka ni hashiru.

16 IEHOBA wa yuki wo hitsuji no ke no gotoku furase; Shimo wo hai no gotoku ni maki tamau.

17 IEHOBA wa kōri wo tsuchikure no gotoku ni nage uchi tamau: Tare ka sono samusa ni tayuru koto wo en ya?

18 IEHOBA mi kotoba wo kudashite, kore wo tokashi, Sono kaze wo fukashime tamaeba, moromoro no mizu wa nagaru.

19 IEHOBA wa sono mi kotoba wa Yakobu ni shimeshi, Sono moromoro no okite to, sono sabaki to wo Isuraeru ni shimeshi tamau.

20 IEHOBA wa izure no kuni wo mo kaku ashirai tamaishi ni arazu: IEHOBA no moromoro no sabaki wo karera wa shirazaru nari. IEHOBA wo home tataeyo.

## 148 HEN.

IEHOBA wo home tataeyo. Moromoro no ten yori IEHOBA wo home tataeyo: Moromoro no takaki tokoro nite IEHOBA wo home tataeyo.

2 Sono mi tsukai yo, mina IEHOBA wo home tataeyo: Sono bangun yo, mina IEHOBA wo home tataeyo.

3 Hi yo, tsuki yo, IEHOBA wo home tataeyo: Hikari no hoshi yo, mina IEHOBA wo home tataeyo.

4 Moromoro no ten no ten yo, Ten no ue naru mizu yo, IEHOBA wo home tataeyo.

5 Korera wa mina IEHOBA no mi na wo home tatōbeshi: Sowa IEHOBA meiji tamaitareba, karera wa tsukuraretari.

6 IEHOBA mata korera wo iyatōnaga ni tate tamaitari: Mata sugi usumajiki mikotonori wo kudashi tamaeri.

7 Tatsu yo, subete no fuchi yo, Chi yori IEHOBA wo home tataeyo.

8 Hi yo, arare yo, yuki yo, kiri yo, Mi kotoba ni shitagau arashi yo:

9 Moromoro no yama, moromoro no oka; Mi wo musubu ki, subete no kōhaku yo:

10 Kemono, moromoro no kedamono; Hōmono, tsubasa aru tori yo:

11 Chi no ōtachi, moromoro no tami, chi no kimitachi yo; Chi no moromoro no sabakibito yo:

12 Wakaki onoko, wakaki omina; Oitaru hito, osanaki mono yo:

13 Mina IEHOBA no mi na wo home tatōbeshi; Sono mi na wa takaku shite tagui naku; Sono eikwō wa chi yori mo, ten yori mo ue ni areba nari.

14 IEHOBA wa sono tami no tame ni hitotsu no tsuno wo age tamaeri; Kowa sono moromoro no seito no homare, IEHOBA ni chikaki tami naru Isuraeru no kora no homare nari. IEHOBA wo home tataeyo.

## 149 HEN.

IEHOBA wo home tataeyo. IEHOBA ni mukaite atarashiki uta wo utae, Seito no tsudoi nite IEHOBA no homare wo utae.

2 Isuraeru wa onore wo tsukuri tamaishi mono wo yorokobi; Shion no kora wa onoga ō no yue ni yorite tanoshimubeshi.

3 Karera odori tsutsu sono

mi na wo home tatae; Koto tsuzumi nite IEHOBA wo home utōbeshi.

4 IEHOBA wa onoga tami wo yorokobi; Sukui nite nyūwa naru mono wo uruwashiku shi tamaeba nari.

5 Seito wa eikwō no yue ni yorite yorokobi; Sono fushido nite yorokobi utōbeshi.

6 Sono kuchi ni Kami wo homuru uta ari, Sono te ni moroha no tsurugi ari.

7 Kowa moromoro no kuni ni ata wo kaeshi, Moromoro no tami wo tsuminai;

8 Karera no ōtachi wo kusari nite, Karera no kinin wo kurokane no kase nite imashime;

9 Shirushitaru sabaki wo karera ni okonōbeki tame nari: Kakaru homare wa sono moromoro no seito ni ari. IEHOBA wo home tataeyo.

## 150 PEN.

IEHOBA wo home tataeyo. Sono seijo nite Kami wo home tataeyo: Sono mi chikara no arawaruru ōsora nite Kami wo home tataeyo.

2 Sono tainō no hataraki no yue wo mote Kami wo home tataeyo: Sono hiidete ōi naru koto no yue ni yorite, IEHOBA wo home tataeyo.

3 Rappa no koe wo mote Kami wo home tataeyo: Sō to koto to wo mote Kami wo home tataeyo.

4 Tsuzumi to odori to wo mote Kami wo home tataeyo: Ito take wo mote Kami wo home tataeyo.

5 Ne no takaki nyōhachi wo mote Kami wo home tataeyo: Nari hibiku nyōhachi wo mote Kami wo home tataeyo.

6 Iki aru mono wa mina YAWA wo home tatōbeshi, Nanjira IEHOBA wo home tataeyo.